



2025 Ocean City Swim Team Summer Schedule: 6/23 – 8/16/25

Group	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Yellow	9:00 – 10:00AM	9:00 – 10:00AM	9:00 – 10:00AM	9:00 – 10:00AM	OFF	OFF	OFF
Blue	9:00 – 10:00AM	9:00 – 10:00AM	9:00 – 10:00AM	9:00 – 10:00AM	OFF	OFF	OFF
Bronze	8:30 – 10:00AM	8:30 – 10:00AM	8:30 – 10:00AM	8:30 – 10:00AM	OFF	7:00 – 8:30AM	OFF
Silver	7:00 – 9:00AM	7:00 – 9:00AM	7:00 – 9:00AM	7:00 – 9:00AM	OFF	7:00 – 9:00AM	OFF
Gold	7:00 – 9:00AM	7:00 – 9:00AM	7:00 – 9:00AM	7:00 – 9:00AM	OFF	7:00 – 9:00AM	OFF

Practice times are subject to change. You will be notified via email while changes happen.