

### Travel Pack

www.polhawnfort.com



# How to find the fort

If you are using Satellite Navigation, please do not rely on the Postcode, use Military Road as your destination.

### Crossing on the Torpoint Ferry from Plymouth

Follow the signs towards the city centre in Plymouth until you start finding signs to Torpoint and the A374. Follow these signs to the Torpoint Chain Ferry (24 hours, crossing time @ 7-8 minutes, queuing time 0-60 minutes, worst in rush hours). On the other side, in Torpoint itself, stay on the A374 to the Village of Antony. Branch to the left, signposted Millbrook B3247 (and other destinations), leaving the Ring O'Bells pub on your right. Follow the instructions from Antony as below.

### Going by Road, Avoiding the Torpoint Ferry

Continue past Plymouth on the A38, cross the Tamar bridge into Cornwall, and stay on the A38 for Liskeard until the Trerulefoot Roundabout. Turn left onto the A374 for Torpoint and continue through Polbathic to Antony. Turn very sharp right onto the B3247 to Millbrook (this involves going round the Ring O'Bells pub).

### From Antony

Go up through Antony into the countryside till you reach a T-junction. Turn left, sign-posted Millbrook B3247. Go past the entrance to Tregantle Fort (MOD) and within two hundred yards turn right onto the coast road, sign-posted "Whitsand Bay, Freathy Cliff, Tregonhawke Cliff." Don't miss this turning: if you do, and find yourself in Millbrook, it is best to turn round and come back, rather than trying to make your way through.\*

Follow the coast road for 3.3 miles (useful to know when it's dark or misty) from the Whitsand Bay turning, and at the point that the road leaves the coast and bends round and down to the left (towards Cawsand and Kingsand) you will see the entrance to our drive on the right. Follow the drive down for half a mile till you reach the Fort.

\*People quite regularly do miss this turning, and they end up by approaching the Fort having passed through Millbrook, and after passing by the villages of Kingsand and Cawsand. If this happens, you should avoid turning left at a small grass triangle, where it is signposted to Rame (& comes to a dead end past the church at the coast guard station). Continue on the main road past this turning up the hill till you reach the top, where you will see the Fort drive entrance and sign directly in front of you.







### By Car

### Fuel stops

If you are driving from the West or East ie Saltash or Liskeard, your last fuel station is at Trerulefoot roundabout (A38). This is a 24-hour Shell station.

If you are driving via Torpoint, there is an Esso fuel station in the main street, (A374) open daily from 0700 to 2200.

We have 2 electric charging points in the Fort car park, exclusively for Fort Visitors.

### Bridge and Ferry Toll

If you are driving back towards Plymouth after the event, you will be required to pay a toll on both the Saltash bridge and the ferry. The toll is £2.60 or £1.30 with a Tamar Tag.

### Torpoint Ferry Timetable

The Torpoint Ferry runs all night and day, but by night reduces to a one-ferry half-hourly service between 10pm and 6am. Ferries leave the Torpoint side of a night on the hour and half past the hour, (unless disrupted by an emergency).

### By Train

The closest main line station is at Plymouth. We suggest you take the train to Plymouth, then take a taxi to the Cremyll Ferry. There is a taxi rank outside the station and the trip is around ten-fifteen minutes depending on traffic.

### Cremyll Ferry

The Cremyll Ferry is a small foot passenger vessel which leaves Stonehouse in Plymouth, and docks after an approximately 8 minute trip in Cremyll. The fare is £1.30 for adults per journey. The timetable is available on the ferry website. If this is your first journey across the Tamar, prepare to be amazed at the views!

From Cremyll take a taxi to the Fort, which will take less than ten minutes. We advise you to book your taxi in advance, so that you are not hanging around. **Kernow Cars 01752 822200** 

Alternatively, there may be guests already at the Fort who might be willing and able to collect you from the Cremyll Ferry.



### On Foot

If you are lucky enough to be travelling on foot, there's a fair chance you live locally and are familiar with the area. However if not, there are a few options:

- Local taxis from wherever you are located.
- Plymouth/Torpoint/Millbrook bus service no. 81 picks up from the City Centre through Stoke village or Stonehouse via Torpoint and on to Whitsand Bay. Just tell the driver you want to get off at the stop closest to the Fort.
- Cremyll Ferry (as above) and a taxi to the Fort.

### **Taxis**

Kernow Cars - 01752 822200 | Sec Travel - 01752 916100 | Coastline Cabs - 01752 822196

### Forgotten Something!

We've all done it - heading out for a wedding we've forgotten the card, didn't pack enough socks, or a change in the weather requires an umbrella!

For last minute items, the nearby towns of Torpoint (10 miles away) and Saltash (18 miles away) have a range of convenient shops, cash points and banks. Amenities include:

- Card shops Kardcadia in Torpoint for cards and gift wrap
- Pharmacy Millbrook Pharmacy, 2.6 miles from the Fort
- Opticians Huxter and Davy in Torpoint
- Kernow Mill at Trerulefoot roundabout on the A38 sells clothes, gifts, wet weather items and golf umbrellas.
- Florists Poppies in Torpoint, for emergency buttonholes!
- Independent clothes shops from socks to a complete change of outfit! Studio 2 in Torpoint, Little Black Dress boutique in Saltash.
- Supermarkets Waitrose and Lidl supermarkets at Saltash, and Sainsbury's in Torpoint (sells umbrellas!)

The nearby villages of Kingsand and Cawsand, less than two miles away, sell unusual gifts, cards, wrapping paper and souvenirs.



### Useful Telephone Numbers

Fort Number - (payphone) - 01752 822899

Office - 01752 822864

NHS Doctor - Rame Group Practice - 01752 813277

NHS Dentist - Direct/Dentist - 0845 4647

Pharmacy - Millbrook Pharmacy - 01752 822391

Derriford Hospital - 01752 777111

Optician - Huxter and Davy - 01752 813687

Cremyll Ferry - 0774 6199508

### **Emergency Information**

In case of an emergency, please call 999. An Automated External Defibrillator (AED) is available in the Fort, and our team is fully trained in its use to ensure your safety.

### Accommodation

If you are not staying at the Fort, you may need to find your own accommodation. We suggest you use our accommodation register, which details a wide variety of accommodation options.

**Bed and Breakfast** 

Self-catering

Hotels

## We look forward to welcoming you to Polhawn Fort. Have a safe trip.

Call our friendly team on 01752 822864

