

THE PRACTICAL PURSUIT

Before we even begin, I write this from a place of learning and growing with you. Trust me, like any marriage, we work hard (and pray hard!) for and over ours! We continue to discover new attributes about the other, we fight, we learn grace again. These are practical ways we're continuing to strengthen our marriage & hope it can help yours as well!



Speak Encouragement

In ways they've worked hard, in characteristics you've seen them exhibit. It can be a text, a letter in their visor, an unexpected statement at dinner. Whatever it is, speak it!

Watch for Ways to Serve

If you're like me, sometimes this one doesn't come as naturally. So I have to watch. Whether that looks like refilling Michael's water at dinner, seeing if he needs anything while he's watching TV or doing things I might not always enjoy (hello shirt ironing!) I do it because I love him and want him to know it without a doubt!

Join Them in What They Care About

It's so easy to get trapped in the self-cycle! (I just made that up...but I'm sure it needs no explanation!) What does your spouse like to do for fun? Brainstorm ways to join them in it! Whether it's fly fishing (with you watching), playing soccer (with you cheering them on) or a new hobby you diligently ask them about and take interest in seeing how it work--side by side time matters!

Give Grace Upon Grace Upon Grace

I would list this one under "practical" because it is definitely an act of humility to say you were wrong (and sorry) for your actions or words as well as be the one who is quick to forgive! Michael and I were just talking this week about a time I was fuming at him for something he couldn't control. Oh thank goodness for grace upon grace and continual growth in marriage!