



Day 1 (day of appointment)

Keep brows dry by lightly patting them with tissue if you see any lymphatic liquid (clear liquid that usually balls up on brows). Pat every 5 minutes until it stops. You don't need to do anything to your brows night one.

Day 2 until Peeling Is Done (1-2 weeks)

Gently wash every morning and night to remove bacteria, build up of product and oils, and dead skin. (Don't worry, this does not remove pigment). With a very light touch, use your fingertips to gently cleanse the eyebrows, making sure that all soap is rinsed away after. To dry, gently pat with a clean paper towel or soft rag, make sure the area is completely dry immediately after. Put on a SMALL amount of healing cream morning & night with a Q-tip after washed

Monitor the brows for any clear oil, sweat, or water; pat the brows with a tissue if any occur.

After Peeling is Done

Brows may appear lighter in color. Color will start resurfacing week 3-4. You don't need to worry about what you put on your brows once peeling is finished. Continue to stay out of direct sunlight for 6 weeks.

*Remember, with the proper prep and aftercare routine, you will have much better results with your procedure.

Important Reminders

- Use a fresh pillowcase while you sleep.
- Let any scabbing or dry skin naturally exfoliate away. DO NOT rub, pick, or scratch the treated area.
- No facials, botox, chemical treatments or microdermabrasion for 4 weeks.
 - Avoid hot, sweaty exercise for one week.
- Avoid direct sun exposure or tanning for 4 weeks after the procedure.
Wear a hat when outdoors.
 - Avoid long, steamy showers until peeling is done.
 - Avoid sleeping on your face until peeling is done.
 - Avoid submerging your face under water until peeling is done.
- Avoid topical makeup and sunscreen on the area until peeling is done.

**Recommendation for showering:*

I recommend washing your face and brows in the sink before the shower, to prevent hard water pressure on the treated area. Try not to spend unnecessary time in the shower so that you do not create too much steam. Avoid your getting your head wet and/or washing your hair until the end, so that your brows aren't wet for too long.

Make sure to pat your brows dry immediately after.