

ECO-CONSCIOUS BEAUTY SWAPS

A guide to finding budget friendly swaps
that are clean and sustainable

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Skincare:

Cleansers

- Foaming - Honey Belle \$12
- Cream - Earth Harbor “Ahoy Love” \$19
- Oil - Earth Harbor “Sunshine Dew” \$24 or Cocokind “Oil to Milk” \$18

Acne Treatment/Serum

- Cocokind “Turmeric Tonic” \$13 or “Probiotic Acne Serum” \$18
- Pacifica “Pore Warrior Overnight Patches” \$7
- Honey Belle “Relief Serum” \$14

Serums - Hydrating, Vitamin C & Peptide

- Hydrating (HA) - Beauty by Earth “Hyaluronic Acid Serum” \$19.99
- Hydrating (ceramide) - Cocokind “Ceramide Barrier Serum” \$20
- Vitamin C - Beauty by Earth “Hyperactive Anti-Aging Vitamin C Serum” \$25.99 - or save a little \$\$ and get Cocokind “Vitamin C Serum with Sea Grape Caviar” \$20
- Peptide - Earth Harbor “Celestine Hydra Plumping Peptide Serum” \$45 - though this exceeds the \$30 price tag I tried to stick to, it is well worth every single penny! In addition to peptides, this also contains HA and niacinamide to hydrate and repair, as well as pomegranate fruit powder for antioxidant and vitamin benefits.

SPF (with blue light protection) - (these work for all skin types, but I added notes as to which I feel they work best for based on my own experiences)

- Cocokind “Daily SPF” - \$25 - best for normal skin
- Beauty by Earth “Facial Sunscreen SPF20” - \$21.99 - best for normal to dry skin
- Earth Harbor “Eclipse” \$25 - best for oily or acne-prone skin

EYE-CREAM

- COCOKIND “REVITALIZING EYE-CREAM” \$19
- UPCIRCLE “EYE CREAM WITH MAPLE & COFFEE EXTRACT” \$20

FACE OIL

- BEAUTY BY EARTH “BALANCE & RESTORE” - \$29.99 - THIS IS JUST HITTING THE \$30 MARK BUT IT IS ONE OF MY ABSOLUTE FAVORITES FOR OILY, ACNE-PRONE, OR COMBO SKIN SO I HAD TO INCLUDE IT!
- BYBI “SUPER CHARGE SERUM” \$21.99
- COCOKIND - ANY OF THE 3 OILS THEY CARRY! \$15-17

MOISTURIZER - FACE & BODY

- BABO BOTANICALS ‘MIRACLE MOISTURIZING FACE CREAM” \$12.99 - DRY & SENSITIVE SKIN
- UPCIRCLE “FACE MOISTURIZER WITH ARGAN POWDER” \$24 - ALL SKIN TYPES
- BEAUTY BY EARTH “OIL CONTROL MOISTURIZER” \$18.99 - OILY SKIN
- COCOKIND “SAKE BODY LOTION” \$19

SAMPLE KIT

- SAHARA ROSE DISCOVERY KIT \$25 - ALL SKIN TYPES

BODY WASH

- BABO BOTANICALS “SENSITIVE SKIN FRAGRANCE-FREE HYDRA-THERAPY FACE & BODY WASH” \$16.99
- DR. BRONNER’S “PURE CASTILE LIQUID SOAP” \$18.49 (ON THEIR WEBSITE FOR 32OZ)

Personal Care

TOOTH PASTE

- HELLO (MY PERSONAL FAVES ARE THE CHARCOAL WHITENING & ANTI-PLAQUE WHITENING - BOTH ARE FLUORIDE-FREE) - PRICES VARY DEPENDING ON THE STORE. TARGET AND WALMART BOTH CARRY.

FRAGRANCE

- PACIFICA - HAIR & BODY MISTS - \$12-14; PERFUME \$22 - MY LONGTIME FAVE. BUY AT TARGET, ULTA, OR THEIR WEBSITE.
- SKYLAR - PRICES VARY. THE FULL SIZES ARE NOT VERY INEXPENSIVE, BUT THEY HAVE A SAMPLE PACK OF SEVERAL OF THEIR POPULAR SCENTS FOR \$25 AND ROLLER BALLS FOR \$29. THESE FRAGRANCES LAST AS LONG AS CONVENTIONAL ONES I HAVE USED AND COME IN SOME OF MY NEW FAVE SCENTS! CAPRI IS THE PERFECT SPRING/SUMMER SCENT AND VANILLA SKY IS AUTUMN 100%

BABY CARE

- BABO BOTANICALS - PRICES VARY DEPENDING ON THE PRODUCT. THIS IS PROBABLY ONE OF THE MOST BUDGET-FRIENDLY AND TRULY CLEAN BODY CARE BRANDS I HAVE FOUND FOR BABIES OR ADULTS! I ALSO LOVE THEIR DETANGLING SPRAY!
- BURTS BEES - PRICES VARY. I JUST BOUGHT SOME OF THEIR BATH PRODUCTS FOR MY FUTURE NIECE FROM TARGET. I’VE BEEN A BURTS BEES FAN FOR QUITE A WHILE!



FOUNDATION

- LIQUID - ORGANIC WEAR “SILK FOUNDATION ELIXIR” \$15.99
- CREAM - LILY LOLO “CREAM FOUNDATION” \$26.
- POWDER - LUCY MINERALS - \$17.99 (MY FAVE IS LUCY LIGHT)

SETTING POWDER

- SILK NATURALS “BLUR TINTED FINISHING POWDER” \$11.95

BLUSH/BRONZER

LILY LOLO - \$20-26

- W3LL PEOPLE “POWER PALETTE POWDER FACE TRIO” \$20
- PACIFICA “ALIGHTEN NATURAL RADIANCE POWDERS” \$18

LIP LINERS

- GABRIEL/ZUZU LUXE - \$12-13.80

LIP GLOSS

- W3LL PEOPLE “HYDRO LIP GLOSS” \$14

LIPSTICK

- LAUREN BROOKE COSMETIQUES “LIP COLOR” \$13
- W3LL PEOPLE “OPTIMIST LIPSTICK” \$15

MASCARA

- PACIFICA “STELLAR GAZE” \$14
- W3LL PEOPLE “EXPRESSIONIST VOLUMIZING” \$19

WHERE TO SHOP IN STORES

- EARTH HARBOR - SELECT WHOLE FOODS (YOU CAN CHECK THE STORE LOCATOR TO SEE IF THEY ARE NEAR YOU!)
- PACIFICA - TARGET, ULTA, WHOLE FOODS
- COCOKIND - TARGET, WHOLE FOODS
- BABO BOTANICALS - TARGET, ULTA, SPROUTS, WHOLE FOODS, WEGMAN’S
- BURT’S BEES - TARGET, WEGMAN’S, ULTA, WALMART, WHOLE FOODS
- W3LL PEOPLE - TARGET, ULTA, WHOLE FOODS
- HELLO - TARGET, WALMART, ULTA, WHOLE FOODS, WEGMAN’S, RITE AID
- DR. BRONNER’S - TARGET, WEGMAN’S, WHOLE FOODS
- BYBI - TARGET

***NOT ALL LOCATIONS WILL CARRY THE SAME PRODUCTS**

Want more clean beauty recs?

I have tons of resources on my blog, but you can also schedule a 1:1 consult with me to help you find the products best for you, your family and your budget. find out more at www.diaryofasoprano.com or email me at briezimmermansoprano@gmail.com.

*Thank you!
Brie xo*



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