



2024-25 **CURRICIULUM PRICING**

0-1,000 STUDENTS 1,000-2,000 STUDENTS 2,000+ STUDENTS

Complete Digital Access

- 30 Lesson Plans & Facilitator Guides
 - Personal Connections Lessons
 - o Empathy Lessons
 - o Connection Challenges
- Communication Templates
- Facilitator Training
- Additional Resources





Student Wristbands

Provides students with a tangible reminder of the message: Only7Seconds and Because You Matter



These journals provide an engaging experience for students to track their growth and engage with the lesson materials







Monthly Communication

Receive support from our team throughout the school year







TOTAL PRICE PER STUDENT

\$5.00

\$4.00

\$3.50



PACKAGE ADD-ONS



Professional Development

Only7Seconds offers tailored professional development sessions focused addressing loneliness, social health, and the importance of social health. We empower educators and professionals to enhance their understanding and support the social and emotional well-being of their students and communities.

2 Hours: \$2,0004 Hours: \$4,0008 Hours: \$8,000



Assemblies (6th-12th grade)

Only7Seconds hosts engaging school assemblies that explore the conversation around loneliness and educate and equip students with tools and skillsets to improve their social health and develop meaningful connections.

2 Hours: \$2,0004 Hours: \$4,000

• 8 Hours: \$8,000

Custom T-shirt Orders

Customize t-shirts in your school colors! Minimum order of 100 qty. Youth and adult sizes available.



Show Up, Be Kind, & Love Well



Because You Matter: Classic



Only7Seconds



Because You Matter:

AVAILABLE COLOR OPTIONS

