

Chioma Atanmo

Founder, Speaker & Wellness Influencer

About Me

I am first generation Nigerian-American born and raised in the Bay Area, California. Currently based in Kansas City, MO. My work at Mindful Appetite is dedicated to educating people on how to prioritize their wellness through mindful eating, mindset and movement.

I'm excited for this opportunity to explore a partnership with your brand to reach a new, and diverse audience.



Services Offered

- Keynote Presentation
- Panel Guest/Moderator
- Podcast Interviews
- Instagram Stories
- Sponsored Posts (Photo or Video)
- Custom Content
- Press Trips

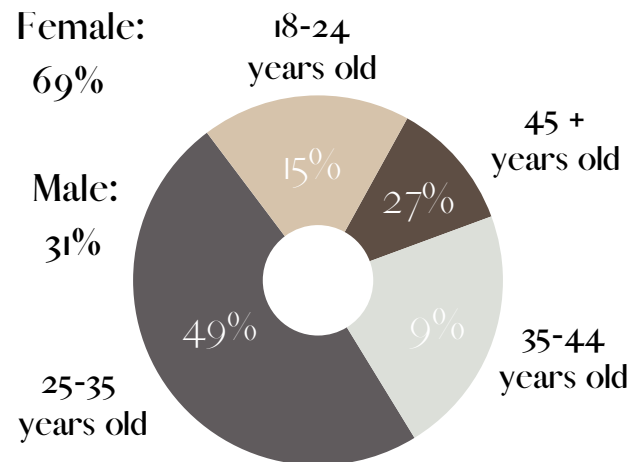
Email: chioma@mindfulappetite

Website: mindfulappetite.com

Instagram Audience

IG Stats from December 2021

Organizations I've Worked With



Social Media Statistics:

Instagram 4.1K | Facebook 3K | LinkedIn 2.2K | Twitter 1.9K