

Facial at home with Enrapt.

# Mangosteen Pore Refining Facial





# cleanse.

## Mangosteen

daily resurfacing cleanser

This milky gel lightly lathers to slough off dead skin without manual exfoliation or over-stripping. The Lactic Acid Complex and mangosteen in this cleanser work together to restore a smooth, radiant complexion.

- The skin feels fresh and perfectly cleansed
- Surface buildup, impurities and blockages are removed
- Pore size is minimized
- The complexion looks clear, smooth and radiant

#### Key ingredients

**Mangosteen**: A super fruit that helps protect skin from drying environmental stressors while promoting natural radiance

Lactic Acid Complex (Lactic Acid, Ribose, Red Clover Flower Extract):
A proprietary blend of actives; gently resurfaces skin and refines pores for a more luminous, even, and youthful looking complexion

**Lactic Acid**: Gentle alpha-hydroxy-acid (AHA) exfoliant; removes buildup and improves skin hydration for a brighter, smoother complexion

**Ribose** (from Corn Seeds): promotes the look of smoother, revitalized skin

**Red Clover Flower Extract**: refines and improves skin tone to minimize pore size



## Should I cleanse morning and night? YES!

**Even if you don't wear make up you should cleanse morning and night.** During the day we are exposed to pollutants that stick to your face (we produce oil on our skin giving pollution something to stick to). At night our skin is working hard at regenerating, kicking out unwanted junk (technical term). Plus sweat and impurities are on your pillow case (yuck!)



**NEVER SLEEP IN YOUR MAKEUP**. It clogs pores causing breakouts, dries out the skin causing redness and sensitivity, and speeds up the aging process leading to premature wrinkles.





# exfoliate.

# Strawberry Rhubarb

#### dermafoliant

Achieve a bright and radiant looking complexion with our Strawberry Rhubarb Dermafoliant. Rice powder absorbs oil while lactic and salicylic acids remove dead skin cells. The strawberries and rhubarb infuse the skin with antioxidants.

- Skin is perfectly cleansed and gently exfoliated
- Skin appears more plumped and refined
- Skin is polished and smoothed
- Skin feels softened



**Strawberry:** cleanser and astringent; contains Salicylic acid that gently exfoliates and removes impurities to brighten skin's appearance and shrink the appearance of pores

**Rhubarb:** a good source of ascorbic acid and vitamins to fight the look of wrinkles

**Lactic Acid:** sloughs off dead skin cells to improve texture of skin

**Rice:** gentle exfoliant; buffs and smoothes skin texture

**Chickpea Flour:** tightens the look of pores; absorbs excess oil and helps to buff and smooth skin's appearance

**Heilmoor Clay:** contains high amounts of organic compounds and mineral trace elements to deep clean and soften the skin

Oat Flour: deeply cleanses and smooths

**BioComplex:** a booster of antioxidants, Coenzyme Q10, and Alpha Lipoic Acid to reduce the appearance of wrinkles and improve the appearance of skin



## Really? A powder exfoliant? Isn't it too harsh? No.

**Powder exfoliants are incredibly gentle.** When mixed with water, these finely-milled powders transform into a luxurious paste or lather that removes impurities and smooths skin – without scratching its surface.

When it comes to powder exfoliants, the power is – literally – in your hands. The amount of water you add to the mix informs the strength of the scrub, allowing you to make adjustments depending on the day, the season or your skin type. Use less water to feel more texture, and for more of a general soft cleanser, use more water. No extra pressure is needed for a physical exfoliant; the granules will do the work!







# purify.

# **Birch Water**

#### purifying essence

Replenish skin with a lightweight essence that restores moisture levels. Birch water purifies the skin while botanical collagen increases elasticity and improves barrier function. An essential step that helps the skin better absorb and retain the benefits of subsequent products.

- Replenishes moisture
- Visibly minimizes redness due to dryness
- Restores elasticity
- Rejuvenates for more radiant skin

#### Key ingredients

**Birch Water:** nutrient-rich; purifies and hydrates skin, leaving it toned and tightened; helps minimize the visible effects of pollution

**Snow Mushroom:** ultra-hydrating antioxidant which enhances elasticity; improves skin barrier function

**Reishi Mushroom:** contains a high concentration of polysaccharides which improve hydration; powerful source of antioxidants which help reduce puffiness

**Botanical Collagen:** ultimate moisturizer to help skin retain hydration; reduces the look of wrinkles; skin appears tighter, firmer and plumper



## Is there a difference between toner and essence? YES!

Traditionally a toner is used as the final step in cleansing, and an essence is used as the first step in treatment. **The main function of a toner is to balance the pH level of skin after cleansing**. Think of your cleanser as your wash cycle and your toner your rinse cycle.

Essences, on the other hand, are lightweight boosters that target skin concerns like fine lines, wrinkles, dull and uneven skin tones. While they're less concentrated than a serum, they're still packed with hydrating ingredients that work at the cellular level to help promote cell turnover and give the skin a smoother, brighter appearance. Like a pre-moisturizer that boost the effects of the skincare products to follow.





# masque.

# Raspberry

pore-refining masque

Tighten the appearance of pores and ward off damage with the astringent effect of raspberry, blueberry and blackberry. This antioxidant skin mask for all skin types provides the appearance of a smooth, refined complexion.

- Pores appear refined and minimized
- Skin appears soft and firm
- The visible signs of aging are reduced
- The appearance of skin elasticity and moisture levels are improved



**Raspberry Juice:** antioxidant; source of vitamin C and bioflavonoids; astringent; tightens the look of pores

**Honey:** moisturizes and nourishes the skin's appearance

**Blueberry Juice:** antioxidant; rich in phytonutrients; astringent, tightens the look of pores **Blackberry Juice:** antioxidant; rich source of vitamins B, C, K, and Omega 3s; astringent; tightens the look of pores

**BioComplex:** a booster of antioxidants, Coenzyme Q10, and Alpha Lipoic Acid to reduce the appearance of wrinkles and improve the appearance of skin

## Can you layer masques? YES!

With the application of one masque after another – or even one on top of the other – you can indulge your skin with a second helping of the good stuff. What's better than a facial masque? Two facial masques! We all know that masking delivers a shot of nutrition as well as tons of benefits, but did you know that you can double the fun. The trick to successful double-masking is to pair up masques that work well together. To try the layering technique, smooth on a high anti-oxidant based masque like the raspberry pore-refining masque then apply a powerful one like the Lime Stimulating Masque on top.







# masque.

## Lime

#### stimulating masque

Revitalize and brighten your complexion with our Lime Stimulating Masque. The natural phytohormones and vitamins will leave your skin appearing rosy with increased circulation. Note that this active mask will leave a normal redness for up to two hours after treatment.

- Skin is stimulated resulting in a rosy glow
- Assists in stimulating blood circulation
- Skin appears firm, fresh and smooth
- Problem skin areas are improved
- Complexion appears revitalized and more youthful



**Lime and lemon:** antioxidant; source of vitamin C

**Thermal Water:** source of minerals to the skin; softens and nourishes the skin

**Nettle:** stimulating

**BioComplex:** a booster of antioxidants, Coenzyme Q10, and Alpha Lipoic Acid to reduce the appearance of wrinkles and improve the

appearance of skin

## Well, that was stimulating!

Through treatments infused with paprika, nettle or cinnamon, skin can be stimulated with "hot" masques which give a hit of spice to the complexion. These applications leave the skin with a rosy glow as well as an immaculately toned and firm appearance. The increase in circulation means that oxygen enters the system more quickly and waste leaves faster - creating a detoxifying and oxygenated environment, excellent for keeping the skin toned and glowing. In the same way that stimulating your body's circulation is necessary for exercise, increasing the circulation in your face has the same effect: it's like a great workout for your skin.



Lime Stimulating Masque



# concentrate.

# Mangosteen

daily resurfacing concentrate

Gently resurface and refine pores to refresh the skin's natural appearance. The mangosteen in this leave-on concentrate promotes radiance while the Lactic Acid Complex removes and prevents buildup.

- Dull skin is immediately refreshed and revitalized
- Evens skin tone and texture for a natural, luminous glow
- Pore size is minimized
- Skin is more receptive to further treatment
- Skin feels smooth and silky



**Mangosteen:** A super fruit that helps protect skin from drying environmental stressors while promoting natural radiance

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**Lactic Acid:** Gentle alpha-hydroxy-acid (AHA) exfoliant; removes surface buildup and improves skin hydration for a brighter, smoother complexion

**Ribose** (from Corn Seeds): Promotes the look of smoother, revitalized skin

**Red Clover Flower Extract:** Refines and improves skin tone to minimize pore size



### When layering serums/concentrates/oil, how much is too much?

I recommend limiting your selection to one to two serums, oils and/or concentrates so they can effectively absorb into the skin.

I advise layering in order of consistency: from lightest to richest:

1. Serum 2. Concentrate 3. Oil

Apply one to two drops or pumps to the palm of your hand and gently press the product into your complexion (don't forget your neck area!). Follow up with your favorite Eminence Organics moisturizer to lock in the goodness.





# **Facial Recovery Oil**

Toning and hydrating oil created with precious herbs and nourishing oils to soothe and renew sensitive and aging skin. This is a luxurious facial oil suitable for all skin types.

- Skin appears deeply nourished and hydrated
- Skin appears smoother and softer
- Epidermis appears regenerated, healing is augmented
- Complexion appears even

#### Key ingredients

**Clary Sage Oil:** calming; balances oil production

**Olive Oil:** calms and soothes the look of skin while deeply hydrating the skin

**Sage Leaf Extract:** antioxidant; rejuvenates and tones the look of skin

**Ylang Ylang:** cleanser; calming and balancing



## But I'm afraid to use oil on my face! It's ok!

Oils. If using them on your face still frightens you with visions of shiny foreheads and breakouts, you need to get versed on them.

When formulated for skin care, these magical liquids work super-hard to add moisture to your skin, balance oil production and provide nutrients. Because oils are lipophilic (or "fat-loving") elements, they pass through the lipid layer of the skin faster, trapping water and moisture and leading to superior hydration. Contrary to popular belief, oil is one of the best ways to tackle oily skin. If you suffer from overactive sebum production, applying oil can actually reduce oil generation. When skin is properly hydrated, overactive sebaceous glands decrease activity and promote balanced skin.





# eye cream.

# **Bearberry**

eye repair cream

Ultra-hydrating eye cream with bioactive ingredients to hydrate and nourish the appearance of skin around the fragile eye contour area. Meadow eyebright, hop and bearberry help to reduce the visible signs of aging.

- Eye area is hydrated, revitalized and appears lifted
- The appearance of under eye bags and puffiness is reduced
- Eye area looks well rested



**Bearberry Extract:** brightens and is rich in

antioxidants

Red Clover Extract: antioxidant

Parsley Seed Extract: improves the

appearance of skin radiance

**Eyebright:** firms and brightens the

appearance of skin

Hops Extract: calms and tones the

appearance of skin



### What exactly are Biodynamic® practices?

**Demeter International defines Biodynamic® agriculture as a holistic and living farming system.** Through on-farm recycling of plants, soil, water and animal life, there's no need to add artificial pesticides and chemical fertilizers. Not only is this type of farming the best in natural production, it increases the vitality of the products grown. Biodynamic® food tastes better, Biodynamic® wine is superior; the produce of this type of farming contains the ultimate in potency and purity.





# moisturize.

# Mangosteen

gel moisturizer

Reveal a photo-ready complexion with this lightweight gel-cream moisturizer. This unique pore-minimizing, hydrating formula begins as a dewy gel then beautifully melts into the skin for a smooth, matte finish. For best results, layer over the Mangosteen Daily Resurfacing Concentrate.

ÉMINENCE
ORGANIC SKIN CARE
Mangosteen Gel Moisturizer
60 m. - 2 fl oz

- Skin looks energized and refreshed
- · Pores are minimized
- Skin feels velvety soft
- Skin is left hydrated with no greasy residue

#### Key ingredients

**Mangosteen:** An antioxidant-rich super fruit that helps the appearance of skin and minimizes the look of environmental stress, all while promoting natural radiance

**Red Clover Flower Extract:** Refines and improves skin tone to minimize pore size

**Ribose** (from Corn Seeds): Promotes the appearance of smoother and revitalized skin

#### Gel? What's a gel moisturizer?

Beyond texture, gels and creams differ from the point of view of their formulation. **Gel moisturizers have a more watery and lighter structure than creams do.** They contain humectant ingredients which are capable of capturing water molecules in the epidermis, such as hyaluronic acid,
natural moisturizing factors or even polysaccharides. This is why gels provide hydration without a greasy finish. They are preferable for oily skin or
those looking for a matte effect without shine. They are also suitable for anyone wishing to opt for a lighter moisturizer during warmer seasons.

