

WEEK 4
Fall/Winter

BUCHANAN LODGE MASTER MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Apple Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Blueberry Muffin Cheese Slice Jam & Peanut Butter Tea - Coffee - Milk	Orange Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Poached Eggs Toast Jam & Peanut Butter Tea - Coffee - Milk	Cranberry Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Scrambled Eggs Raisin Toast Jam & Peanut Butter Tea - Coffee - Milk	Apple Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Boiled Eggs Toast Jam & Peanut Butter Tea - Coffee - Milk	Orange Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Scrambled Eggs Toast Jam & Peanut Butter Tea - Coffee - Milk	Cranberry Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Poached Eggs Toast Jam & Peanut Butter Tea - Coffee - Milk	Apple Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Bacon Poached Eggs Pancakes/Syrup Toast & Jam Tea - Coffee - Milk
Apple Juice Roast Beef & Gravy Yorkshire Pudding Whipped Potatoes Brussels Sprouts Peach Crumble	Orange Juice Breaded Chicken with Gravy Yam Fries Green Peas Crushed Pineapple	Cranberry Juice Glazed Sauerbraten Meatballs Noodles Romanoff Braised Green Cabbage Brownies	Apple Juice Sweet and Sour Pork Jasmine Rice Green Beans Tropical Fruit	Orange Juice Whitefish Fillets with Lemon Dill Sauce Blushing Potatoes Carrot Coins Pineapple Tidbits	Cranberry Juice Tangy Chicken O'Brien Potatoes Diced Squash Blueberry Cloud	Apple Juice Veal Parmesan Mashed Potatoes Green Peas Lunar Cake with Applesauce
Chicken Vegetable Soda Crackers Lasagna Caesar Salad Garlic Bread Butterscotch Ice Cream	Beef Noodle Soda Crackers Smoked Turkey Sandwich Tomato & Mushroom Salad Bread & Butter Pickle Warm Tapioca	Cream of Mushroom Soda Crackers Chicken Pot Pie Tossed Salad with Italian Dressing Apricots	Tomato and Basil Soda Crackers "Bangers and Mash" (Sausage with Mashed Potato and Gravy) Diced Turnips Bread Pudding with Vanilla Sauce	French Onion Soda Crackers Old-fashioned Beef Stew Dinner Roll Broccoli Florets Gingerbread Cake	Cream of Cauliflower Soda Crackers Pasta Primavera with Cheese Garlic Bread Spinach Salad with Mandarins Fruit Yogurt	Vegetable Barley Soup Soda Crackers Shrimp Sandwiches Caesar Salad Peanut Butter Squares

***Note:**

1. Assorted beverages (Coffee/Tea/Milk/Juice) 250 ml are available at all meals and snacks.
2. PM snacks: assorted baked goods and fruits. HS snacks: assorted sandwiches.