



NITROUS OXIDE

PRE-OPERATIVE INSTRUCTIONS

Nitrous Oxide, also known as “laughing gas,” is used to create a more relaxed and comfortable state for both children and adults, and help patients with a strong gag reflex to better tolerate dental treatment.

Please follow the instructions below to prepare for a dental procedure with Nitrous Oxide:

Eating & Drinking

Although it is OK to do so, it is recommended to NOT eat or drink anything, including water, 2 hours prior to the appointment. Nitrous Oxide can cause nausea, which may result in vomiting and/or aspiration.

Oral Hygiene

Please brush your teeth before the appointment.

Clothing & Make-up

Please wear comfortable, loose-fitting clothing. Minimal make-up, without lipstick, is best during treatment.

Medications

Please take all your regular medications at the usual time, unless advised otherwise by your doctor.

Additional Information

Patients Under the Age of 18: must be accompanied by a parent or legal guardian.

Female Patients: who are pregnant or may possibly be pregnant should not use nitrous oxide.

When to Reschedule: Nitrous oxide is administered through a nasal mask, and you must be able to breathe in and out through the nose. Nasal congestion due to allergies, a cold, flu, or other respiratory conditions and illnesses will prevent nitrous oxide working effectively.

Please call immediately to reschedule the appointment if necessary.