

(#267) Can astrology predict your death? Finances? And other...

Wed, Feb 22, 2023 4:35PM 1:29:01

SUMMARY KEYWORDS

astrology, chiron, people, pluto, scorpio, chart, planet, placement, life, ascendant, deep, scorpios, astrologer, neutrinos, talking, natalia, aries, soul, 12th house, idea

SPEAKERS

Kathrin Zenkina, Natalia Benson



Kathrin Zenkina 00:14

Welcome to The Manifestation Babe podcast. My name is Kathrin Zenkina, and I'm a manifestation expert, master mindset coach and multiple seven figure entrepreneur, I'm obsessed with helping you achieve everything that you once thought was impossible. If you're looking to massively uplevel your life, your finances, your relationships, your productivity and success, then you have come to the right place. My goal in this podcast is to help you see the infinite potential within yourself to be, do, and have anything that your heart desires. Think of this podcast as your weekly dose of mindset development, to help you maximize who you are, and where you're going. Leave it to me to provide you with the tools, the resources, the strategies and teachings that you need to manifest a reality wilder than your wildest dreams. I know we're about to have so much fun together. So thank you so much for pushing play today, and now let's begin. Hello, my beautiful souls and welcome back to another episode of The Manifestation Babe podcast. So today's episode is for all of my astrology lovers, or even my astrology curious. I'm interviewing my friend Natalia Benson, and asking her your biggest, hottest, juiciest, got to know this information right now questions. It was the ultimate Q&A, and you know, I love a good Q&A session. So this was extra fun for me. We talk about, in this episode, things like, difficult chart placements, and the more logical explanation of astrology to those who maybe are skeptical or like I don't know if astrology works, or I need to know more of the science behind it. We talked about what it means to be a specific sun sign, rising sign, moon sign, and by we talk about, I mean she's talking about it. I guess I'm just asking the questions. I have all the questions just like you. There was an interesting question that I was able to ask her which is, Can astrology predict your death which I have never heard anyone ever answer that question so that was just fascinating. She answers, can astrology tell you how much money you're going to have? Why certain signs like Scorpios for example, get so much flak and I have a lot of Scorpio energy so I'm just speaking from experience. What is a chart placement that goes into Thalia that makes Natalia go, oh no, that sucks or what it means to be born during a retrograde and so much more. I wanted to make sure that this wasn't your average astrology episode. I wanted to go into things that I have never even heard of being discussed before on a podcast and Natalia does not disappoint. If you don't know who Natalia is. She is a spiritual business strategist, money mentor and astrologer living in Southern

California. Natalia specializes in high level conscious business coaching, digital course creation and online monetization rooted in spiritual wellness offerings. She also has her own financial empowerment membership, Heartland Business School and host Natalia Benson, the podcast, which just hit over 1 million downloads which is a big deal. Congratulations, and Talia has been quoted and featured in women's health, in style well, in good Yahoo Finance, and hello giggles, and I just want to add cosmopolitan because we were both in a specific article that was kind of disappointing to both of us, and cosmopolitan. So I just wanted to add that in there, and modern luxury Silicon Valley featured her as a rising star to watch who helps high powered women channel their inner goddess Natalia's mission is to see women empowered with the ability to create their own revenue streams running the businesses that contribute and don't deplete the whole of humanity. She seeks to create more depth, compassion, kindness, empowerment, and joy in the world at large via the practicing of self accountability and integration of spiritual tools. Now without further ado, let's get deep into the world of stars and planets baby, oh my god, I have Natalia Benson in the house with me and we are about to go into the deepest, most amazing astrology Q&A together like the people have questions and we're gonna give the people what they want. Okay?

N

Natalia Benson 04:47

I am Smiling, you ever know when you smile so much that these muscles hurt, like right by your nose, like I'm already like that and we've been talking for five minutes, okay, I'm ready. I cannot wait to answer these questions. I'm here for it.

K

Kathrin Zenkina 05:03

Oh, amazing. Well, the first question I have is one that has stumped me in the past, and I don't know the difference. Is there a difference between I see these interchangeably and sometimes I don't and like people will sometimes specify, be like I'm an astrologer, and then someone else says, I'm an astrologist like what the fuck is the difference?

👤

05:25

Babe, I have to tell you, I have no flippin clue like when I call myself an astrologer, but even the other day I was teaching a class and one of my girls said that she refers to herself as an astrologist. I have no idea. I think it's honestly preference. But we could do some back end like Google searching and be like, What the heck is the difference? Like I personally have no idea but I love to say, astrologer.

K

Kathrin Zenkina 05:54

Okay, well, we're gonna give that as homework for the people listening because I don't feel like googling anything right now. But if you are not Googling, this is clearly like Natalia and I, we don't get worked up on like terminology that just doesn't make a difference in our life. Like, who fucking cares, right? So if you really care, I love that for you, and you can Google it. Oh my gosh, what? Okay, so sometimes we hear about the big three, and some and like, sometimes people ask me, the big five, we're just gonna focus. Let's just focus on the big three because I

feel like that's more common. What are the big three? and why are these so important? and the ones mostly talked about when it comes to like people asking for your sign. I know when I was growing up, and initially, like, got into astrology, people will just ask for sun sign. All I knew was sun sign. I don't even know there's anything above a sun sign, and now people are like, Well, I'm just going to use myself as an example. I'm a Libra, Sun Libra rising, Gemini moon, and it's like everyone is in conversation about those big three, like, what are those? Why are they important?



07:00

Okay, so the big three, just to break it down. The sun is essentially considered your consciousness and the lens that you view reality through. So that's your sun sign, and I always say everybody's aware of their sun sign, because think of it everyone is aware of the Sun, the Sun is the life giving force. It's just kind of a, it's a given, you know, the moon is essentially our emotional personality, and it represents our unconscious self. So the moon is the Unconscious Self, the sun is the conscious self. I know this can come up in human design to where there's like a conscious self and unconscious self, so same in astrology, like the sun is the conscious self, the moon is the unconscious or the emotional self. I'm going real basic, but I'll dive a little deeper into each one, and then the ascendant, is essentially I'm going to give you two sides of the ascendant. So the Ascendant is essentially the projected personality. But here's like a little astrological geek out moment, because the the Ascendant is known as an angle, and it's a very, very important angle in the chart, and the idea is very simply that the moment you're born, you are at the center of your chart. It's like, you know how you have to have your exact birth time? Yeah. So basically what the Ascendant is, is it means that that is the sign on the Zodiac Bell ascending over the eastern horizon. So that's just the technical part, but then the more esoteric part of it is that that angle is discovered through between the 12th house and the first house, the 12th house is your subconscious, your soul, your past lives are in there, like your 12th house, is this more. Let's say like this more esoteric on an animated or under the radar part of you, let's just call it the soul, and then the first house is your physical, projected outward self, your ego. So you have this angle between that which represents the soul and the subconscious, and the ego and the projected self or the ego and the physical manifestation of you. The Ascendant is interesting. I have to tell you, I'm obsessed with the ascendant and I think it's really powerful to pay attention to because the ascendant determines your house placements, which is very, very important in the chart. Maybe we'll talk about that today. But the Ascendant is also like, so let's say Kathrin, we all cruised around in life, and we all looked at everything from an astrological lens. I wish, I mean I do, but I wish everybody did. It'd be fun, but here's the thing. So if I met you, and you shook my hand, I would assume you are a Libra because of your ACE ascendant. But then if I sat down and we started to have a conversation, I would see, oh, I'm seeing her sun sign. She's telling me like ways that she navigates through life, how she looks at things, how she moves through her life experience, sun sign, and then if we got to be really, really close, I would see your Gemini moon. See how it's like these layers almost of ascendant, Sun, Moon. Isn't it fascinating?



Kathrin Zenkina 10:44

You have the best explanations, I'm telling you, this is the beat. This is the astrology episode you like, obviously, you have already tuned into, but like, get other people to tune into it too. Because whenever I hear Natalia, explain, I mean, anything, you've been a guest expert inside

of manifestation babe collective. So we've already had like an element of this Q&A, and I looked at her and I'm like, You have to come on the podcast, because the way that you explain it, it's so simplify that you just, you get it in such a simplified way.

 11:17

I love it. That's how it should be, because astrology is complicated, just like a lot of things in life. But you know, complexity is the enemy of execution, it's said. So we have to find a way to anchor these things. So they actually make a difference in our life because astrology is life changing. Okay, I promised you I was going to keep my answers concise. So we can just raw, because I have all the Gemini I've got a Sag moon like, you know, I can go in.

 Kathrin Zenkina 11:43

You're a sag moon? Yeah, my son is too. It's funny because I went into labor. I was in labor for 43 hours. So let's say like two freaking whole days of labor. Oh, my God, and I knew it was guaranteed, basically, because it would be even if he was born, like, let's say at this time, even if he was two weeks late, which my midwife would not let me, like according California guidelines, like you can't be more than two weeks late, you would have to be induced even under the care of a midwife, and so I knew it was guaranteed he'd be a Leo sun, but then the fun part is like okay, what is the moon sign? What is the ascendant and I remember my mom and I

 12:26

Were you like keeping an eye on the lunar transits?

 Kathrin Zenkina 12:30

Of course I was, and when I went into labor, this is the funny part, Sag moon, because the moon signs are, How long are they? like a day and a half or two days?

 12:38

Exactly. Yes, day and a half to two days, but yeah, it's about that.

 Kathrin Zenkina 12:45

So when I went into labor, it was Scorpio moon, and I did not feel like he was a Scorpio moon, and I was very perplexed and confused, and so was my mom. It's just like, nothing wrong with Scorpio moon is just like, we didn't feel that that was him, and true to him, and I remember, I did not like I knew first Labor's would be long and like, yeah, 24 hours. 28 hours. Did I fucking know it's 43 hours? No. So in my mind, I'm like, This is strange. This is interesting, but

whatever, we're gonna let it play out, and then I was like, Alright, so now I know he's going to be a Scorpio moon, based off of like, this is what I'm thinking about in labor. You guys like this is how and this is of course, before it gets to the point where you can't think of anything.



13:30

So obviously, I was gonna say babe, I'm like the fact that you were even able to like, check the charts. I'm like, tell us more, like yeah,



Kathrin Zenkina 13:39

keep listening. So I was like, alright, the fun part will be ascendant and then 43 hours later, I knew this is the weird part. I knew at what time the Scorpio moon would go into a sag moon and I'm like, This is so strange. I still feel like he's a sag moon, and maybe this is false labor. But it was progressing and progressing and progressing, so I was like, Okay, nevermind, like he's gonna be. This is still literally what I'm thinking about, like with crazy contractions in between. I'm like, I'm like thinking about his human design and astrology, and anyway, he's born, and the first thing I do, we do skin to skin and I'm of course in this like, blissed out state, and the first thing I do as soon as it's Brennan's turn to hold him, I of course, take that in, and he's like, crying and I film it and all this stuff, and then after a certain point, I'm like, Alright, he's with the baby. Where's my phone? I haven't checked it in two and a half days or two days or whatever. Where's my phone? I start typing in and I typed in, it's so funny because I got the human design first, and he came up as a generator at first. I didn't realize generator, I'm a generator. So as my husband, like everyone in our life, except for my mom is a generator and I didn't realize that I put in the time wrong. I flipped am and pm because someone else texted me, because I texted someone like he's here, like you, someone else into human design astrology, and they're like, Oh my God, he's a mani gen, and I'm like, no, he's not he's a gen, and they're like, no, he's a mani gen and I rechecked and I was like, oh my god, he is a mani gen. This is how out of it I was, that I typed in the time wrong. But then immediately I went to astrology, and I looked at the time, and I was like, well, he definitely is like at the tail end, like he really held on to the Scorpio moon part, and then I checked the thing, and it said, sag moon, and I'm like, wait a second. I remember the time it was supposed to be Saturday, like 3pm or something like that, or 2pm whatever like was the switch and he was born or it was a 3pm or whatever, and that was supposed to be a switch, and he was born at 2:45pm, and I was like, Oh my God. But then I'm like, Wait, I'm confused, and my mom said Kathrin, it was 3pm East Coast, which is 12pm Pacific. So he waited until the moon switched to Sag moon, and then his rising is also Sagittarius. So I was like that feels, ripple fire. I was like that's him through and through. I'm a triple air, he's a triple fire. I get along with fire signs very well, like this feels like him. So yeah.



16:11

One thing I want to add really quickly, have you heard of the book called Cosmic cradle? No. It's interesting. Like I love like past life regression books, like it's my favorite, but I started recently to start to explore like pre life. So there's like a book called The souls plan, one of my students gave to me, and then there's this other one called Cosmic cradle. So it's more about pre life like the soul's choosing, which I always find really fascinating, and in cosmic cradle, the one thing

that I took from it, that just I found really beautiful and mind blowing, is essentially the soul's intention around the astrological expression, like what they'll best be able to do. So there is this idea that comes through in that book that souls do choose, like, very specifically the time and that's a really big thing, and astrology is like the blueprint. We call it the soul's blueprint, because it's the idea that when you look at the natal chart, you were looking at the souls intentionality, not by way of like destiny, and things that are set in stone, but potential and challenges, and essentially, like, it's almost like priming a garden, like the garden has to be set. For certain, you know, whatever. I'm not a gardener. I wish I was, I wish I had a yard. I've lived in Southern California too long, but just that's it's the same idea with the soul. It's beautiful. So I can't help but think of that.

K

Kathrin Zenkina 17:44

Yeah, like coming from that there are a couple of questions that relate to that. So I'll skip around for just a second because I do want to go back to something major before we dive further in, which is what if, like, someone asks, What if I'm born premature, or like premature babies? Are they still, they chose to be premature, right? They still chose that date and time.

U

18:08

So funny. I am premature. I was six and a half weeks early. So my due date was June 2, so I was supposed to be a Gemini, but I was born April 17th, 01:09 In the morning, but my chart is an Aries stellium in the third house, which is ruled by Gemini. So when an astrologer read my chart for the first time, he goes, Wow, you're like an Aries version of a Gemini, and I was like, that's really interesting, because I was actually supposed to be a Gemini and he's like, so the idea there, again, just perhaps piggybacking off of what I read in that book cosmic cradle, that's definitely like an idea that there's no essential accident of like, oh, you're just born premature. It's really like, I think this goes pretty esoterically but really just the power and the intentionality of the soul, and that is something that especially from like, intuitive or esoteric astrology that we're really fascinated in because it's like, what is the soul's intention? It's not very random. It's very intentional. So I'll just say from someone who was born premature, my chart makes a whole lot of sense. I still have a lot of that Gemini quality. So I wonder if for someone who is born premature, maybe you know your original birth date. See the similarity, See the differences and you know, the way that I teach astrology as you know, Kathrin is very intuitive. So I also like to empower anyone who's looking into their chart to not just listen to what everyone else says, but get to know the system themselves and use their intuition to see what really lights up in the body and what feels true, because you will be shown when you get into it.

K

Kathrin Zenkina 20:01

Love that. What about someone who had a great question, which is, what about Planned c-sections? Like there's a scheduled date and time, right? And I have heard before just listening from friends and acquaintances and just being in the birth space, some people worrying like, am I forcing something by scheduling my C section? And am I like interfering with my baby's, you know, natural, like decision to be born at a certain time? Or is it that the baby is implanting kind of this seed into the 3D world that somehow the doctors or whoever chooses the time of

the C section? I'm sure it's like the hospital and the doctors, right? They're looking at the schedule? Like, is it all kind of Co creating in that way to wear that baby, even though it's a planned C section, they actually chose that planned C section, date and time.



20:54

Can you see how huge I'm smiling because I love talking to you. I love listening to you. Because all I hear is your Mercury in Scorpio, and that's where your Mercury is, right? It's like, it's just so, it's my favorite, because it's so deep and meta and like multi perspective, it's the best. But here's the thing I would actually say, and again, this would really just be my intuition, not something I've specifically studied around like planned C sections, but I would say a bit of what you're talking about, like, again, if the soul is intentional, and there is an oftentimes, again, I'm not a mom yet, so I'm not super versed on all of this stuff, but C sections I know sometimes can be for the health of the baby. Is that true? Yeah. So I think that, like I had an experience a couple years ago, where I had a mentor pass, and I had a really, really, just to contextualize this a little bit how I think we're guided from the other side a lot of times, but I had a mentor pass who knew a very, very tumultuous, old relationship that I was in, I had not heard or spoke to this person in like, six, seven years, and then right after my mentor pass, and I still speak to him, even though he was gone, and then not long after one day when I was feeling him the most strongly, that x showed up where I was eating lunch and apologize to me, and I couldn't help but feel like David had orchestrated because he knew the last conversation I ever had with him was about how upset I was about that experience. So I bring up that story because I do feel like we are so in co creation with the unseen and especially the agreements that we form with children, and that's why astrology I think is so powerful, special, beautiful, fascinating, because it's a way for us to like translate the unseen. So I don't think, I think I would just invite any mom who maybe has worried about this, not to worry that there isn't intentionality, and again, maybe to go a little deeper you read that cosmic cradle book because I think it'll give some deeper context around this topic and just help someone feel like they're not playing the hand of you know, God or playing they're like making something that isn't in a co creative, a co creative dance, so to speak to their child.



Kathrin Zenkina 23:29

Yeah, like in alignment of some sore. Yeah, but what you said, what you said at the beginning. I don't feel like this is a large percentage of people listening to The Manifestation Babe podcast, it's like, you're already here, you're already into this shit. But there might be some people who need a little bit of, you know, the scientific stuff, the scientific backing, like kind of an explanation of how would a planet have any effect on my personality, on my life purpose, on my past life, or whatever. Let's just keep it to personality. Like, let's, let's get super scientific here. Like, how would any planet determine like how I show up in the world or have any effect whatsoever on who I am? How is, you know, how would you explain how astrology works to these types of people? I'm sure you've run into them, I'm sure you've come across them, I'm sure you have an answer to this. But just for someone who feels like I don't know if I can further get into this episode until I hear something that would explain it on a more logical level for me.



24:33

Oh, I love this question. Okay, my Capricorn rising is ready, so many, many moons ago, when I

was in my early 20s, I worked at a juice bar on Cahuenga right across from Amoeba Records, and I basically became a little social scientist, because those were my early days of studying astrology, and every person that would come in, I would have their sign, like just within three seconds and nothing's changed I still do that, and I remember there this guy is shopping for supplements, because it was like supplements, chooses all the things, and I'm chatting with him, helping him out, and I'm like, so when's your birthday? And he looks at me, he goes, Oh, are you gonna ask my astrology? And I'm like, Yeah, and he's like, I don't believe in astrology, and I go, are you a Virgo? And he goes, Yeah, and he was, he actually was a Virgo. So that was really funny. But here's the thing. So just for anybody who is like, this gets a little too out there. How do I trust this? What sense does this make? So I essentially, the first thing that I want to speak into is that the tropical system is based on the seasons. So I study Western astrology, that's what I've studied since I was 23, and the system that I study is the Western system or the I'm sorry, the tropical system. Now, here's what's really fascinating about the tropical system is it is actually based on the seasons. So and essentially the Gregorian calendar, which were side Dariel, which is actually what Vedic Astrology is more so based on is constellation based, and that's why I say Dariel, and tropical can have moments with each other on Twitter. I'm not on Twitter. So I don't know, but I hear, but essentially, like which ones, right? We're saying this, the constellations are here. But it's really just think of it this way, it's really just a unique bases of perspective, because if you're using the bases as the stars, you're going to get a unique read verses of bases on inside of like the seasons and more earth based. So the thing that I always like to say there's two parts of this, one's a little more grounded and practical. The other one's a little bit more meta, but very simply think of it this way, the way that this system of astrology has been created over a long, long time, this system specifically, is really taking a look at what is going on with the planets, what are the degrees, it's very exacting, and think of it this way. So you are a cardinal Air sign, Cardinal means that you are at the beginning of a season, I'm a cardinal fire, you and I are opposite sides, I'm an Aries. So we have this Cardinal quality, Cardinal means beginning of a season. So that's how we roll we're literally like, boom, like we burst on the scene, we're going into something we Spark, we start things like that's that Cardinal frequency, and Cardinal is the start of a season now a Fixed sign, like a fixed, let's say, fixed earth like Taurus, middle of the season, Gemini, mutable, changing of the season, between spring to summer. So that's a unique thing, where within the system, we actually look at the season to create characteristics, and that's why it can be easy. Once you understand the system of astrology people think it's like so out there, but it's just a system based on characteristics, and once you understand the characteristics, it's really fascinating, you can apply them and it seems magical, but it's actually just very rooted and a complete system. Now, the second piece, the moon, the moon pulls the tides of the ocean. I think our bodies are like 73% water. Yeah, like so for many women, our menstruation, we are pulled by, we're on a lunar cycle. Now, why would just one planet have an interaction in a jurisdiction with one gender or one part of the population? That's impossible. There is an interaction between planetary bodies and our bodies. So why would not the rest, this is just my idea again. Like why would Mercury not have some interaction? Why would Mars not have some interaction? Yeah, why would Pluto not have some interaction? So that's always how you know look, I'm not the most logical people who like hyper logical responses, usually they don't fuck with me. They're literally like okay, but that thing has always, that little piece has always been an interesting talking point of just like, why if we can accept that the moon pulls the tides of the ocean.

K

Kathrin Zenkina 29:47

Like moves the whole ocean and then there's little of you.



29:51

Exactly, and we have these interactions and even like my husband, he is like a freakin 25 planets in Capricorn, just kidding. But he's like Capricorn, Saturn ruled, proof in the pudding kind of guy, very scientific Mercury in Aquarius. So I knew that when we got together, I was like, Oh, this is gonna be interesting. But he has really over the time that we've been together, he's like Natalia, I cannot help but all the things that you bring forward. Like, I'll give you one example, his family's business, one time during a Mercury Retrograde their entire, like credit card system and air conditioning system or some big metal thing and their business went completely haywire, and I'm like, Oh, baby, did you know that Mercury Retrograde started yesterday. He's like, It's uncanny. It's uncanny, and Mercury is a gigantic metal planet, it is filled with metal, and it doesn't necessarily go backwards, but it does. When it Retrogrades it stops its motion. Because it's gotten too far in front of the sun. That's like the astronomical piece of it, but anyhow, what the heck, right, like all of these planets, and all of these, the ways that I just, you know, sometimes I'll end with this little, I'll end this with this. But essentially, I think about it. The thing that I love about astrology is that I don't completely understand how it works. But there is a feeling there is a knowing that is so beyond my logic, but it just makes sense, and that is the piece that science can always cover, that logic cannot always cover. But it's that piece of faith, where you don't need someone to tell you and give you every fact, it is something you feel. I always say astrology is for those. You feel it and some people don't feel it, maybe there's a different system that speaks to them. For Sharada people Human Design is a lot. It's a little bit less esoteric, even though human design is deeply esoteric and astrology of using human design.



Kathrin Zenkina 32:01

Exactly. That uses other esoteric systems to create something that seems like it's not esoteric, but it actually is in human design, and I'm probably gonna butcher this.



Natalia Benson 32:10

No you're about to say, what I'm about to say. say it, Exactly what you're gonna say. Neutrinos, yeah, Neutrinos. See so human design explains like when I'm like a baby student in human design, but I love it, I just I love it, and it's honestly made me a better astrologer, like reading and getting deeper into human design. But neutrinos when I learned about those from like, my girl, Erin Claire, I was like, what?



Kathrin Zenkina 32:10

Oh, my God, I love Erin. She needs to come on the podcast too.



Natalia Benson 32:47

Oh my god, she is the best, and she has had her baby, baby Willow, who's a mani gen too and a sag. So it's just, it's when I heard the concept of neutrinos. I was like, oh, that's the

unexplainable piece of understanding the interaction between planetary movement, planetary placement, and the human being, and oh my God, it's just I geek on, it's so hard. It's fascinating, but yeah, exactly. What you're gonna say, neutrinos to me is essentially what we're talking about in that kind of mystical force that is truly beyond logic, it is something that you just have to be like, I'm open to this or I'm not, but either way it's working in your life, which is fascinating.

K

Kathrin Zenkina 33:36

They say that, like Ra Uru Hu, which is the guy who channeled the Human Design System, learned about neutrinos from the voice, and he, I think he like learned it, I channeled it 10 years before scientists discovered that there actually is such thing as a neutrinos, and basically, like neutrinos are like, for example, there's cosmic rays that shoot out these subatomic particles that carry masses of information, and before it was like, confusing, because it's like how can subatomic particles carry masses, but they do, they've proven it scientifically, you guys can look this up, and basically, in within those masses are information, and so there's information being spread. Like I think that the, at the time that human design was channeled, there was a massive like amount of neutrinos that flooded our planet, and so whoever picked up this information, picked up some good information and basically, like when you're born, when you come out of the womb, when you go from soul to human body, whatever neutrinos are currently being passed at that time, in that location, on that date, from whatever planet, like each planet knows cosmic rays. I mean, I don't know technically exactly how this happens. But like there's cosmic rays that come from the sun. There's cosmic rays that come from the moon. There's like every single one of these planets that Natalia is talking about, though and especially the archetypes that you go into are those neutrinos, like you're getting the neutrinos from those different archetypes, and that's literally what your soul said, I want these, like your soul knew that neutrinos are going to come through, but like let's not, let's keep it logical for now, your human body is accepting or allowing those neutrinos or not even allowing it happens whether you allow it or not, the neutrinos are passing through, and then therefore those bits of information, get into your unconscious, and then that's how what you express throughout your lifetime. So that's like the explanation that's made so much sense for me. Not that I ever doubted it. Like I'm one of those people. I'm like, I've been esoteric since I was born. It's just like, I was forced to be more logical growing up and forced to be more scientific. But I've always known that science is just trying to prove what's already been in the spiritual, like science is only catching up. It's not that there's like any separation between the two. It's just like, science has not caught up to explain a lot of this esoteric ish seeming stuff that exists. It's just that as time goes on, we get more information, and then people are like, Oh, look, maybe manifestation is actually real, after all, and I'm over here like talking about it long before it was ever cool. someone the other day commented on Instagram, saying the only reason why my business is successful is because I'm riding on the coattails of manifestation as a buzzword, and I'm literally like, ma'am, when I started talking about manifestation, people literally, like, handed back, like I would give them books because I wasn't a teacher yet. I just was a huge student of it. Back when I was like, 16 17, 18 years old, and people literally hand me the books back and be like, this is a load of crap, and then when I would post about it on Instagram, people be like, What the hell are you talking about, ma'am, and so.

N

Natalia Benson 36:55

But it's so beautiful, and I just keep hearing and seeing your Mercury in Scorpio because your

willingness to just express that which, because that's that Scorpionic frequency. I'll speak into this real quickly. But it's like, truth, truth bearing, and that's why, like if you ever see an astrology meme, like having a moment about Scorpio, it's just because Scorpio is so committed to truth, and to really going deep, and so when you have a Mercury in Scorpio, like, you're just like, I have to share this, like this is just, it's essentially like a very powerful channeling placement as well, and to channel things before they're necessarily popular. It's having that kind of, just that willingness to see and allow what you feel to be expressed, and Scorpios are typically very comfortable doing that. It depends of course, but yeah, it could be an archetype of the Scorpio that Scorpionic placement.

K

Kathrin Zenkina 37:55

you are intuitively picking up on my questions, because someone was like, Why do Scorpios get so much flak? Why are they just misunderstood? And I have to say like my growing up, my stepsister was a Scorpio, and I just associated all Scorpios with my steps, and I was like, I personally didn't like Scorpios or I thought I didn't like them, and then now I have a bunch of my life, and I'm like, no, they're pretty cool, and then I learned that I have a ton of Scorpio energy. My second house is in Scorpio, my Pluto, My Venus and Mercury all in Scorpio. Lots of Scorpio energy and then I'm like, okay, maybe they're not so bad because then like, I'd be bad. So like, what's the deal with Scorpio is, Is it what you just said? Like they're very truth speaking, and some people think that they're a little bit too blunt, and too forceful, or like what?

N

Natalia Benson 38:44

Here is my sort of super, super, way too deep that nobody even asked for explanation of why I think, I think there's a moment that people will have with Scorpios because basically, so Scorpio is ruled before Pluto was discovered as a planet, and now according to mainstream science, Pluto isn't a planet but to astrology, we still utilize it as a planet, I love Pluto, Pluto is important, and Pluto is about to move into Aquarius, So there's lots going on. But here's the thing, like Pluto is, it's frequency has to do with deep transformation, death, the subconscious, not always so much physical death, but the death of the ego, and things that humans don't really love to face where it's like, deep transformation, deep change, deep feeling, death, the death of the ego. Now Scorpios original ruler before Pluto was discovered was Mars, and when Pluto was discovered, which I believe it was sometime in the 20th century like mid 20th century or late 19th century I don't remember. But when Pluto was discovered, astrologers were like, Oh, this is the ruler of Scorpio. This makes way more sense, but Scorpios still have that Mars Pluto dichotomy going on. One of my best friends is a Scorpio and even though she's a Scorpio, doesn't have a ton of fire in her chart. She's got some Sag going on. She is, we just understand each other because I as an Aries, my ruler is Mars. Mars is that intense, go getter, warrior, go first, Take action. It's a very full on energy. So think of this Scorpionic personality, Mars and Pluto. Okay, that's a lot going on. But Scorpio, the archetype of Scorpio they say is the alchemist or the seer, and Scorpios are just very, they're very deep. They're very sensitive, they are fixed water. So just like the stubbornness of Taurus, which is typically associated with stubbornness. Well, Scorpios can get emotionally fixated because their element is water, their modality is fixed. So they can get really just like that's why the quality of obsessiveness can be associated with Scorpio. But by the way, we all have every single sign animated in our personality, but some more than others, which is your placements. So before you, you know, talk shit on any sign. I have to call myself worried about this sometimes, too, but it's like, it's all animated within us, but some are more specifically. So with Scorpio, I just think Scorpios have

this depth that not many people want to venture to, and not to say all Scorpios because we can never stereotype in astrology, like if you want to stereotype in astrology, you're getting the most shallow version of what's possible. There are billions of combinations in a chart. So not everyone's going to express similarly, but with Scorpio, that Mars energy, that warrior like energy, that action energy, and the intensity of Pluto transformation and depth, yeah, it doesn't, it doesn't always fly with everybody. But at the same time when a Scorpio is coming from the heart, they are just magnificent, because, as I said, they have that seer qualities. So they're very attuned, and again, when they're coming from the heart and not the ego, they have the propensity to help you take deep accountability in your life. Because for again, the Scorpio coming from heart, they take the deepest accountability, and they know the reward on the other side, Pluto, just like Saturn is a very intense planet, but when we show up for the challenges, the reward on the other side of the challenge is beyond what a Jupiter or Venus energy could deliver.

K

Kathrin Zenkina 43:11

I want to speak on that for a second, because again you are literally picking up on all my questions. I have a Pluto in Scorpio in my second house, which to anyone unfamiliar with the second house, the main thing that I know about the second house is that it's the house of money, right? Yes, and I think that people might think like, oh, God, this means that I'm not going to have success in that area, or it's going to be like this really bad thing or it's going to be a lot of bad luck or whatever they think of Pluto or these more negative aspects, a malefic placement, but I feel like my second house is doing pretty okay, so can you can you speak to this a little bit.

N

Natalia Benson 43:51

Never forget when I saw your chart, and I was so excited because you know, I've been into you for a long time. So when I get to see the chart of people that like, I know their work, like I follow them, cuz again, I'm a I'm a total geek, and I call myself a social scientist, and I say that in a silly way because I like to see what the expression of someone is and then what their chart is like, and what I found so freakin wild about you, Kathrin, is that you have Chiron in the 10th house, which Chiron is your most public point. I'm sorry, I'm sorry. Erase that. The 10th House is your most public point, and Chiron is deep, emotional and spiritual healing, and then your second house which is also associated with success, on stability, finances, you've got some heavy hitters in there, like you've got Pluto right, and the idea is that when you, so let's just talk specifically about Pluto and your second one is thought that I was like, Oh my God, she has found a way to dance with this energy so that it could deliver the gifts and what a lot of people would probably feel and I'll rewind that. But what I think what happens for many of us, myself included at times is we see the challenge is something there to level us. When the challenge is not there to level us. It's there to help us rise and your Pluto in the second house of money. I know your journey with money because you've talked about it, and the way that you were able to transform and catalyze that is the Pluto placement, and everybody has a Pluto placement. So you are meant to catalyze some shadow, some darkness, some deeper pain to therefore create some powerful, unspeakable reward on the other side, and the thing with Pluto is it's kind of secretive just like Scorpio energy like secrets. It's got things that it holds. So it's not going to dangle it like a Jupiter placement where it's like, Hey, do this. Here's this on the other side. There is unspeakable magic when we're willing to show up for the pain, the challenge and

the depth of our Pluto placement. So you really did that with the money stuff. You really figured out, what sign is it in again? Scorpio. Oh Scorpio in the second house, cause Pluto naturally rules Scorpio. So again, it's like double the Scorpio energy. So going deep, not taking money at face value, but going into the depth of how it works, and like the energetic sense, the emotional sense. All of the things that

K

Kathrin Zenkina 46:48

I've done in my life, yeah, and like my Jupiter is in my 12th house, which I know is a subconscious and I'm obsessed with subconscious, and anytime I, you know, just I have created a lot of success in my life, just teaching on the subconscious and how to manifest using your subconscious. So that always seemed more obvious to me, and then just like connecting it to like, the huge rewards that are kind of gonna come out of you really facing the subconscious parts of Money where Your Pluto is. It's like wham bam, Thank you, ma'am.

N

Natalia Benson 47:25

And here's the thing with your Jupiter not to skip around, but I'm sure I'm sure everyone's gonna want to know this. But it's really fascinating. Kathrin about your Jupiter. I'm assuming it's in Libra. It is. Yeah, so does your ascendant in Libra. So Jupiter in Libra in the 12th house. So what's fascinating about this is Libra is the archetype of the harmonizer, balancing, beautifying, and then the 12th house is the realm of the soul, the subconscious and deep spiritual healing, have you not beautified and harmonize that process and why you have tapped into that gift and into those jupiterian gifts and blessings and expansion, is because you unlocked that combination. Most people look at their placements, and I know this just from teaching this for so many years, and they're like Natalia, that doesn't go together. That doesn't make sense, and I'm like you're thinking, I say this with love, but I'm like you're thinking way too logically. I'm like, you've got to look like if it's here, it's here for a reason, and if you're willing to get creative, and trust the feeling and the subtleties of your heart, you're going to unlock it. But if I looked at my Venus in pisces in the second house and was like, Pisces and money don't go together, which is an old, like, let's say that's like an old thing in astrology, because that has been said with Neptune. Not true, I teach the, let's say like, the spiritual depth around financial stability. So all goes together, you just have to get creative. How can I unlock this? And so for you, babe, I just, I geek on your chart because you're living it so powerfully, and it's you know, I love it because your students here, your listeners, your community, they know you. So then to hear the astrological placements, it's just freaking fascinating. It shows what's possible for all of us, and what we get into it.

K

Kathrin Zenkina 49:31

I totally agree. Um, speaking of money, can our charts show us where the money is? I know you kind of spoke on that, like Yeah, anything can lead to money. But like there's a lot of talk about, you know, I just like let's go into like tiktok astrology.

N

Natalia Benson 49:47

I knew you're gonna say that. Why are we like, we're just feeding off one another. I'm like, my

I knew you're gonna say that. Why are we like, we're just reading off one another. I'm like, my girl's about to talk about tiktok. I can feel it.

K

Kathrin Zenkina 49:58

Well, like, you know, Random tiktok astrologers or astrologists. Okay, whatever you guys Googled, okay use that one, whatever is more accurate. Like they'll they'll just talk about, like, if you have this in the sign or this in this house, like this means money, So we'll talk about that.

N

Natalia Benson 50:19

I don't like that. There's possibility in every placement, and that's what I teach, because I don't think we should use such a powerful system against ourselves. Like your astrology isn't there. Like of course there is an element of destiny to understanding your natal chart. But remember, you are a creative being. So you are creating through your life, the planets do not compel you to do anything, but if you are living from your subconscious, so Carl Jung was an astrologer, and he has an incredible quote, I might have to Google it. But it's such something like, If you do not understand the workings of your subconscious, you will experience things and call them.

K

Kathrin Zenkina 51:06

I love this quote, it's really powerful. Wait, I wrote this down somewhere.

N

Natalia Benson 51:10

Call them like, faded. But the idea is like when we get.

K

Kathrin Zenkina 51:14

Here, I'll read it. I literally wrote this down like the other day in Fiji, I think it came from that was reading, it's so special, so good. When an inner situation is not made conscious, it appears outside as fate. That one.

N

Natalia Benson 51:36

So good, and this, I always like to be just mindful and respectful. Because, of course, there are certain oppressive systems where we don't want you to think, oh, I moved through something that feels extremely collectively biased and unfair. This is more So speaking about the things that we can handle in our own unique expression of moving through the challenges in our lives, the things where it's like, okay, this is occurring right now, in this moment. What can I do with this? How can I shift my relationship to this thing, and what happens so often is, we all move unconsciously through our lives, and we don't understand the power of the unconscious, the unconscious, and so as you talked about, with the neutrinos and the planets, and all of the things, well, your chart is essentially moving and animating unconsciously, and when you

become conscious of it, you can move it consciously, and that, to me is where we take the power back instead of just being at the whim of what's told to us at the collective, or what we've been told growing up, or what we're told by people around us, but instead understanding ourselves at that deep, prolific level. So that to me, is why astrology is empowering, because we can return, don't use it against yourself. So anyways, I go on rants every time people say they love it like that, because I'm like, I don't want you to look at, it's like a closed door. Because it's not, there's possibility and opportunity and every placement.

K

Kathrin Zenkina 53:17

I have an interesting question, just to piggyback of that, I know that you have a positive spin for everything. I know that, like I just know you. But like, what is a placement that you see in someone's chart that makes you go? Oh, no.

N

Natalia Benson 53:30

Oh my gosh, well, here's the thing. Let's see, like, some of them can be challenging, but it's not actually a placement. It's actually they're called aspects. So squares, and most opposition's are very challenging, squares are challenging. I have a lot of them in my chart, like I've overcome a lot to figure out my make up. I wouldn't say it's any specific placement other than if I see, like Pluto and Mars tightly conjunct in a water sign. But then again, I have seven planets in fire. So water signs overwhelming. Like a fire. I'm like a fire creature. So I wouldn't say specifically, there's any one placement where I'm like, oh, no, but I will guide, I don't do sessions anymore. But I will guide a client or a student to be like, hey, here is something that is likely very challenging for you or has created challenge or pain in your past. Here is the key to unlock it, and that's what we can really look out with the aspects. Okay, specifically, but there's no one placement that is like negative because again, they can all be made out of something, but something really interesting. I wish if astrology was more mainstream, I just wish I could walk up to someone and be like, Hey, you're having this experience in your life. Can I look at Your chart because I want to see what are the, what's going on in there and like how can we unlock some of the squares opposition's, potent conjunctions to create opportunity? Because that's what the chart does.

K

Kathrin Zenkina 55:13

That's so interesting. So like, let's say, I do see some squares and opposition's like, I'm on an app called, what is this, this is my mom from tiktok, okay. She like, gives me the apps and stuff, and like, some stuff is really good. What is this app? I think it's time passages.

N

Natalia Benson 55:31

Oh, I was gonna say, that's my favorite. There we go. Not my app. I wish there's a labor of love to make an app like that. But no, not on the app that I use. Okay, I suggest to everyone to use.

K

Kathrin Zenkina 55:43

Kathrin Zenkina 56:15

yeah, I'm on time passages Pro and I really love the explanations of things. There's a lot to go into here, and of course, like even having all these explanations, I still want to hear what Natalia has to say, because of her explanations I think are better, but like let's say I see some squares and some, squares and opposition's and yes, which are strong aspects so like, let's say like this thing says, Hey, like shit luck in this, you know, part of your life because of the square. How would I approach this.?

N

Natalia Benson 56:15

So here's the thing actually, I love this question, babe. I love it. You're like, you put a positive spin and that's my Sag Moon I'm like, there's opportunity in everything. You have to, it's like we have to hold to the energy of possibility otherwise we just lean into our negativity bias which we all have and we don't have the energy, we go, we move into inertia, so Okay, so here's something that actually can be challenging for every single one of us, Chiron, so Chiron is what's known as the wounded healer.

K

Kathrin Zenkina 56:50

I have a square, Chiron square Pluto.

N

Natalia Benson 56:53

Girl, that's potent. So you have Chiron. Do you have Chiron in Aries?

K

Kathrin Zenkina 57:01

It's actually in Leo, which is my mom and Orion, which is very interesting.

N

Natalia Benson 57:07

Okay, so that's powerful. So Chiron in Leo, square your Pluto in Scorpio. So that is a very very powerful aspect but Kathrin think about your life experience. What house is Leo founded for you? So what house is the Chiron in?

K

Kathrin Zenkina 57:28

Hold on, hold on, Chiron is in the 11th house.

N

Natalia Benson 57:32

Okay, so 11th House, Chiron squaring Pluto in your second house Money. Dang, babe. Okay, So Chiron is found in the 11th house, which is groups of people, Life vision. Wait your Chiron isn't in your 11th. He is your 10th.

in your 11th, it's in your 10th.

K

Kathrin Zenkina 57:52

No, it's an 11th. Are you sure?

N

Natalia Benson 57:56

I'm almost positive. I was just talking about your Chiron in the 10th. Maybe your Chiron is the 11. Well, Let me see your chart.

K

Kathrin Zenkina 58:05

Yeah, hold on.

N

Natalia Benson 58:07

We got to get to the bottom of this. Okay. You see Mars, you have Mars in the 10th. Yes, and then Chiron in the 11th. Okay, so, thank you. So, the 11th house, is the house of hopes and dreams, large groups of people that you may never meet. The top of the chart is usually ascribed to the way people see you, the way the public sees you, like your outward expression, and then the lower part of the chart, is your more unconscious private self. So you'll find oftentimes people with very active 10th and 11th houses, are usually in the public eye in some capacity, and with the 11th House Chiron, you are healing through, man this is this is powerful. Let me see if I can synthesize this. You are essentially doing deep spiritual work through large groups of people. I mean, that makes sense, and the fact that it squares your Pluto. So Pluto is a power placement, but Kathrin I also know you've gone through a lot to continue to like step forward, be seen, deep, deep work on yourself, and that is, that potent energy interchange. Exchange rather, between Chiron in Pluto, because Pluto is like if you want to create power in your life, and the lives of others, and financial stability, creative strategy, fight physical manifestation, you must heal and you likely first started to heal through, this is going to sound interesting, but Leo rules the heart. So it's like heart energy, and then the 11th house is, I wonder if you even got involved in groups that could help you understand yourself more deeply. I have a feeling you did a bit of this alone, but at the same time, there's still a quality of healing with groups, so you can heal groups of people. Does that make sense?

K

Kathrin Zenkina 1:00:12

It does, It totally does. Whoa, okay.

N

Natalia Benson 1:00:16

That's a powerful one. I was gonna say if somebody has Chiron square Pluto, that would be powerful to experience.

K

Kathrin Zenkina 1:00:23

So like then, by me doing the healing work, I am approaching my square, and turning into an opportunity rather than something that can deeply hinder me.

N

Natalia Benson 1:00:33

Exactly like, where is that first time, sure. Things felt a little bit, things with an aspect like that. I'm sure at the onset of frickin scaling that mountain it almost feels impossible. Yeah, but you're willing to just like put one foot in front of the other, and you have, like the thing with a Chiron placement. You have to trust whatever your version of a universal forces, you have to trust, Like something beyond your mind. Because Chiron is, Chiron is intense. It's a powerful, It's an asteroid, It's a dwarf planet. But it's a powerful placement and in our charts, like when people have Chiron returns. You move through some deep metamorphosis. So one of them is in midlife crisis. So when people have midlife crisis, they're actually having Chiron return. Yeah, they're having a Chiron return.

K

Kathrin Zenkina 1:01:32

So is that when you're like 50 years old, what would you say?

N

Natalia Benson 1:01:36

Yeah, let me see how long it takes Chiron to transit. This is what I'm googling all day long. Does it take Chiron, oh my god, I love when Google is like, I have no idea what you're typing. Some times it can't like figure it out.

K

Kathrin Zenkina 1:01:56

Because people are familiar with Saturn, Saturn Return being 29 years. Everyone knows Saturn.

N

Natalia Benson 1:02:02

Yeah, we have returns of everything except for like the outer planets. Because they're, we don't, you know, supposedly we don't live till we're 250. Hold on, supposedly, I mean, if you get on YouTube, you can find all kinds of things. Hold on. I'm not, you know, when Google gives you those, a chiron return occurs around when you turn 50, and so you know how they usually say in that timeframe, and then this the second Saturn return is like 54. So that chiron check in is the same as a Saturn return. The second Saturn return, isn't typically as intense. Look, the only way that your returns will be intense, is if you've been ignoring yourself, because we all, whether we're aware of it or not, we do have a spiritual component to us, and not to say everybody has to think this way or believe this. But the soul has a purpose for the way it moves through an incarnation, and if we want to go there, it's really looking at the planetary

movement, and how it compels us to grow and deepen throughout our lifetime. Nobody is immune from challenge. Nobody, right? So the planets have these almost like cosmic check ins. But again, you're experiencing them through you, it's not the planets doing anything to you.

K

Kathrin Zenkina 1:03:28

Not like they're knocking at your door, and they're like, Hello.

N

Natalia Benson 1:03:30

Yeah, like when people have moments with like, how terrible certain planets are. I'm just like, I invite them to like, take ownership because it's not about anything that's doing it to them. It's like, how can, how do I put this, it's just like how can I metabolize this through my experience? And sometimes you're not ready to do that. Like it takes time like nobody, I never asked anyone that I work with to rush that process of understanding. But yeah, Chiron returns are powerful. Okay, amazing. But yeah, the midlife crisis, is because of a Chiron return.

K

Kathrin Zenkina 1:04:07

That makes so much sense. Isn't that funny that like, there's explanations for everything. The planet explanations are everything. Okay, What are what are your personal favorite signs, houses, placements? Like, what do you see in a chart that makes you go ooh.

N

Natalia Benson 1:04:28

I would never choose a specific sign. Obviously, I really like being an Aries, but it has its moments.

K

Kathrin Zenkina 1:04:35

I married one. So I know.

N

Natalia Benson 1:04:36

I know. We love, I love Brennan so much, when I see him, like when you guys are interacting, I just see the astrology, I'm like, it's so good. But here's the thing. So I would say what I love to see in a chart is very simply a, here's what I look for. I like to look at elements. So I Like to see what elements are animated and predominant, because when I help someone see what elements are, I'll say this again but predominantly animated in their personality. It gives you so much permission to be yourself, to run your energy the way you read your energy, some people like, I'm a fire sign with seven or eight planets in fire, all air and a very little bit of Earth, very little bit of water, so I run energy and move through my life very differently than my husband, who is like I said, 25 planet, he's all the earth and all the water, tiny bit of air, tiny bit

of fire. So I love when I look at a chart to see what is going on in terms of the elements, but Kathrin you're not about to make me pick a favorite sign. Okay, favorite house then? Well as a business and money mentor. I love looking at the 10th house.

K

Kathrin Zenkina 1:06:02

Oh, 10th house? Oh, yeah. What were you gonna say?

N

Natalia Benson 1:06:05

The second house too, second house is money, Yeah. They go deeper than that, and 10th house is career.

K

Kathrin Zenkina 1:06:12

So is that like someone asked like, Are there, hold on, It had something to do with like entrepreneurial placements. Are there any useful placements for entrepreneurs or something that can kind of predict this person doesn't like to be told what to do, and wants to be their own boss?

N

Natalia Benson 1:06:27

Well, yeah, there are for sure. So first, something that I teach without spinning off into another, like geekery direction. But very simply, I teach something called traverses and what these are, just I'll explain this as simply as possible, because it's really cool once you grasp it. But what I help people do with traverses is it's actually taking the house rulers a step further, which I never really learned house rulers in my studies. So that's why as an Aries astrologer, I'm reading 1000s of charts at this point, they're just things I've come to, just really see just from utilizing the system and seeing what can happen beyond just what traditionally has taught. So in the 10th house, which is synonymous with, let's say entrepreneurship, business career, long term, goals, success, impact that you want to make over a long, long period of time. So basically, what you can look at with a traverse, is you can look at the zodiac sign or signs that are traversing the house, it has nothing to do with planets. It has everything to do with the signs that are, I call it traversing because I get this funny thing, and when I teach it, I literally get out of my chair and I walk across the screen, because I'm like, I'm traversing your 10th house. So think of if I'm walking across the 10th house, you I want to know what zodiac signs are there, and how are they animating that part of my life. So if I have Aries and Taurus predominantly, Aries in the 10th house, that's going to give me some interesting, like archetypal information about how that person relates to their career, their business, and I would say Aries traverse the 10th, doesn't necessarily mean solely entrepreneurship, but definitely an entrepreneurship type placement, only because Aries do not like being told what to do. So they need to be in some kind of leadership. She's like, I know you don't have to tell me twice.

K

Kathrin Zenkina 1:08:40

Kathrin Zenkina 1:08:19

I have like my 10th house has, and I always forget how to read these things. But it's like, I know my Mars is in the 10th house in cancer but also my 10 house crosses Leo, so like what exactly am I looking at?

N

Natalia Benson 1:08:55

So your traverses are Cancer and Leo and that's what animates your 10th house of business. So cancer is the archetype of the nurturer, and the archetype of Leo is like the performer. The nurturing performer in your business.

K

Kathrin Zenkina 1:09:17

I am the nurturing. Hello, everybody. Welcome to The Manifestation Babe podcast. I am your nurturing performer today.

N

Natalia Benson 1:09:25

And Leo is about expression. So it's just like shining. It's like how can I shine, bold, big, but the cancer energy is very emotionally attuned and genuinely wants to take care of people at a spiritual and emotional level.

K

Kathrin Zenkina 1:09:42

This makes so much sense. Okay, let's start to pick up the patience a little bit on some of these questions. I just want to touch a few more and I know we're already over the hour which I could talk to you for like a bazillion hours. So we'll probably have part two and three and four and 20. Okay, a big question. This is just interesting, I was asking people for questions like that normally don't show up in other podcasts about astrology. At least, I haven't heard anyone talk about this, like, can a chart predict your death? That was an interesting question.

N

Natalia Benson 1:10:19

I've never, Okay, so I'll tell you guys an interesting, very quick stories. So again, as that social scientists piece of being an astrologer is, again, you're not just looking to, So personally, I don't do predictive astrology, but there are definitely movements, and what would be the word, combinations, where you could explore how something could mean something specific. So that's like my very political answer. So here's the thing, when my best friend's father passed, I actually, and she did this willingly because she's very into astrology. So basically, we were on the phone, and she was like, Would you be willing to look at his making a chart of the moment he passed? Because I know when he passed, and I was like, Okay, let's look, and there was a very, very interesting synthesis of Chiron and his 12th house and the Part of Fortune. But here's the thing or something like that, I don't remember. But what was interesting is again, you don't want, number one, I hate to break it to everybody, but we're not getting out of here alive, and

that's just the rules, and in addition to that, there are so many combinations that someone could look at, to explore the actual physical passing. I personally, I don't want to know to be honest and I don't really think anybody wants to know.

K Kathrin Zenkina 1:11:58

But you know what's starnge, Natalia, my mom, she says, she knows what age she's going to die, and she keeps repeating it and I'm like, Mom, shut the fuck up. I don't want to know.

N Natalia Benson 1:12:09

Joseph Murphy would say stop saying that

K Kathrin Zenkina 1:12:12

Right, and then and then she's like, No, every psychic I've ever talked to has agreed with me and I'm like, Mom, like why would you want to know that? And she's like, actually, it gives me so much peace knowing I still have time, and at the same time, I don't have all that much time and so I need to like live it up a little bit. For me, I don't want to know.

N Natalia Benson 1:12:29

I don't want to know either, and here's the thing like, they're like, I've seen this Google. Do you know how there's like typical Google answers to things, and so many people Google stuff like that, So Pluto going across your 12th house like well, I just survived the Pluto going through my 12th house. It transformed my entire relationship to my subconscious and physically how I looked, because Pluto crossing your ascendant, your Ascendant is how you physically look if you see old photos of me, I am a completely different person.

K Kathrin Zenkina 1:13:02

I want to know this, I want to know if this happened to me or will happen, like when.

N Natalia Benson 1:13:09

So for Capricorn Ascendance, that is activate, I actually found this really cool blog many many eons ago and the guy did this whole thing about Capricorn Ascendance because we had Pluto cross the ascendant or Pluto going through the 12th. Now it's going to be next for the Aquarius ascendant, so depending on where their ascendant degree is they will have Pluto moving through their 12th house, and the powerful thing about Pluto through the 12th is it's very deepening, where you have to like go into the soul, you have to pay attention to the subconscious, and then Pluto crossing the ascendant will physically transform how you appear and how you put yourself out to other people. But the thing is, is there's other things in the chart that can do this as well, but maybe nothing as profound and deep and even challenging

as Pluto. But remember, Pluto has rewards. I know, I remember, I never say this to be like, Oh God, like our eyes start going, you know, glazing over, but the thing is, is that Pluto remember, it has rewards within it. So when we're willing to show up for the process, there's unspeakable magic that comes from it.

K Kathrin Zenkina 1:14:25

What is a part of fortune and I remember looking into this, many different times, kind of reading in it just nothing really stuck from it, but I keep hearing it, what is Part of Fortune?

N Natalia Benson 1:14:42

So the Part of Fortune, is actually it's not a planet. It's a mathematical equation essentially based on your Sun Moon and rising and if you have a day chart or night chart, so don't ask me how to calculate it. I have no idea

K Kathrin Zenkina 1:14:59

There's a calculator, I'm doing it right now you guys, you can just google, part of Fortune calculator.

N Natalia Benson 1:15:03

Exactly. So it's basically a calculation, it brings together your sun, your moon, your ascendant and then has a specific calculation based on if you're a night chart or a day chart and then it'll give you your part of Fortune placement.

K Kathrin Zenkina 1:15:16

I'm in Pisces.

N Natalia Benson 1:15:16

Nice, What house?

K Kathrin Zenkina 1:15:16

Hold on. How can I tell? I don't think it's telling me.

N Natalia Benson 1:15:17

Where's where's Pisces in your chart?

K Kathrin Zenkina 1:15:19

Good question. Hold on. I feel like I'm pulling up so many, dozen tabs right now and apps, hold on.

N Natalia Benson 1:15:33

Welcome to my life, like especially anytime I'm talking about or researching astrology. It's like all the tabs are open.

K Kathrin Zenkina 1:15:40

Wait, what is Pisces look like again? Because I don't have any planets in there. I don't see in the list.

N Natalia Benson 1:15:45

Pisces is like, look at my fingers really quick, like this, and then there's the line in between, it's the two fishes.

K Kathrin Zenkina 1:15:53

Yeah, yeah. So I see it crossing this. Oh, yeah, nevermind. I have something in Pisces, I think, fifth and oh, because it's part of fortune in here, duh. So fifth and sixth house. So it's mostly in the fifth, a little bit in the sixth.

N Natalia Benson 1:16:08

There we go. So is your Part of Fortune in the fifth? Yeah. Okay, so is mine. Interestingly enough, it's in Gemini., but wherever the Part of Fortune is, that can be where you have a specific talent. The Part of Fortune, I love it. I mean, it's fun. It's kind of like a unique octave of Jupiter, Venus, it's kind of just like a, as the first astrologer put it, that I ever learned from he's like kind of like extra tokens for the arcade. There's kind of like a fun, not a fun quality, but just sort of like a supermario boost quality and to that area of your life. So for you, your Part of Fortune is in the archetype of the spiritualist creative in the area of creativity, inner child, self expression.

K Kathrin Zenkina 1:16:57

Okay. So that's where I hold my talents, you said.

N

Natalia Benson 1:17:01

It can be a place that you have a gift or a special talent that you can activate, it's also can be known as like a prosperity placement too, so when you tap it, you can create prosperity.

K

Kathrin Zenkina 1:17:13

Well, talking about money, you guys like there's another placement right there for you. Okay, I have one last question. I think and we'll wrap this up here. Even though like I said.

N

Natalia Benson 1:17:25

I had so much fun. We both said before we even came on, we were gonna have a blast. So I'm just loving this.

K

Kathrin Zenkina 1:17:31

Yeah, I always set an intention for podcasts, and this specific one, I'm like, we're gonna have fun. We're gonna have fun and educate people. That's what we're gonna do, and by we, I mean Natalia. Of course, I'm just squeezing the fun out of her. What if you were born, so my mom is kind of obsessed with this one, and she's constantly trying to research this. What if you were born during a retrograde, which my son was born during like three or four of them, that passed in August of 2022. So like, what does that mean?

N

Natalia Benson 1:18:05

It's actually quite typical, because from my understanding most of the outer planets they retrograde every year. So Mercury is closest to the Sun. The Sun represents our consciousness. So we are much more aware of Mercury Retrograde, because again, the closest planet or I know Venus is closest to the sun. But Mercury is very, very close. So we are often very aware of that which is going on near the sun because of you know, whatever, that's the sun represents our basic consciousness. But here's the thing, planetary Retrogrades are, they're typical and common, so it's often that someone is going to have a retrograde in their chart. Now in terms of like, let's just look at it more like esoterically, the way that I see a retrograde planet in the chart, like a natal retrograde is two ways. First, I see it as something that is undone that you are, maybe that you left from another lifetime or something that isn't extremely animated in your personality, that you have to work a little harder to either bring to fruition or to animate, the idea of like the more esoteric perspective that a certain planetary placement can represent something that it's almost like Saturn can represent this in the chart like basically, Saturn. Let me see if I can put this really straightforward, but the idea of Saturn is, this is an area of your life or your soul's maturity that you haven't really aced yet. So wherever Saturn is placed, it has that quality of something that, from a multi lifetime perspective. You haven't really figured out just yet and retrograde planets in my opinion, kind of take on the same kind of energy where it's not as robust or pronounced as Saturn placement. But if you have a retrograde in the chart, it can be something that isn't as animated in your personality, that's a little more internal facing and you have to work to bring it out or depending on what you're into. It can also be you

know, something that you just haven't really figured, that you kind of left undone from another incarnation, and it's important for you to explore it, and work with it. Yeah, and look, I have Neptune in the 12th house, like everything to me is like past lives, and that's really how I also view astrology is really from your soul and like multi lifetime perspective. I find it so fascinating.

K

Kathrin Zenkina 1:20:49

I kid you not, I had a rapid resolution therapy session before this podcast, and I was working through a fear that I had. That started when I first got pregnant, and it comes from like, being hyper vigilant, protective, like, Oh, my God, something bad's gonna happen to my family. I gotta protect, protect, protect. So Dr. Jon Connelly, he cleared it for me, and it was hilarious because the most impactful clearings that I've had, he's had me go to past lives and realize that ultimately, nothing bad actually happened because it's not this lifetime in which, it's like the end all be all, like this lifetime is everything. It's actually like my shaman says Don Javier, he says every lifetime is so tiny and short, and just a little blip, that you would be amazed by like all these things you make so important, and of course it is at the same time so important that you enter a lifetime, you live your purpose, you learn the lessons that you come here to learn you, you know, fix whatever happened in the past life, and not in like the scary karmic way, because I think people get stuck in like, oh my god, the reason why I'm experiencing debt or experiencing a broken marriage or broken childhood or broken families, because of this bad thing that I did in the past life, I don't think it works that way. I don't see it that way. But like, there are some elements where it's like maybe, like exactly, like how I held on to this fear, coming from a past life, he made me realize like, it really is not that big of a deal, and it's not your journey for this lifetime. But your soul kind of mixed up the old journey with the new journey, and oh my god, I'm telling you, whenever he takes me to a past life, it's like, I know that transformation is going to be guaranteed and like the way that I feel now versus this morning, that fear is completely gone. So I love that you address past lives, because anyone who has not gotten into past lives that I urge you to, somehow doing like a past life regression or just reading up on it because it brings such an element of peace and understanding that I think that only focusing on like what's wrong with me in this lifetime or I did something bad or like there's something off or whatever, there's like a fear, especially fears that don't make any sense typically are from past lives. Like if you can't connect it to anything that happened. You want to go to the past life and working with some sort of expert, there's a gazillion modalities and I never say like this is the ultimate way. But there you know, whatever modality works for you, if you can, like go and sort that out in a past life, I'm telling you the transformation is amazing.

N

Natalia Benson 1:23:22

I'll say something so fast, because I gotta give a shout out to Leo Max. He is a like, 25, I'm just kidding. But he has every planet in Scorpio. He's actually one of my healers. He's a hypnotherapist that I work with, a dear friend, and I did a session with him where, I mean he does like deep, like Scorpio style, like freakin four hours, hypnosis sessions, like not fucking around, and in this session, I won't go into the details, but it was insane what we uncovered and what we have nodded in my sacral, and the at the end of that life, I was saying ,the women weren't protected, the women weren't protected. I kept saying it over and over and I was like, I have to protect the women. It almost makes me cry, because it was almost like what I brought into this life, some things that happened when I was younger, and just keeping with that

commitment of how can I help protect and heal women, like of course all beings but I find that women are typically drawn to my work and when he helped me see that, I was just like, I mean it was confirmation, it's healing, very healing, I love past lives. Many lives, many masters, and journey of souls were the two books that really just got me like just not even like it was teaching me anything new. It just helped me remember.

K

Kathrin Zenkina 1:24:49

For the most part, it's like nothing is teaching us new, we're just remembering, like manifestation. There's absolutely no part of me that is learning anything new. It's all remember, it's all coming from, just like even logically like no information is new. It's constantly being circulated and recycled and seen through new perspectives. That's what we can bring. Uniquely, we can bring in new perspectives, but everything is coming from some other source, beyond anything you can imagine. So like having your ego in check when it comes to that, I think is equally as important as also owning, that your own perspective is what makes your work so unique and so valuable to the world. That's Holly, this has been an amazing conversation, like I I knew we'd have fun, I knew that like you would just give such incredible insight to astrology and all these amazing questions for anyone who does not yet follow you or is into your work. Can you kind of share like where people can find you and follow you and enroll in all your goodies that you have available for people?

N

Natalia Benson 1:25:54

I mean, babe, I just want to say thank you. I had a moment, I have a Venus in pisces. So I'm quite empathetic and sensitive, but is so sweet. I remembered one time I was in my bathtub at my old place in LA, listening to your podcast, and I just remember being like, you know what, one day I'm going to meet Kathrin, and one day, maybe even, I'll even get to be on her show. Like I just adored you and just really admired you for so long. So I just feel so honored that you gave me this opportunity. I feel like I manifested it from a bathtub.

K

Kathrin Zenkina 1:26:28

So that's amazing.

N

Natalia Benson 1:26:31

Thank you, babe. Thank you so much. So basically, I'm very, very active on Instagram. It's just @Natalia_Benson, and then my website is just Nataliabenson.com and all the goods are on there. There's lots of fun stuff on the site.

K

Kathrin Zenkina 1:26:45

And of course, we'll put that in the show notes and this wasn't directly on your Instagram, but I'll never forget her posting. Like speaking of Instagram and you being active. I know that you're so social and you love conversing with people and that's like what I love about you. But

just to like take this to the edge like that Natalia was caught on video, talking to the cement truck driver in LA trap or New York, In New York, Yeah, Traffic and you're just straight up having an entire conversation, like guys imagine like you're at a red light. Like most people don't just roll down the window, and especially like a cement truck driver, like, you know, like the differences between the levels, you know, you really have to like look up at him to have a whole blown conversation, but it's happening and I died.

N

Natalia Benson 1:27:34

He was so, I have so much Gemini that's quality of just sociability and he just had the I love being in New York, I talked to everybody, New Yorkers, they're used to being around people all the time. They're just like, let's chat, like if you're open, and so yeah, this cement truck driver, I was like, do you have to go to school for that? Like, tell me more. He was just, he was amazing. What I didn't even get his name, but we had such a special. Just two souls, just having a great moment. It was so amazing.

K

Kathrin Zenkina 1:28:04

I just love you so much. Oh, my God. Okay, go and follow Natalia. Go check out her website. But that being said, thank you so much for being here. sharing your wisdom, your energy, your grace, your presence. Just it was so much fun. I knew it'd be fun, and with that being said, I will catch the rest of you in the next episode. Bye. Thank you so much for tuning into today's episode. If you absolutely loved what you heard today, be sure to share it with me by leaving a review on iTunes so that I can keep the good stuff coming your way. If you aren't already following me on social media. Come soak up extra inspiration on Instagram by following @manifestationbabe or visiting my website @manifestationbabe.com. I love and adore you so much and can't wait to connect with you in the next episode. In the meantime, go out there and manifest some magic.