

Additional Tips and Resources

First: Keep a Positive Attitude!

Even if you are frustrated or angry, you must present a positive attitude to succeed.

Second: File for Unemployment Insurance whether you think you are eligible or not

In Maryland, claims can be filed by telephone at **667-207-6520** Monday through Friday from 8:00 a.m. to 4:00 p.m., in English or Spanish, or online 24 hours a day, 7 days per week at **www.mdunemployment.com**.

Note: Workers must apply for unemployment insurance (UI) benefits in the jurisdiction of their “duty station.” This means, for example, that if you are a Maryland resident who is laid off from a job based in Virginia, you must apply for benefits in Virginia. Use these direct links to apply for UI benefits in **Maryland, Washington, DC**, and **Virginia**.

Third: Post Your Resume to LinkedIn.com

Employers search LinkedIn for folks to hire.

Fourth: Search for Jobs

A. Go to **Indeed.com** and other sites

B. Go to WorkSource Montgomery American Job Centers – Maryland’s American Job Centers



A proud partner of the **americanjobcenter** network

<http://worksourcemontgomery.com/job-seekers/>

Germantown American Job Center
12900 Middlebrook Road, First Floor
Germantown, MD 20874
Telephone: 240-406-5485
Fax: 301-685-5569
germantown@worksourcemontgomery.com

Comprehensive Wheaton American Job Center
11510 Georgia Avenue, Suite #100
Wheaton, MD 20902
Telephone: 301-929-4350
Fax: 301-929-4383
wheaton@worksourcemontgomery.com

The Job Centers provide a full range of assistance to job seekers, such as consultants to discuss career exploration, referrals to training programs, resume preparation, and workshops to enhance job-seeking skills and work readiness. They are open Monday through Thursday from 8:30 a.m. to 5:00 p.m. and Fridays from 8:30 a.m. to 3:00 p.m.