

Introduction to the Psalms

Lesson 1 — Student Guide

Prepare for class: Read Acts 13:13-16 and 32-41; Psalms 1 and 2

Lesson Goal

The goal of this lesson is to answer the following question: **How can we make good use of the Psalms in our personal and public devotional lives?**

Think

Evaluate

1. Who are the characters in this story?
2. What are the objects in this story?
3. Where did this story happen?
4. When did this story happen?
5. What is the problem?
6. What events occurred in this story?
7. Is the problem solved?

Learn

8. What is the main theme of this lesson?
9. What sin does this lesson teach us to confess?
10. Where do you see the love of God in this lesson?
11. What does God teach us to do in this lesson?

Lead

12. What would be a good situation in which to share this message?

Discussion

13. Why do we call this book Psalms?
14. Who wrote the Psalms? Approximately when did they do it?
15. What are the blessings of using the book of Psalms?
16. Review the course objectives with your teacher.
17. Review the course requirements with your teacher.

18. Read Psalm One and analyze it according to the steps:

- A. What is the central theme of the Psalm?
- B. Where do we see sin in the Psalm?
- C. Where do we see the love of God in the Psalm?
- D. What good work or attitude do we want God to produce in us?
- E. How could this Psalm be used?

Lesson wrap-up

How can we make good use of the Psalms in our personal and public devotional lives?