



KAZUMA TRAILS

— Moving with the wild —

Packing List

Pack light but wear layers (morning can be chilly but afternoons hot)

Neutral colors, Brown, beige, green (nothing white or bright).

Laundry should be done daily in every camp.

Pack a set of clothes in your hand luggage in the case that your luggage is lost.

Soft shell bag with a weight limit of 20kg per person

Clothing

- ☐ Sandals (lightweight shoes)
- ☐ Walking Shoes (trainers, not white)
- ☐ Wide brimmed hat
- ☐ Light Windbreaker
- ☐ Sweater / fleece
- ☐ 2 pairs pants/trousers
- ☐ 3 pairs shorts
- ☐ 5 pairs socks
- ☐ 3 short-sleeve shirts
- ☐ 3 long-sleeve shirts
- ☐ Swimsuit
- ☐ Belt
- ☐ 6 pairs underwear
- ☐ 3 bras / sports bras
- ☐ Pajamas
- ☐ 1 cocktail dress / evening attire
- ☐ Casual evening attire
- ☐ Gloves / Beanie (in case of cold weather, May-Aug)

Toiletries

- ☐ Antimalarial pills (prescription)
- ☐ Aspirin/Tylenol/Advil
- ☐ Throat lozenges
- ☐ Anti-diarrhea/ Nausea / Antacids
- ☐ Eyedrops
- ☐ Antibiotic cream
- ☐ Band-aids
- ☐ Insect repellent
- ☐ Sunscreen
- ☐ Shampoo (small container)
- ☐ Conditioner (small container)
- ☐ Shower Gel (small container)
- ☐ Body lotion
- ☐ Deodorant
- ☐ Toothpaste + Toothbrush
- ☐ Hairbrush & Extra Hair Ties
- ☐ Sanitary products
- ☐ Makeup (q-tips, tweezers); Razor
- ☐ Rehydrate / Liquid IV



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Other

- ☐ Passport (*ensure it is not expiring within 6 months and has enough empty pages*)
- ☐ Water Bottle
- ☐ Vaccination Cards (if applicable)
- ☐ Air tickets / Vouchers (printed)
- ☐ Purse
 - ☐ Credit cards
 - ☐ Insurance Cards
 - ☐ Cell Phone + charger
 - ☐ Small battery pack (can be useful)
 - ☐ Sunglasses
 - ☐ Copy of prescriptions
 - ☐ Lip balm
 - ☐ Hand sanitizer
- ☐ Flashlight
- ☐ Binoculars
- ☐ Tissues (travel packs)
- ☐ Wet Wipes (travel pack)
- ☐ Laundry bag (to place dirty laundry)
- ☐ Business Cards
- ☐ Pens
- ☐ Reading material (books, maps etc)

Technology

- ☐ Camera Bag
 - ☐ camera
 - ☐ Lenses
 - ☐ Digital memory cards
 - ☐ Lense tissues
- ☐ Chargers
- ☐ Envelopes (for tips)
- ☐ Small Notepad
- ☐ Universal Charger

Extra

- ☐
- ☐
- ☐
- ☐
- ☐