HILLIDAY Foolkit

HOLIDAY TOOLKIT



The holidays are upon us and we are beyond ready for it! This season provides opportunities to connect meaningfully with the people we care about and we don't want you or the girls in your life to miss out! So, we are equipping you with this toolkit to inspire you with ideas to grow closer to God and each other during the holiday season!

Gathering Ideas

Holiday Baking Party: Whip up some festive treats together! Whether it's cookies, pumpkin bread, or a cherished family recipe, sharing these delicious moments will create lasting memories.

Backyard Bonfire: Set up a fire pit and dive into meaningful conversation using the "thankful" convo cards. And of course, don't forget the s'mores!

Pajama Party: Invite everyone to come in their coziest Christmas pajamas for an evening of conversation and crafting. A hot chocolate bar will add a sweet touch!

Coffee Mug Exchange: Have the girls find a fun, unique coffee mug (or water bottle) to wrap and exchange. Pull numbers from a hat for a super fun gift swap!



Selfie Station: Create a festive photo booth using wrapping paper as a backdrop and some cute holiday props. Snap some fun pics before or after engaging in meaningful conversations!

Simple Craft Idea: Grab supplies to make <u>Yarn</u> <u>Wrapped Star Ornaments</u> during or after a meaningful conversation as a tangible takeaway to remind the girls of their time together!



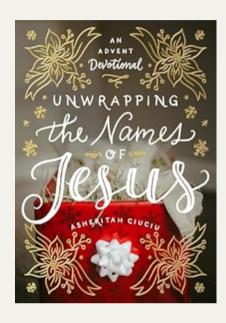


Advent Devotionals



Unwrapping the Names of Jesus

Why we love this devotional: It is a great way to introduce girls to the beauty of Advent. The content is relatable to teen girls and women of all ages. It's similar in style and structure to some of the tools we release. It allows you to keep things simple or for you and the girls in your life to go more in-depth based on the dynamics of your group. The Greatest Gift Convo Cards center on God being a good gift giver. The book title aligns with this, allowing us to "unwrap" the beautiful names of Jesus together.



How to Use: Schedule a kick-off night! Consider using the Greatest Gift Convo Cards. Read through the 'Why We Celebrate Advent' section at the beginning of the book! Give an overview of the structure of the book. Schedule a meet-up or two in the weeks ahead to do a couple of the "Hope In Action" elements of the book.

The Book of Luke

Why We Love This Idea: It doesn't require purchasing a book. All you need is your Bible!

How to Use: There are 24 chapters in the book of Luke. Consider starting with a kickoff gathering using the Christmas Convo cards. Go over the plan of reading the book of Luke together for the month of December, starting with Chapter 1 on December 1 and wrapping up with Chapter 24 on Christmas Eve. Emphasize the joy of beholding Jesus as you wait for Christmas. Each chapter is like unwrapping a gift from Him. Start a group chat to discuss what you are discovering. Meet weekly, or as often as schedules allow, to discuss takeaways. For groups unfamiliar with reading the Bible, the <u>HALO method</u> is a great tool!

Thankful CONVERSATION CARDS



What are some things that you are feeling thankful for this Thanksgiving season?



Are there areas in your life where you're struggling to express gratitude? What are they?

1

3

2



The bible tells us to, "rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus." (1 Thess 5:16-18). Why are these three things so important?



Tell us about someone in your life who you would describe as being thankful.

4



How does thankfulness impact our lives and the lives of others around us?



What is something important you are taking away from this conversation?





Are you someone who enjoys giving gifts, receiving gifts or both?



What is the best gift you have ever given?

1

2



What is the best gift you have ever received?



Do you believe that God gives good gifts? Why or why not?

3

4



What gifts has God given you?



What is something important you are taking away from this conversation?

HOW TO USE CONVO CARDS

Place cards where everyone can see them.

Direct the girls to each pick up a question they would like to answer first.

Invite someone to "be brave" by being the first to share their question and answer.

Before moving on, encourage the rest of the group to answer the same question.

Continue until all the questions have been answered.

MAKING IT A SAFE & ENGAGING SPACE

- 1. Before girls arrive, spend time in prayer.
- 2. Read the Brave Girls Gather Guardrails for brave conversation before sharing begins.
- 3. Don't try to "fix" a girl who is struggling.
- 4. Lean in and listen well.
- 5. Point out the places you hear godly thinking or character.
- 6. Model authenticity. Be open and honest in your own sharing.
- 7. Share hope, encouragement, and truth in your answers.
- 8. Don't pressure girls to answer. Be comfortable with silence. Pray silently in those moments.





GUARDRAILS AND DECLARATION



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We want to have conversations that are open, honest, and transformative. Read these conversation guardrails or the declaration each time you gather as a reminder of how to keep the conversation "on the right track!"

- 1. Permission to be honest this is a safe space to be open & honest. Sometimes we might feel like we need to have the "right" answer, but in this space, the best answer is an honest one.
- 2. Judgment-free zone we're here to build one another up and pray for each other, never to judge.
 - 3. Honor one another keep what is shared here, here.
- 4. Listen well it feels so good to be heard. Let's listen well when others are sharing. Sometimes when someone shares something hard, we might feel like we have to "fix it." Let's let God do that. *
 - 5. Celebrate one another celebrate victories and cheer one another on!
- *Letting God fix it means not immediately offering a solution to someone who's struggling. Instead, let the person know you heard them by thanking them for being brave and sharing something difficult. Encourage them by pointing out the places where their sharing lines up with God's Word.



DECLARATION

We believe in the transformational impact of gathering with others to talk about life and faith in light of God's unchanging truth. In John 14:6, Jesus says, "I am the way and the truth and the life." When we operate in Truth, we find freedom and courage. Believing that the right answer is an honest one, when we gather, we commit to share honestly with one another. We are committed to genuine sisterhood. We believe that each girl in our circle has value to offer. We will listen well, seek to learn from one another, and not be afraid to lean on each other when needed. We believe that when we gather, we should walk away better than when we came. Our goal is that each girl leaves feeling seen, heard, and filled with hope. We commit to honor each other with our words, pray for each other, and cheer each other on!