

# Julia Ryan Psychology

EMPOWERING YOUR MENTAL HEALTH

## SOCIAL SKILL GROUP

### FOR AUTISTIC ADOLESCENTS & YOUNG ADULTS

This 12 session group led by Learning and Behavioral Specialist, Christina Quaile, is designed to integrate evidence based social skill development approaches with the social-communication differences of autistic young adults. While exploring their autistic social communication strengths and needs, participants will learn about social expectations and develop practical strategies to feel more confident interacting in a variety of situations.

#### WHO

**AUTISTIC PEOPLE  
AGES 16-25**

#### WHEN

**TUESDAYS, 4PM  
MARCH 19TH TO JUNE 4TH**

#### WHERE

**111 SHERWOOD DRIVE,  
OTTAWA**

#### COST

**\$900 FOR 12 SESSIONS  
BY E-TRANSFER OR  
CREDIT CARD**

#### SIGN UP

**SPOTS ARE LIMITED  
ADMIN@DRJULIARYAN.CA**



Christina Quaile is a Behavior & Learning Specialist working under the supervision of Dr. Julia Ryan (C. Psych)