

Sai Aashraya

Annual Report

Financial Year 2024-2025



It's All About Love !



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From Founder's Desk

Alongside the countless lives we have touched, we have been blessed with profound life lessons and have undergone our own transformations. We firmly believe that we are not merely helping others; it is through this mission of Love & Service that we are being transformed ourselves. Each step of the way, we grow, learn, and evolve, for the true Gift of Seva, is the change it brings to our own hearts, guiding us to discover our true selves. We are thrilled to share that the final phases of the commissioning of our Super Speciality Hospital are now underway.

We are one step closer to realizing a dream that has been in our hearts for years. Imagine standing by our side as the first little heart is healed, its joy echoing through the sacred halls of our Temple of Healing. This is not Sai Aashraya's journey alone. This is humanity's journey - a collective pilgrimage of

love,

where every small act of kindness ripples across mountains, touching lives we may never see but forever change. As we stand on the brink of our most ambitious year yet, we wholeheartedly welcome you to be a part of this living, breathing mission of transformation.

All of us in Team Sai Aashraya take this opportunity to convey our heartfelt Gratitude to each one of you who are an integral part of Sai Aashraya's mission of Love & Service. Let us all work hard together as one team to realize this one dream that all of us share. Namaskaar! Jai Hind!



Founder:
Sai Prasad Venkatachalam



Sai Aashraya - A Saga of Love, Service, and Transformation

Sai Aashraya, a non-profit organisation headquartered in Bengaluru, India. Sai Aashraya's Seva (Service) Projects which revolve around the 4 Pillars of Food & Nutrition, Medicare, Educare and Sociocare has touched millions of lives in the last 7 years. At Sai Aashraya, we believe that true service transcends mere charity. It is a holistic embrace.

Sai Aashraya's Mission of Love & Service is constituted by the following four Pillars:

- **Food & Nutrition:** Nourishing the body and igniting the mind
- **Medicare:** Healing with Love
- **Educare:** Illuminating minds and enriching hearts
- **Sociocare:** Empowering communities

Through the various Seva initiatives taken up under these 4 pillars, we aim to achieve the following:

समता (Samata) - Equality

समैक्यता (Samaikyata) - Unity

समग्रता (Samagrata) - Integrity

सौ तृत्व (Saubhratritva) - Fraternity

Achieving the above goals in every location where we work is our vision. The above 4 milestones are the hallmarks of a self-reliant society and are pivotal to achieving Global Harmony and Universal Peace. This is our guiding philosophy, and we strive to play our role in all of mankind's efforts to make our world a better place to live in. All of Sai Aashraya's Seva Projects take the Highest Quality Seva offerings to the doorstep of the people living in some of the most under-served, diverse and challenging locations. To Love All - Serve All is the Mission that Sai Aashraya is on.

By working around the above mentioned 4 Pillars in every project, we have been successful in providing Holistic care enabling growth and self-sustenance to the family and whole community. In the last 7 years, 9 schools have been adopted, 7.5 million fresh and healthy meals have been served (as of January 2025), 95,000 + patients have been treated, and 6 villages have been adopted in the remotest parts of our Country. Today we are almost through the construction of a state of the art, 220

bed Super Specialty Hospital, in Vemagal, Kolar district, near Bengaluru, which will provide holistic and loving Medicare, absolutely free of cost to all. The hospital will specialise in Paediatric and Adult Cardiac Care, and Mother & Child Care (OB/GYN). This Temple of Healing is scheduled to be commissioned in early 2026.

Sai Aashraya's Breakfast Seva Program

This Seva Project that is the closest to all our hearts, has gathered tremendous momentum in the past few months. With 9 schools and over 2,000 children under our wings, we feel immensely blessed to be a part of the journey of these little children with ignited minds who are the future.



While breakfast was the starting point, the true essence has always been about imparting true education— Educare - blending education with human values. The journey has taken time, but today, these children radiate self-confidence and are taking small but significant strides towards becoming role models. Empathy is instilled in them, and they aspire to care for others like them in the future.

Supported consistently by our experienced volunteers, these children are evolving into well-rounded personalities. Remarkably, there have been no dropouts in the schools we serve this year as well and in fact there has been a substantial increase in new admissions. A touching moment occurred when a mother shared with us that the assurance of at least one nutritious meal per day was the driving force behind her decision to enroll her child in school.

Breakfast Seva has not only shattered the monotony of school but has turned each day into a vibrant festival. Every day, the children and their families shower us with such heartfelt expressions of happiness and gratitude, thanking us for the life-changing opportunity Breakfast Seva has provided. Today, the anticipation of attending school is a joy for these children, a stark contrast to the days when hunger weighed them down, awaiting the government's mid-day meal.

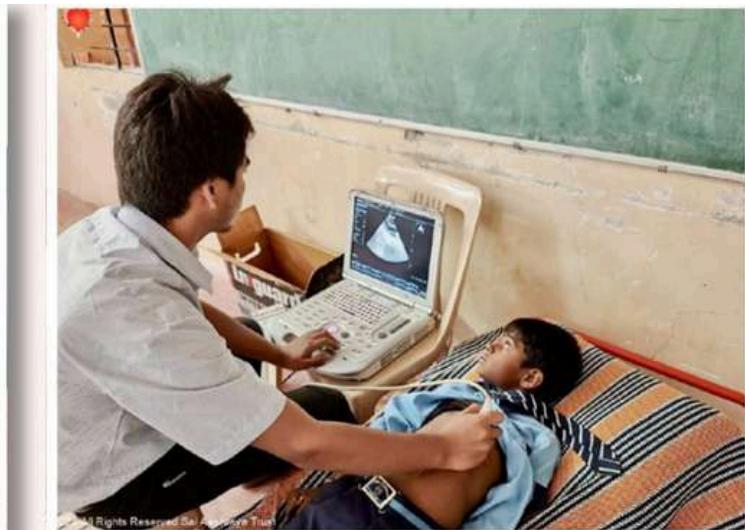
Fresh and Healthy meals are cooked with Love every morning in Sai Aashraya's central kitchen by our dedicated team of chefs maintaining the highest standards of hygiene. This nourishing sustenance is transported to schools via the Sai Aashraya Food Truck, where dedicated volunteers take charge. Senior students, well-trained by our volunteers in the art of carrying out Seva, now efficiently manage the serving counters. A powerful symbol of devotion, they choose to partake in their meals only when every child is served. Witnessing elder students nurturing the younger ones, feeding them by hand, and inspiring them to stay in school is a heart-warming testament to the family-like spirit woven into Breakfast Seva.



we feel compelled to revisit and share this experience from our previous newsletters. A mother's poignant words linger in our hearts. She expressed her unfulfilled desire to provide the best for her child, a dream constrained by challenging circumstances. Her prayer, directed to the universal mother, was answered through the collective efforts of Sai Aashraya. In us, she found not just supporters but an extended family—'Maa Certified,' a title that resonates deeply within Sai Aashraya. Witnessing the indescribable joy in a mother's eyes as her child thrives is the ultimate certification that fuels our dedication.

Sai Aashraya Cardiac Screening Camps

Over the past year, Sai Aashraya has been conducting specialized screening camps in underserved areas to identify children requiring urgent medical intervention for congenital heart disease (CHD), dental, and ophthalmological care. These camps emphasize early detection of CHD and other health concerns, ensuring timely and life-saving treatments.



Our screening camps have already identified dozens of children requiring advanced medical care. With portable echocardiogram devices and a heart full of love, we have screened thousands of children, offering them not just medical intervention, but a second chance at life. One such case involved a seven-year-old boy diagnosed with a rare form of CHD during a routine screening. Although asymptomatic at the time, his condition required urgent attention. Upon learning of the diagnosis, his parents were initially overcome with worry, admitting, "We never imagined, even in our dreams, that our son could have a serious problem. We cannot express our relief knowing you will fully take care of him. We could never afford to travel to Bengaluru or pay for his treatment."



Sai Aashraya's commitment to the family goes beyond the initial diagnosis. These children are empaneled for surgical intervention at our upcoming Sai Aashraya Super Speciality Hospital (SASSH), where they will receive world-class, free-of-cost treatment and postoperative care. We focus and give all our attention to One heartbeat at a time, One child at a time and then get to experience One miracle of love at a time.



Portable Diagnostics: By using handheld echocardiogram devices and other portable diagnostic tools, our medical teams bring specialized care right to where it is needed most. Instead of families making long, expensive trips to distant hospitals, we meet them in their own villages. In these familiar surroundings, parents find comfort and hope as their children are screened on the spot, ensuring that crucial interventions can begin without delay.

Medicare Training: We believe lasting change comes from within the community itself. That is why we train local health workers to recognize the early signs of congenital heart disease (CHD) and perform initial screenings. This approach not only lightens the burden on families but also helps build a strong, sustainable network of caregivers who continue serving their neighbours long after our camps move on. It is a heart-to-heart model of healthcare, where knowledge shared today will uplift future generations.

Sai Aashraya Adarsh Gram

At the heart of Sai Aashraya Adarsh Gram is the belief that true service addresses every aspect of life – physical, emotional, and social. The project integrates Food & Nutrition, Medicare, Educare, and Sociocare, ensuring that every individual, regardless of circumstance, is cared for and uplifted. This is the essence of the Sai Aashraya Village Integrated Programme (SAVIP).

In the heart of this change lies the Monthly Super Speciality Medicare Camp and Gram Seva, a lifeline for the residents. On the third Sunday of every month, a festival of joy reverberates through the village, bringing healing, smiles, and a renewed sense of life. Sai Aashraya Adarsh Gram has seen remarkable progress in the overall health and wellbeing of the community. The Monthly Medicare Camps, held every third Sunday, have become a cornerstone of compassionate care, treating more than 2,000 patients since January 2024, with over 150 patients treated each month.



The impact of these camps goes beyond just numbers, as we see tangible improvements in various health indicators. Diseases like Type 2 Diabetes and Hypertension are now well-controlled, and cardiac patients have experienced significant improvement in heart function after being placed on medication. This positive trend can largely be attributed to the residents' commitment to simple lifestyle changes - reduced sugar intake, moderate exercise, and decreased mental stress.

Leprosy care during each camp has led to significant wound healing and better management of complications. But the camps have done more than just treat physical ailments - they have enhanced the overall happiness of the community. The focus on fostering interaction among elders living alone has contributed greatly to their emotional well-being and sense of connection.

There has been significant increase in number of patients from nearby villages. Many individuals who were struggling with follow-up treatments and medication costs have found comfort in the compassionate care provided by our team. Despite their own hardships, the residents of "Sai Aashraya Adarsh Gram" go out of their way to ensure the comfort of these visitors. The village, once shunned by society, is now a hub of development for surrounding communities, showing the power of persistent efforts and self-reliance. In the heart of this change lies the Monthly Super Speciality Medicare Camp and Gram Seva, a lifeline for the residents.



The annual celebration of Deepavali in our village always fills us with unparalleled joy and happiness. On this auspicious occasion, the tradition of spreading cheer all around the village continued as we distributed new clothes—Elegant Sarees and Dhotis—and indulgent festival food, including half a kilo of a variety of sweets (Boondi laddoo, Gulab jamun, Kaju katli etc.) and savories (two varieties of mixtures), to every resident.

In addition to medical assistance, the community focused initiatives continue, with provisions being distributed monthly to all 75 families in the village, including essential items like Rice, Daal, Cooking oil, Turmeric powder, fresh produce, and seasonal fruits. We also continue providing walking aids, crutches, walkers, and other necessities to elders in need, allowing them to move freely and be independent. At the end of each day of Seva, volunteers serve a traditional South Indian meal on banana leaves to both village residents and visiting patients.



Volunteer involvement has surged, particularly among students pursuing medicine. These Students volunteering team have experienced exponential growth in the number of patients treated, reflecting the commitment of these students to understanding ground realities and the true purpose of education. Sai Aashraya Adarsh Gram stands as a testament to the positive impact that collective efforts can bring about. An elder in the village shared, "We were once invisible. Now, we are a hub of hope for surrounding communities." Our volunteers and the residents of this ideal village are both integral parts of this journey.

Arunachal Pradesh Medicare & Gram Seva

Embarking on a challenging yet rewarding journey, our Mobile Medical Unit departs from Bengaluru, heading towards the remote Tawang District in Arunachal Pradesh. En route, we pick up the rest of our team from Guwahati, where they have flown in from Bengaluru to join the mission. From there, a 20 hour road journey begins, with our dedicated team of doctors and volunteers preparing for the next leg of the mission. Equipped with essential medicines and innovative medical equipment, the Mobile Medical Unit is set to serve the most underserved communities in the farthest corners of Western Arunachal Pradesh, delivering much-needed healthcare to those who need it the most.

The four-day series of camps that follow are strategically held across the region, bringing comprehensive care to villages and remote areas. Our doctors and medical teams work tirelessly, offering holistic patient care that includes monitoring vital signs, performing advanced cardiac assessments like ECG and 2D Echo with Colour Doppler, and providing specialized medical procedures. All of this is done seamlessly at venues like Primary Health Centres (PHCs), Community Health Centres (CHCs), and Field Hospitals of the Indian Army.



We ensure that each patient is supplied with medicines for up to 70 days, returning within 60 days for the next round of care. In addition to medical treatment, our volunteers distribute blankets, sweaters, and hoodies to those in need. Simple yet profoundly impactful gestures, such as providing tongue cleaners or belts for elderly patients, evoke deep emotions, leaving everyone involved with a lasting sense of joy and gratitude.

Seva always extends beyond the immediate medical relief. Over the years, our volunteers have played a pivotal role in fostering education, providing study materials, stationery, and facilitating the self-sufficiency of numerous families by aiding in employment opportunities. Regular counseling sessions with parents have led to children re-joining schools and young individuals pursuing higher education.



A key focus of our work in Arunachal Pradesh has been the early identification and treatment of congenital heart disease (CHD). With the help of charitable institutions government programs, and private hospitals, we have successfully facilitated surgeries for children, providing them with a brighter future. As Sai Aashraya Super Speciality Hospital nears completion, we are preparing to empanel patients who may need surgery but can wait a few months. Once operational, our hospital will serve as a “Temple of Healing,” offering timely, comprehensive care for the people of this region.

We have to thank the District Administration, especially the District Medical Officer, who took the initiative to leverage mass communication channels such as All India Radio and local TV stations. Through repeated broadcasts in Hindi and the local Monpa language, vital information about Sai Aashraya's Seva initiatives has been shared with communities, ensuring that those in need of medical care are aware of the services available to them. With the staunch support of dedicated volunteers, local authorities, and the Indian Army, we continue to transform lives, one at a time. Together, we are building a future where healthcare, education, and self-reliance are within reach for even the most remote communities.

Special Seva Offering in Bengaluru and Nearby Areas

Seven years ago on this day Nov-23rd, we launched our 24/7 Food Seva initiative, a pivotal moment that shaped the direction of our mission. To commemorate this special occasion and usher in the winter season, our dedicated volunteers embarked on a month-long series of Seva projects, serving some of the most underserved communities. We touched the lives of over 4,300 elders and children, spreading warmth and compassion.



Sociocare Seva Activities

Through Operation Smiley, we extended our reach to serve a new, underserved area, impacting the lives of over 850 individuals, including children. On day one, our volunteers cooked and served over 1,000 meals, and since then, we have been working to empower these communities through our Educate and Facilitate initiative, guiding them toward self-reliance. Each of them received a high-quality woolen blanket. Since 2020, we have distributed approximately 7,000 pairs of clothing to those living in some of the most underserved areas. In the 3rd week of December, with the heartfelt support of volunteers from Google India, we packed over 700 pairs of socks, mufflers, sarees, and dhotis and distributed across our Seva venues.

We remain deeply committed to supporting workers in the unorganized sector. This includes educating them about and facilitating access to Government schemes designed to provide essential benefits such as medical insurance, death insurance, pensions, and financial aid in times of incapacity.



Volunteers worked diligently to pack 1,400 stationery and hygiene kits for students from our Breakfast Seva Schools. Each kit includes essential supplies and a book of moral stories, reinforcing our commitment to education rooted in values. These kits were distributed throughout the month, bringing smiles and joy to young minds.

Our doctors and volunteers travelled to all the schools we serve to educate children on health and hygiene, personally guiding, advising, and counseling hundreds of girls, many of whom opened up about their personal challenges. Hundreds of children screened, and several diagnosed with congenital heart disease (CHD) who will soon receive surgery at our hospital.



Volunteers from Cisco and Google have played a key role in supporting Project SASSH's green initiatives. Together, they have nurtured and replanted over 1,000 plants from Sai Aashraya's nursery. On this day, they lovingly planted more than 85 flowering plants along the front compound of the hospital, adding vibrancy and life to the SASSH campus. These efforts are part of a larger vision—by early 2025, nearly 2,000 trees and plants will surround the hospital, creating a peaceful sanctuary of natural beauty for everyone who visits



Sai Aashraya Telemedicine Services

Since the launch of Sai Aashraya's Seva initiatives in 2017, our commitment to transforming lives in the remotest villages of Arunachal Pradesh has remained resolute. The Super Speciality Medicare camps and Gram Seva have served as vital pillars of support, reaching thousands of individuals in these challenging terrains over the years. Over 2,000 patients have been embraced by our loving, holistic Medicare during these camps, with the effects far surpassing the numbers. The transformation is not only seen in health but also in the spirit of the people we serve.



In 2024, the increasing demand for camps in other regions of the South and the need for our physicians to focus on setting up infrastructure for our hospital in Bengaluru led us to innovate with Telemedicine. Leveraging this technology, we were able to extend our care in a state-of-the-art way. Doctors from the Indian Army, District Hospitals, PHCs, and CHCs joined us remotely for specialized telemedicine camps. Postcamp, customized medication, labelled specifically for each patient, was couriered to the nearest healthcare facilities for easy pick-up by the patients.

The warmth and gratitude we received from the people of Arunachal during each consultation were beyond moving. As the telemedicine bridge came live, patients were overwhelmed with emotion, expressing sentiments such as, "Who takes care of us like you do? You are more than family – you are the angels in our lives." These heartfelt messages deeply touched our team, with one physician sharing, "This experience touched our hearts like never before."

Sai Aashraya Super Speciality Hospital (SASSH)

Project Sai Aashraya Super Speciality Hospital (SASSH) - a dream built on the foundations of love and selfless service. Our hospital, lovingly envisioned as a Temple of Healing, stands as a testament to what selfless love expressing itself as service can achieve.

Construction and internal works across all four blocks of the hospital campus have reached completion, marking a major leap forward. The hospital block's interiors, spanning all floors (B+G+3), have seen substantial progress, including the successful installation of Mechanical, Electrical, and Plumbing systems. A particular highlight is the ongoing final flooring, utilizing an innovative seamless design to ensure top-notch infection control and unmatched durability



**SASSH will rise - not just a medical facility, but a temple of healing where healthcare with love heals hearts
No Bill; only Dil (Heart).**

This project's soul lies in the dedication of countless volunteers. From interior design to IT infrastructure, from implementing advanced Hospital Management Information Systems to drafting meticulous SOPs, their contributions have been invaluable. Many of these individuals began as professionals offering their expertise but soon became volunteers drawn by the higher purpose of serving humanity.

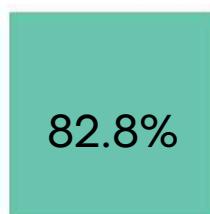


Sai Aashraya Super Speciality Hospital will not only deliver the highest quality of healthcare to the most underserved amongst us but also inspire countless others to believe in the transformative power of Love and Service.



Financial Summary

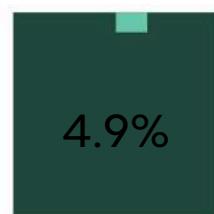
OpEx Summary



24/7 Food Expenses



Medicare Expenses



Educare & Sociocare Expenses

Income vs Expenses Summary

Project and Initiative	INR
Total Revenue	19,08,56,286
Total Operating Expenses	98,96,345
Total Capital Expenses	19,24,23,357



To learn more about how this saga of Love unfolded itself, and to be a part of the Mission of Love & Service that Sai Aashraya is on, please do go through our [website](http://www.SaiAashraya.org) <http://www.SaiAashraya.org> Watch Sai Aashraya's documentary series titled "Chronicles of Love" which has in detail the story of this incredible journey so far. Our [YouTube channel](#) Sai Aashraya Official features regular Audio-Visual updates from the construction of Sai Aashraya Super Speciality Hospital (SASSH) and all the Seva Projects that are being carried out round the clock.

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*Messengers
of Love*

