



# REWILD WØRK STRATEGIES

HUMAN  
EXPERIENCE  
CONSULTING

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**structure:** LLC + S Corporation

Women Owned Business

# 1:1 COACHING PROGRAM

## WHAT IS COACHING?

Consistent 1:1 coaching helps leaders to discover why the future of innovative work, fulfillment, and a thriving career starts from within.

The goal of individual coaching is to partner with a chosen coach in a thought-provoking and creative process that supports coachees in maximizing their personal and professional potential utilizing dialogue, tools, and practices.

## HOW THE PROGRAM WORKS

STEP 1: Align on project scope, objectives, goals, coaching needs, cadence, and coach profiles.

STEP 2: Begin coach recruitment and onboarding

STEP 3: Conduct Pre Program Survey, Gallup Wellbeing at Work, and CliftonStrengths Assessments

STEP 4: Finalize Coach Recruitment

STEP 5: Meet the Coaches: Engage with the coaching cohort in a fireside chat experience

STEP 6: Team members schedule their coaching sessions based on their goals and availability

STEP 7: Deliver Post Program Survey, conduct Data Synthesis, and gather testimonials

## COACHING DELIVERY AND LOGISTICS

-Number of participants: There is no limit to program participants; we ensure a coach to participant ration of 8:1.

-Scheduling: Coaching sessions are scheduled via Calendly scheduling platform hosted by REWILD Work

-Delivery method: Coaching sessions are held virtually via Zoom

-Time: Targeted time of 60 minutes per session

-Program management: All program logistics and measurement are executed by REWILD Work

## DIGITAL PROGRAM SUPPLEMENTS

### Gallup Wellbeing @ Work

- Individual and team overview of wellbeing facets

### Clifton Strengths

- Individual and team aggregated results

### Calendly

- Team members book their 1:1 coaching sessions via Calendly scheduling platform. All sessions are held via zoom

### REWILD WORK Coach Profiles

- Detailed coach bios to facilitate both choosing a coach and booking 1:1 sessions

Have you created safe spaces where yourself and others can be held in trust, develop themselves, and generate breakthrough ideas?

## LEARN MORE AND MEET OUR COACHES

## REWILD WORK STRATEGIES EXPERT COACHES



**MONICA THAKRAR**  
PCC CERTIFIED COACH  
AND ORGANIZATIONAL  
CHANGE MANAGEMENT  
CONSULTANT



**SARAH MALIN**  
ACC CERTIFIED  
COACH AND  
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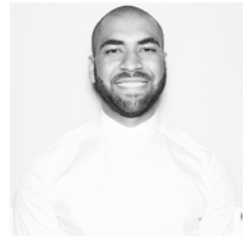
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**JANE CRESWELL**  
MCC CERTIFIED  
COACH AND  
TECHNOLOGY  
LEADER



We partner with an exclusive network of highly experienced coaches with industry knowledge and expertise from the world's most innovative companies.

## TESTIMONIALS

"The coaching session with Helton was great. I learned so much about my leadership style and where I want to express my unique strengths on our team".

"I am a new people manager. Monica helped me gain insight into how to give and receive feedback in effective ways. Through our sessions I feel more confident and prepared to lead."

**47% ENGAGEMENT  
INCREASE**

**90% STRONGLY AGREE  
IN PROGRAM  
EFFECTIVENESS**

**80% PARTICIPATION  
RATE**

Discuss the potential of scaling the REWILD Work customized 1:1 coaching program within your team.

**LET'S BEGIN TODAY**