



# MN FLYERS

GYMNASTICS AND FITNESS

# NEWSLETTER

**OCTOBER  
2024**



**NATIONAL COACHES DAY**

Please thank your coaches  
for all they do!

The influence of a  
great coach can  
never be erased.

## CALENDAR

- OCT 4** 5:30-8:00PM - PARENT'S NIGHT OUT  
REGISTER ONLINE BY OCT 2
- OCT 5-6** SPIRIT OF THE NORTH  
TEAM COMPETITION LEVELS 3-5 IN ST. CLOUD
- OCT 8** THE DASHERY FUNDRAISER
- OCT 14** COOKIES SALES END  
TURN IN ORDER FORMS AND MONEY COLLECTED AT  
FRONT DESK
- OCT 16** 2:00-3:55PM - EARLY OUT OPEN GYM
- OCT 17-18** MEA - CLASSES ARE IN SESSION
- OCT 19** GYM CLOSED - NO OPEN GYM
- OCT 24** 5:00-7:00PM - REC PICTURE NIGHT!  
ORDER FORMS WILL BE AVAILABLE SOON
- OCT 31** HALLOWEEN - CLASSES ARE IN SESSION

OPEN GYM

SATURDAYS 10AM - NOON (CLOSED OCT 19)



# OCTOBER

## Students of the Month



Willow  
Wiggle Worms



Amzie  
Beginner 2



Kinsley  
Jr Ninja



Jayce  
Homeschool Ninja



Stella R  
Competitive Team

**D**  
**The DASHERY**  
Men & Women's Clothing and Accessories  
825 Washington Ave.

**October 8  
5-7pm  
Friends & Family Event!**

**15% of sales ALL DAY October 8 will be  
donated to MN Flyers.**

**Special shopping hours from 5-7pm.  
Light refreshments will be served.**



**Cookie and product sales end October 14th! How close are  
you to your goal? Sell 20 or more items for your invitation to  
the Open Gym Reward Party on Dec 7th from 5-7pm.**

**Help us raise \$40,000 this year! All proceeds benefit MN  
Flyers and the Movement Matters Capital Campaign!**



## STAFF SPOTLIGHT COACH LEESA

**COACH LEESA IS THE EXECUTIVE DIRECTOR AT MN FLYERS  
AND CAN OFTEN BE SEEN IN THE GYM COACHING, TOO!  
HER FAVORITE ACTIVITY OUTSIDE OF THE GYM IS WORKING  
OUT AND BEING OUTSIDE.**

**SHE LOVES WHEN AN ATHLETE ACHIEVES A NEW SKILL,  
WHETHER IT'S A HANDSTAND, MAKING IT UP THE WARP  
WALL, A HIGH SCORE AT A MEET, OR MAKING IT THROUGH  
THE OBSTACLE COURSE ON THEIR OWN!  
SHE LOVES TO SEE THE SMILES AND CONFIDENCE SHINE  
THROUGH IN ALL THE ATHLETES AT MN FLYERS!**

