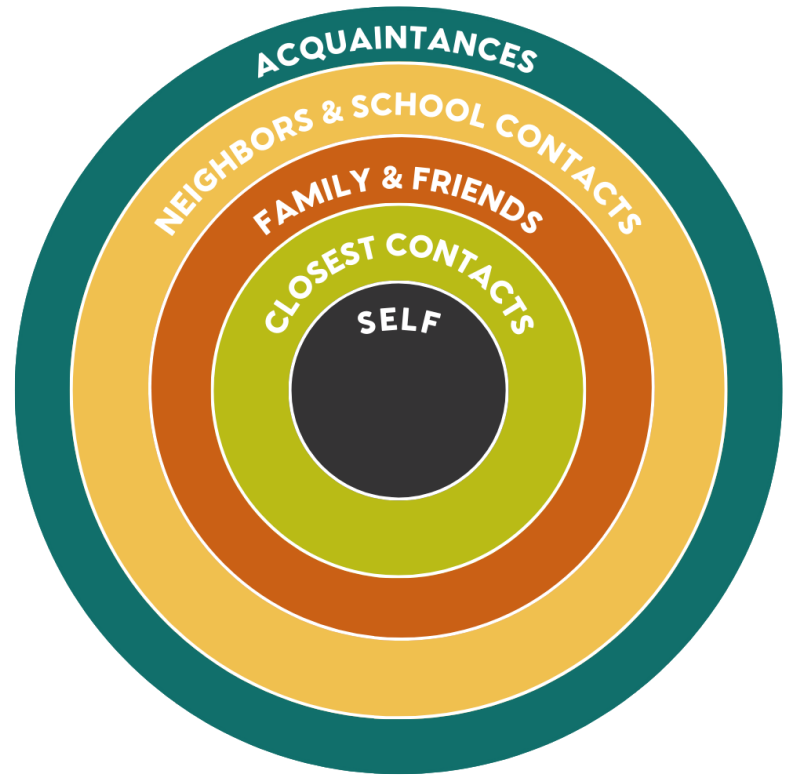


CONNECT TO YOUR CIRCLES CHALLENGE

1. Review your Connections Circle sheet and circle 1-3 people to connect with in the coming days.
2. Make a plan for connection—text, DM, snap, call, facetime, or write them a note specifically saying that you are thinking about them and appreciate having them in your life. You can also use this time to set up a date with that person to meet for a longer connection.
3. Reach out to more than one if you can.



	List people that you count in this group	List people you would like to add to this group
Closest Contacts		
Family & Friends		
Neighbors & School Contacts		
Acquaintances		