

# ALKAVEN

THE BALANCE EQUATION

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# 7 Days Detox

Press the “**RESET BUTTON**”, free yourself from toxins that suffocates you and change your lifestyle once and for all !



**Deep cleanse your body and mind**

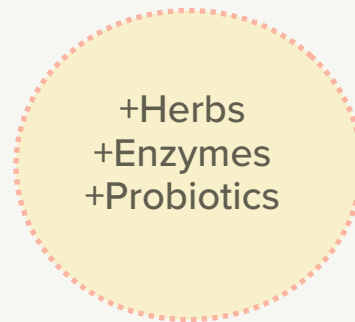
**And lose up to 4 Kg in 7 days without regaining them**

Our Alkaven Detox Program is based on 3 fundamental steps :



## DETOX + ALAKALINE DIET + NUTRACEUTICALS

### Detox



### Workout



**Alkaline Diet**



**Nutraceuticals**

Thanks to the best techniques of Nutrition and Detox of the organs,  
it is possible to reach the best physical shape and psychic of your life !

# RESET WEEK - EFFECTIVE CLEANSE

After years of experience, I have studied a program made for you who have little time and that live a stressful life out there !

The Reset Week was designed with 2 specific objectives:

**1 - RELEASE ACID TOXINS DEPOSITED IN THE BODY FOR YEARS**

**2 - ELIMINATE FAT**

In just 7 days you can get these results:

- Deeply purify yourself
- Take care of intestinal problems
- Feeling energised like perhaps never before
- Reaching a deep mind-body connection.

The Reset Week **is different** from any other detox method for 2 main reasons:

1 - It uses the oldest and ancestrally recognised system of the body to heal, that is, semi-fasting and makes it easy and practicable for everyone to obtain extraordinary benefits (soon we will show you how).

2 - It is designed for normal people who live a normal life with family commitments, work, little time.

## REMEMBER:

If you keep doing the same things you have done until now, you will get the same results.

Surely a magical supplement won't help you!

It is now clear to us that:

**Toxaemia and acidity are the basis of every conceivable health disorder.**

Most of the time the reason why you can't lose weight is because the body is desperately trying to retain acidic toxins stored in fatty tissues, to avoid putting them back into circulation!

Do you suffer from acne, canker sores, candida, colds, fatigue, apathy, hemorrhoids, bad breath, indigestion, constipation, gastric and / or intestinal inflammation?



Then you are highly acidic and the various symptoms you experience are the attempts in a thousand different ways that your body is trying to eliminate all these dangerous substances!

**THERE IS A SOLUTION :**

**It is possible to dedicate 1 week 2 times a year with the RESET WEEK to clean up all of this!**

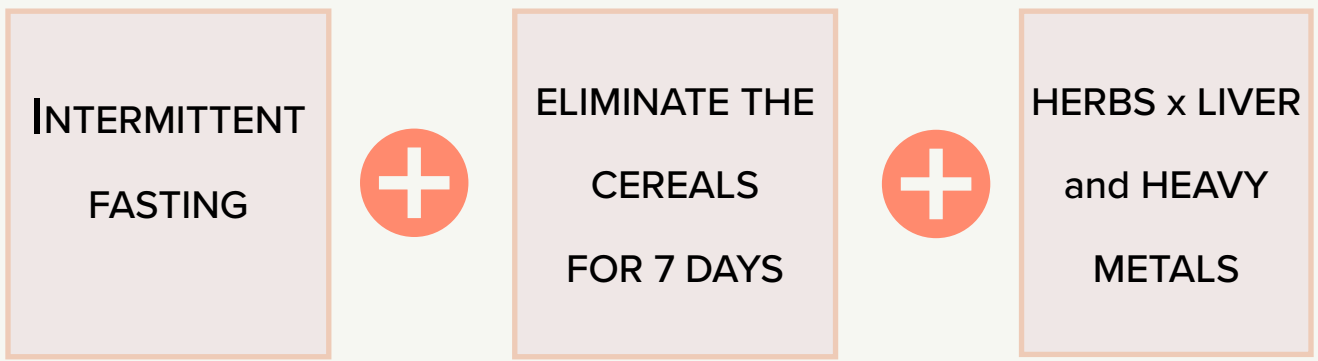
You are trapped in the vicious cycle of malaise even when you try to eat healthy and alkaline, because years of mucus, acidic fat and stored toxins come out!

Then comes the bloating belly, crazy cravings for junk food and after a while you give up.

How to get out of this situation?

Hence the Reset program was born, practicable in everyday life while you work, eat out and you can't afford to have low energy.

The program combines these 3 things together:



# DETOX MENU

## AS SOON YOU WAKE UP

### GREEN DETOX EXTRACT

Example : green leafy vegetables + cucumber + celery + lemon

## BREAKFAST

### FRUITS

## SNACK

### DETOX HERBAL TEA

Example: horsetail + yerba mate+ ginger  
Example: milk thistle + schisandra + artichoke + turmeric

## LUNCH

### ANTI- INFLAMMATORY PROTEINS

Example: lentils / edamame / broad beans / eggs / tofu / fish  
  
+ vegetables

## SNACK

### Liver CLEANSE

## DINNER

### DETOX SOUP

Example: zucchini +carrots  
+ celery + asparagus  
+ mix of herbs  
+ oil + spices  
  
+ soaked nuts/seeds

## PROPERTIES

**HORSETAIL:** it is diuretic and is recommended in the treatment of the elimination of metabolic waste. It contributes to the "bone metabolism" and favors the remineralization of the osteo-articular system and hard tissues such as nails and hair.

**YERBA MATE:** has diuretic properties, has an antioxidant action, promotes the expulsion of toxins and other waste substances from the body. It is an excellent anti-hunger with a satiating, antioxidant, energizing effect, stimulates mental activities and improves concentration thanks to the presence of matein.

**TURMERIC:** acts as an anti-inflammatory and antioxidant, inhibiting the activity of free radicals and thus counteracting the development of chronic diseases related to cellular aging. It is an excellent gastroprotector, it stimulates the production of mucin, a glycoprotein that protects the gastric mucosa from the hydrochloric acid present in the gastric juices. It reduces blood sugar levels and some cardiovascular risk factors.

**MILK THISTLE:** it is a herb with detoxifying benefits, a great help in fighting liver fat. In addition to the hepatoprotective function, it also has the ability to cleanse the body and supports digestion, so it is an excellent agent against constipation

**SCHISANDRA:** is a Chinese herb, also known as the Five Flavour Fruit. It has many beneficial effects on health, among others it has been used in traditional Chinese medicine for cleaning the liver. In addition to cleansing, it also has hepatoprotective properties

**ARTICHOKE:** has an excellent protective and detoxifying action on the liver. In addition, it is considered an excellent purifying, diuretic and detoxifying body as it promotes the elimination of waste. These properties are due to the cynarine active ingredient. Excellent in association with milk Thistle.

I ADDED HERBS TO SUPPORT  
AND PURIFY THE LIVER, THE CHELATOR FOR  
ELIMINATE HEAVY METALS AND TOXINS

**LIVER CLEANSE** binds to heavy metals and toxins and carries them out of the body!

You will feel immediately lighter, with more clarity and regularity.

It works with allergies and intolerances and is useful for many ailments.

We have added a formulation of liver purifying herbs to the liver cleanse, which have been shown to have a chelating action and also allow you to burn fat.

The combination of these **4 superfoods:**  
**Milk Thistle, Schisandra, Turmeric and Liver Cleanse** is simply the best on the market to help with eating problems.

**You can lose up to 4 kg in 7 days without regaining them later. Without suffering from excessive hunger or terrible drops in energy during the program.**

Now, surely you are wondering:

How can I get these results and do the RESET WEEK?

- ✓ I personally follow you in your 7 day reset!
- ✓ I help you get rid of superfluous fat and release many unwanted toxins from your body to start off lightly.

Here's how the program specifically works:

**MODULE 1:** it explains exactly how to prepare for the reset

**MODULE 2:** recipes to follow

**MODULE 4:** reset integrators with direct links;

**MODULE 5:** what to do AFTER the reset , to avoid to get intoxicated and gain weight again.

**But that's not all!**

There are other 2 gifts that enhance the detox and fat loss effects

EMOTIONAL DETOX GUIDE



CHELATION PROGRAM  
HEAVY METALS



**SUPER LIMITED DISCOUNT OF 10%**

**For all new participants**

REGISTRATIONS OPEN FROM NOW,

JUST CLICK ON THE LINK

CLICK [HERE](#)

IMMEDIATELY AFTER THE REGISTRATION, YOU WILL RECEIVE AN E-MAIL WITH THE FIRST MODULE AND YOU CAN ALREADY START THE PROGRAM!

I ask you one thing:

Close your eyes and just imagine for a moment that you are living in the body you want.

You have removed the extra pounds you wanted, the skin is beautiful and shiny, the eyes relaxed and alive.

A feeling of pleasure invades your belly and you feel full of energy and creative.

Know that these sensations are within hand reach, if you detoxify.

Living like this is possible.

And you can start today!

Love and Light  
Irene