

Superpowers

Your Superpowers are your How. They are the secret sauce that you bring to everything you do! It's the underlying tool under your cape that turns the ordinary into magic! Ask any or all of these questions to your friends/family to support you in understanding your dharma and your superpowers. You can either do it in-person, on Zoom/phone or have them send you their answers. It will probably feel awkward to ask and receive, but it's practice for living your dharma!

1. When have you seen me at my best?
2. What would you come to me for advice for?
3. How have I supported you in the past?
4. What inspires you about me?

5. When have you seen me at my best?

6. Who do I remind you of?

7. What do you love about me?

8. When have you seen me lit up/ inspired/ passionate?

9. What do you feel is an innate gift I have?

10. What magic do I bring to things?

