

NCOAE Equipment List

Education Without Walls 3 Day Trip

A scholarship package from Education Without Walls includes outdoor and adventure-based outings with our affiliates at The National Center for Outdoor & Adventure Education (NCOAE). NCOAE's equipment list (below) will help you decide what to bring and what not to bring on your camping trip with Education Without Walls and NCOAE.

- Please do not pack jeans or jean shorts. If you have a choice, please pack non-cotton clothing. Mesh or synthetic clothing dries quickest and therefore is the best option while camping.
- The National Center for Outdoor & Adventure Education (NCOAE) equipment list of required and optional gear will help you decide what to bring and what not to bring on your NCOAE adventure.
- You can save money by using the gear provided by NCOAE and by purchasing many items from the athletic clothing, sporting goods, and camping sections at your local discount store, such as Target or Wal Mart. Athletic clothing is usually synthetic and works well for camping.
- **Do not bring any technology (i.e. cell phones, tablets, MP3 players, smartwatches, etc.)**
- **Items listed below with an asterisk (*) are available to borrow on an as needed basis.**

For questions, please call (910) 515-9157.

NCOAE Equipment List

Education Without Walls – Camping Trip 3 Day Trip

Footwear				
EQUIPMENT	REQUIREMENT	QUANTITY	COMMENTS	CHECK LIST
Camp Shoes	Must bring	1 pair	Must be close-toed. Lightweight sneakers work well. These are for around camp.	<input type="checkbox"/>
Water Shoes / Sandals*	Optional	1 pair	Must have a heel strap. For protection from rocks, oyster shells, and other sharp objects.	<input type="checkbox"/>
Upper Body Clothing				
EQUIPMENT	REQUIREMENT	QUANTITY	COMMENTS	CHECK LIST
Long Sleeved Shirt	Must bring	1-2	Nylon or polyester is best – for protection from sun, bugs, and cool weather.	<input type="checkbox"/>
Lightweight Jacket *	Must bring	1	Light- to mid-weight jacket/fleece. We recommend synthetic, lightweight polyester.	<input type="checkbox"/>
T-Shirt (no tank tops)	Must bring	1-2	We recommend synthetic, lightweight polyester shirts.	<input type="checkbox"/>
Lower Body Clothing				
EQUIPMENT	REQUIREMENT	QUANTITY	COMMENTS	CHECK LIST
Leggings/Tights or Long Underwear Bottoms	Optional	1 pair	Nylon or polyester is best – to wear on cool nights when sleeping.	<input type="checkbox"/>
Hiking Pants	Must bring	1 pair	Nylon or polyester hiking or track pants - for protection from bugs and sun.	<input type="checkbox"/>
Shorts	Must bring	1-2 pair	Lightweight, quick drying athletic shorts.	<input type="checkbox"/>
Miscellaneous Clothing				
EQUIPMENT	REQUIREMENT	QUANTITY	COMMENTS	CHECK LIST
Sun Hat or Baseball Cap	Must bring	1	To protect from sun.	<input type="checkbox"/>
Underwear	Must bring	2-3 pair		<input type="checkbox"/>
Sports Bras	Must bring	1		<input type="checkbox"/>
Swimsuit	Optional	1	To wear while at beach.	<input type="checkbox"/>
Bandana	Optional	1	For multiple uses.	<input type="checkbox"/>
Miscellaneous Gear				
EQUIPMENT	REQUIREMENT	QUANTITY	COMMENTS	CHECK LIST
Required or Prescription Medication (if applicable)	Must Bring	1 Set	Bring enough to last the entire trip. All medications must be in the original bottle with instructions for administration, and the student's name on it. Must pack all prescribed medicine.	<input type="checkbox"/>
Toiletries, travel sized	Must Bring	1 Set	Toothbrush, Toothpaste, Lip Balm w/SPF, Period products.	<input type="checkbox"/>
Comb or Brush	Optional	1	Must be small, travel sized.	<input type="checkbox"/>
Prescription Glasses / Contact Lenses	Must bring	Multiple	Even if you wear contacts daily, plan to carry a pair of glasses. If you wear prescription glasses or contact lenses, consider bringing a spare set.	<input type="checkbox"/>
Eyeglasses Strap*	Optional	1		<input type="checkbox"/>
Sunglasses*	Must Bring	1		<input type="checkbox"/>

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Optional Items				
EQUIPMENT	REQUIREMENT	QUANTITY	COMMENTS	CHECK LIST
Camera	Optional	1	Small, disposable or durable, waterproof camera.	<input type="checkbox"/>
Book	Optional	1	A small book for reading.	<input type="checkbox"/>
Cards / Small Card Game	Optional	1	A small card game (deck of cards, UNO, etc.) for down time	<input type="checkbox"/>

NCOAE Will Supply		
Students share both the use of and the responsibility for the group gear that NCOAE provides.		
Tents	Group Tarp	Day Pack
Sleeping Bag & Sleeping Pad	Extra Warm Layers	Headlamp
Stoves, Fuel Bottles & Fuel	Maps & Reference Books/Materials	Compass & Whistle
Trip Food & Spice Kit	Repair Kit	Journal w/Pen or Pencil
Bowl & Spoon	Water Bottles (2)	Cooking Gear
First Aid Kit	Soap, Hand Sanitizer & Hygiene Wipes	Group Sunscreen & Bug Spray
Surfing Equipment	Beach Equipment	Rain Jacket & Pants