

# ADDITIONAL CONNECTION CHALLENGES

Each month we have designed a Connection Challenge to have students use to engage with people in their circles of influence. If you are engaging in more than one Connection Challenge each month, you may find you need additional challenges. These challenges can be used any month and can be repeated.

Connection Challenges are designed to be a way to help students see the people in their lives and reach out. They do not need to be flashy or special or unique. We have built our curriculum to provide structure to developing empathy and connection.

**BY PROVIDING MULTIPLE WAYS FOR STUDENTS TO CONNECT WITH PEOPLE IN THEIR LIVES, YOU ARE GROWING THEIR TOOLKIT FOR CONNECTION.**

- Personal Role Model: Write a letter of recommendation about yourself and share with a connection for feedback.
- Direct Connect: Reach out to someone with your same interest and check in on them, write an ad to encourage others to try your hobby—share with your partner
- Interview: Invite someone in your circles to share about themselves, list 10 questions you would like to answer and ask those questions of your friend or family.
- Circle Reflection: Look at every person listed on your circle and write down the top three things that each person brings into your life. Share at least one thing with them.
- SHARE Day: Participate or lead a SHARE day in your community. Create post it notes to leave in the community (on mailboxes, front doors, car handles) or work with a local business to include on the 7th of the month.
- Storyteller Letter: Write a letter to one of our storytellers and see if it changes or expands your empathy. Consider writing a letter to someone you know is going through a hard time.
- Not a match: Ask someone about an activity that you know nothing about. Don't understand how football works? Ask a football player to explain something about it! Don't know anything about dance? Ask a dancer to share why they like dance. Don't care about music? Ask a musician why they play their instrument of choice.