

Do you have what it takes **TO BE A SUCCESSFUL COACH?**



Coaching is an exciting career, but it isn't for everyone.

Is it the right career path for you?

Take this quick assessment to find out.

1

I love listening to people talk about their goals, dreams, hopes, and aspirations in life.

A. YES, THAT'S TOTALLY ME!

B. NO, NOT REALLY.

2

I get so excited when I see someone set a goal...and then achieve it. I love seeing people accomplish their dreams.

A. YES, THAT'S TOTALLY ME!

B. NO, NOT REALLY.

3

I'm very curious about the human brain and how it works. I love reading books, magazines, blogs, and listening to podcasts on psychology, neuroscience, mental health, emotional health, how to build new habits, all that kinda stuff.

A. YES, THAT'S TOTALLY ME!

B. NO, NOT REALLY.

4

I feel very fulfilled when I'm helping others. When I'm making an impact on someone's life, to me, that's the best feeling.

A. YES, THAT'S TOTALLY ME!

B. NO, NOT REALLY.

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5

I have a naturally encouraging personality. When someone tells me something they want to do, my immediate knee-jerk response is, "Yes you can!"...rather than, "No, don't do that, that doesn't sound realistic."

A. YES, THAT'S TOTALLY ME!

B. NO, NOT REALLY.

6

I've been told I'm a very good listener. (Or: I really want to improve and deepen my listening skills. That's important to me.)

A. YES, THAT'S TOTALLY ME!

B. NO, NOT REALLY.

7

I am action oriented. I don't like to dwell in regret too much. I prefer to focus on the present and the future. My attitude is, if there's something you want, let's figure out a plan, get moving, and make it happen! Let's create the future you want!

A. YES, THAT'S TOTALLY ME!

B. NO, NOT REALLY.

8

I'm really curious about why people get stuck—and how to get unstuck. I would love to learn why people engage in self-sabotaging behaviors, why people procrastinate, and why people avoid doing the very things they swear they want to do.

A. YES, THAT'S TOTALLY ME!

B. NO, NOT REALLY.

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9

I am a compassionate person. I've been told I have a lot of empathy. I might give "tough love" sometimes, but generally speaking I'm not a critical or judgmental person.

A. YES, THAT'S TOTALLY ME!

B. NO, NOT REALLY.

10

I believe that "success" means different things to different people. It doesn't always mean a college degree, a marriage, two kids, two cars, and a house with a white picket fence. I believe everyone is allowed to define what "success" means on their own terms.

A. YES, THAT'S TOTALLY ME!

B. NO, NOT REALLY.

11

I love deep conversations. I really enjoy discussing "the big stuff"—life purpose, meaning, fulfillment, what you want to accomplish before you die—those kinds of conversations really light me up.

A. YES, THAT'S TOTALLY ME!

B. NO, NOT REALLY.

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SCORING

All As or Mostly As - Very Strong Candidate

You absolutely have the right personality to become a Certified Life Coach.

You've got the right set of traits and passions—and now, all you need is the right training so that you can work with clients successfully.

Choose a program at the University for Life Coach Training and begin your studies this year!

Mixture of As and Bs - Good Candidate

You definitely have a lot of the criteria that makes for a great coach.

Consider enrolling in a training program to become a Certified Coach.

Or if you don't feel quite ready to do that yet, hire a coach and work with them as a client to see if this career is something that sparks excitement for you. You can test the waters before you dive in.

All Bs or Mostly Bs - Probably Not an Ideal Candidate

Coaching may not be the right career path for you.

But, if you have a strong desire to be of service and make a difference in people's lives, there are many other ways to do this. You might consider a career in activism, social justice, education, or healthcare.

That being said, if you feel a powerful call to become a Coach, don't let this quiz convince you otherwise. Trust your gut. There are many ways to create a successful career as a Coach—and you will bring something fresh to this industry that nobody else does.

READY TO TRAIN WITH SUSAN & ULCT?

Apply Now!