

Functional Medicine

A Superbill option is available. Please inquire at the front desk.

Functional Medicine Visit (30 min)	\$125
Functional Medicine Visit (50 min)	\$200
4 x Functional Medicine Visit (50 min)	\$640

Christian Counseling

A licensed Christian counselor will help you navigate your story through a holistic lens by identifying the origins of your challenges to inspire healthier habits and relationships.

A Superbill option can be available. Please inquire at the front desk.

Individual Session (50 min)	\$160
Couples Session (50 min)	\$160
Couples Session (80 min)	\$240
5 x Sessions (50 min)	\$700
Alpha-Stim Add-On	\$10

Restorative Add-Ons

Support a healthy nervous system, increase circulation, and decrease inflammation with Alpha Stim, Brain Tap, and Targeted LED Light Therapy, for an additional \$10 add-on to any service.

\$10 ADD-ON

Contact

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FAITHFULLY
GUIDED
HEALTH CENTER

ABOUT US

We combine biblical principles and science-backed methods to support *full-person healing*. Our collaborative team helps you uncover the *root cause* of your concerns by connecting spirit, mind, and body.



est. 2017

SERVICES MENU

Discover *true health* through whole-body medicine

Full Health Discovery | Medical

\$250

Start your health journey with a 50-minute Functional Medicine appointment. Your provider will conduct a health timeline, physical examination, InBody scan, and heart rate variability assessment to understand how stress impacts your body. We'll then use this data to formulate your personalized care plan.

Full Health Discovery | Counseling

\$160

Start your health journey with a 50-minute counseling appointment. You and your counselor will discover how unresolved trauma and repressed emotions may be impacting your mind, body, and overall health. Together, you will formulate a personalized care plan using a holistic approach to better meet your needs.

Full Health Discovery | Couples

\$250

Enjoy an 80-minute integrative couples therapy appointment. You'll each complete heart rate variability assessments so we understand how stress and health concerns may be impacting your relationship. You'll also receive temperament analyses to uncover unmet emotional needs. We can use this information to support ongoing couples therapy, including joint and individual sessions.

Oxygen Chamber Healing

Boost healing with enhanced oxygen absorption in a high-pressure chamber. This promotes tissue oxygenation, aiding in depression relief, blood flow, sports recovery, performance, and general healing. Beneficial as cancer co-therapy and in pre/post-operative care.

Consultation	\$125
Drop-In Session (60 min)	\$100
5 x Sessions (60 min)	\$450
10 x Sessions (60 min)	\$850
20 x Sessions (60 min)	\$1600
40 x Sessions (60 min)	\$2800

Therapeutic Mud Bath Bliss

Detoxify, balance hormones, and lower inflammation. This healing Peat mud bath helps detoxify deep fat, the brain, and the liver.

Drop-In Session	\$100
4 x Sessions	\$360

Heart Rate Variability (HRV) & Inbody Scan

Reduce stress while improving digestion and the quality of your rest. HRV analyzes autonomic nervous system function and examines the body's ability to heal itself. The Inbody Scan is a non-invasive method for measuring harmful visceral fat as well as skeletal muscle mass and basal metabolic rate, indicating whether action is needed in this area.

HRV Scan	\$25
Inbody Scan	\$25
HRV & Inbody Scan	\$50
Review with a provider (30 min)	\$125

IV Infusions

Consultation (30 min)	\$125
MAH (Ozone) Infusion	\$150
5 x MAH (Ozone) Infusions	\$710
10 x MAH (Ozone) Infusions	\$1350
Myers Cocktail	\$135
High Dose Vitamin C (50g)	\$160
IV Vitamin B12	\$30
Glutathione (1g)	\$100
4 x Glutathione (1g)	\$300
NAD+ (250mg)	\$175
NAD+ (500mg)	\$295
IV Fluids (500ml)	\$50
IV Fluids (1000ml)	\$75
Alpha Lipoic	\$100
Brain Health Blend	\$115
Amino Acid	\$95
Mineral Blend	\$100

Vitamin & Peptide Injections

Vitamin B12	\$30
Vitamin D3	\$30
NAD+ (100mg)	\$70
5 x NAD+ (100mg)	\$300
NAD+ (200mg)	\$100
5 x NAD+ (200mg)	\$400
Glutathione	\$60
4 x Glutathione (1g)	\$180

Alpha-Stim & Light Therapy

Alpha-Stim offers relief from anxiety, reduces pain, and promotes better sleep. Targeted LED Light Therapy, a proven method, uses healing light to improve circulation, reduce pain, and energize the skin, nerves, tendons, muscles, and bones.

Alpha-Stim Add-On	\$10
Alpha-Stim Add-On 10 x Sessions	\$80
Targeted LED Light Therapy Add-On	\$10
Targeted LED Light Therapy Add-On 10 x Sessions	\$80

Relax Rx Nervous System Reset

Soothe anxiety, depression, pain, and insomnia. This treatment combines Brain Tap with Targeted Light Therapy, increasing alpha and/or theta brain waves.

Drop-In Session (30 min)	\$30
5 x Sessions (30 min)	\$100

Infrared Sauna Serenity

Detoxify, relieve pain, ease stress, and promote glowing skin. The infrared sauna produces soothing, relaxing heat that penetrates tissues to cleanse and detoxify cells.

Drop-In Session (50 min)	\$50
10 x Sessions (50 min)	\$250
20 x Sessions (50 min)	\$400

Cold Plunge Purify

Reset with a mood-boosting, invigorating experience. Cold plunging helps elevate energy, performance recovery, immune support, and stress resiliency while improving mood and sleep.

Drop-In Session (20 min)	\$20
5 x Sessions (20 min)	\$80
10 x Sessions (20 min)	\$130

Contrast Therapy

Experience whole-body invigoration. Alternate between the sauna and cold plunge to enhance circulation, recovery, and overall well-being.

Drop-In Session (50 min)	\$50
10 x Sessions (50 min)	\$250