

WEEK 4 SPRING/SUMMER		BUCHANAN LODGE MASTER MENU						WEEK 4 SPRING/SUMMER	
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
Breakfast	Apple Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Cheese Slices Pineapple/Banana Muffins Jam & P'nut Butter Tea - Coffee - Milk	Orange Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Scrambled Eggs Toast Jam & Peanut Butter Tea - Coffee - Milk	Cranberry Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Boiled Eggs Toast Jam & Peanut Butter Tea - Coffee - Milk	Apple Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Poached Egg Raisin Toast Jam & Peanut Butter Tea - Coffee - Milk	Orange Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Sausages Toast Jam & Peanut Butter Tea - Coffee - Milk	Cranberry Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Poached Eggs Toast Jam & Peanut Butter Tea - Coffee - Milk	Apple Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Bacon Toast Jam & Peanut Butter Tea - Coffee - Milk		
10AM	Assorted Beverages								
Lunch	Apple Juice Roast Pork & Gravy Whipped Potatoes California-mixed Vegetables Apricots	Orange Juice Beef Stroganoff Egg Noodles Diced Squash Cherry Cake	Cranberry Juice Roast Chicken with Gravy Scalloped Potatoes Braised Green Cabbage Crushed Pineapple	Apple Juice Savoury Lamb Stew Whipped Potatoes Diced Turnips Butterscotch Pudding	Orange Juice Baked Teriyaki Salmon Vegetable Rice Stir-fry Kernel Corn Jellied Fruit Salad	Cranberry Juice Orange Glazed Chicken Breasts Mashed Potatoes Long Green Beans Mango Pudding	Apple Juice Baked Pork Chops Creamed Potatoes Green Peas Lemon Pudding		
2:00 PM	Assorted Beverages, Bake goods & Fresh Fruits								
Dinner	Cream of Mushroom Soda Crackers Pancakes with Syrup Chicken Apple Sausages Warmed Apple Slices Raspberry Custard Pie with Real Whipped Cream	Tomato & Rice Soda Crackers Cod Nuggets, Tartar Sauce, Potato Pancakes Greek Salad Watermelon	Lentil Soup Soda Crackers Ham Salad Plate with Italian Pasta Salad Dinner roll Cucumber Souffle Carrot Sticks Strawberry Cheesecake	Chicken Noodle Soda Crackers Grilled Cheese Dill Pickle Broccoli Coleslaw Vinaigrette Diced Pears	Scotch Broth Soda Crackers Hot Dogs & Yam Fries Mustard/Ketchup Sautéed Onions Coconut Cake	Cream of Celery Soda Crackers Sandwiches: Sliced Pastrami & Egg Salad Tossed Salad with Italian Dressing Tropical Fruit	Minestrone Soda Crackers Spaghetti and Meat Sauce Garlic Bread Caesar salad Pumpkin Squares with Whipped Topping		
HS	Assorted Beverages, Bake goods & Fresh Fruits								

Breakfast: 250mL of milk and 125mL of juice are offered daily

Menu subject to change without notice

Lunch/ Supper: 125mL of milk and 125mL of water are offered daily.

Assorted Beverage is available upon request (125mL Juices/Milk) at PM & HS

Assorted Sandwich is also available upon request at HS