


January Birthdays

Joyce J.	Jan. 01	Reginald C.	Jan. 11
Roxanne M.	Jan. 02	Lynda P.	Jan. 12
Sylvia W.	Jan. 02	Sit Ying T.	Jan. 16
Jean H.	Jan. 05	Victoria G.	Jan. 21
Megan B.	Jan. 08	Doreen M.	Jan. 22
Teresa B.	Jan. 10	Juat P.	Jan. 24
Janet T.	Jan. 10	Meta Z.	Jan. 26
Norma E.	Jan. 11		

Birthday Tea

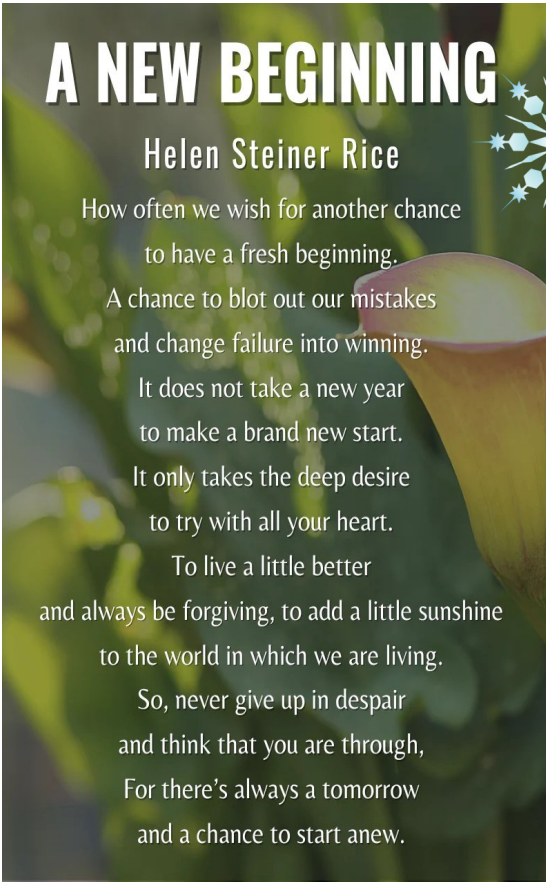
Thursday @ 1:30 pm
Jan 16 in the MPR
For Magnolia & Camelia
(# limits during flu season)



A NEW BEGINNING

Helen Steiner Rice

How often we wish for another chance
to have a fresh beginning.
A chance to blot out our mistakes
and change failure into winning.
It does not take a new year
to make a brand new start.
It only takes the deep desire
to try with all your heart.
To live a little better
and always be forgiving, to add a little sunshine
to the world in which we are living.
So, never give up in despair
and think that you are through,
For there's always a tomorrow
and a chance to start anew.





Happy New Year

RESPECT

Be the first to improve the look of our home (e.g. picking up litter, straightening pictures, wiping up small spills, etc.)



Find out what it means to us

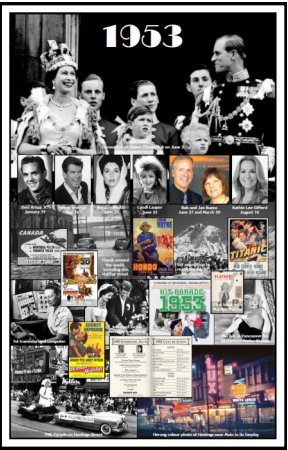
Birth Year Posters

We hope the residents who moved in last year enjoyed opening their Christmas present and reminiscing about the events of their birth year. We will replace the resident's photo if a family member wants to email a better one in jpeg form to Rob.Buzza@buchanan-lodge.com.

Available for Orders

We now have birth year poster templates from 1908 -1965 so if you would like to have an individualized one for yourself, friends or family members, they can now be ordered through the Chaplains. The cost is \$20, including the 11X17 frame, and the proceeds will be used to enhance the Spiritual Health Programs for the residents.

It's the perfect birthday gift idea!



Blessings to You in the New Year
May peace fill your world,
May love fill your home
With contentment and happiness, Too—
In wonderful ways
May This year of new days
Be filled with sweet blessings for you.
Happy New Year



BUCHANAN LODGE



Buchanan Buzz

NEWS FROM 409 BLAIR AVE.

JANUARY 2025

Precious Memories



When you look this good, the paparazzi find you!



Camelia staff have earned a pajama day!



We love Community Council & Volunteer support!



Juat & Joyce show off their manicures



Rose Garden staff brought the joy this Christmas!



The Chaplains help to light the way



Carolling with Jean & Steve



Willow definitely had the "sweetest" decorations!

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Thought for January Are we making progress?

This new year, more than any other, promises innovation and progress - like the booming business of A.I. - aka. "Artificial Intelligence." Progress though? I wonder.

Funny story - I tried the A.I. app, ChatGPT, for the first time in planning a fun table game for our Buchanan Staff Christmas Party. The tables were named after the 12 Days of Christmas song and the "computer/app/robot/Elon/whoever/whatever /A.I. thingy" texted me a related game idea, promising plenty of action, hilarity and seasonal fun for all! Unfortunately, it failed to factor in a confused human emcee (me) and my even more confused colleagues. There was a lot of flapping, flopping, dancing and prancing birds, plus a table of Rec staff trying to be geese laying dessert plates. I had to bring an end to the chaos before the pipers started piping (no one wants to pay the piper). Now I know why they call it "artificial intelligence"!

I may be old school but maybe we are better off receiving guidance from the One who made us, rather than from the other things He made, or worse, from the things we made. While some try to plan their ways and their days by searching the universe, the stars (celestial or celebrities), politicians, the internet or A.I., we are much better off if we go directly to the Source. *Trust in the LORD with all your heart; do not depend on your own understanding. Seek his will in all you do, and he will show you which path to take* (Proverbs 3:5,6).

As we head into this new year with questions about our future, let's remember to walk beside the One who created us in His image. The Christmas season is a timely reminder at the end of the year that our Lord "Emmanuel" (which means "God with us") will walk with us and talk to us if we put our trust in Him. Speaking of old school, I still like the lyrics of this 50's country song:

I Know Who Holds Tomorrow

- I don't know about tomorrow
- I just live from day to day
- I don't borrow from its sunshine
- For its sky may turn to gray
- I don't worry o'er the future
- For I know what Jesus said
- And today I'll walk beside Him
- For He knows what is ahead

*Many things about tomorrow
I don't seem to understand
But I know who holds tomorrow
And I know who holds my hand.*

Let's remember that we will make real progress this new year when we put more faith in God's wisdom and less in "artificial intelligence"! Happy New Year everyone!!

Chaplain Rob Buzza

*We are better off
receiving guidance
from the One who
made us, rather
than from the other
things He made, or
worse, from the
things we made.*

Coming Soon

HOUSE MUSIC FOR JANUARY

Jan 02, Thursday 2 pm - Magnolia & Camelia New Year's
Jan 03, Friday 2 pm - Rose & Willow New Year's
Jan 11, Saturday 10 am - Rose with Alastair
Jan 18, Saturday 1:30 pm - Camelia with Dave
Jan 25, Saturday 1:30 pm - Magnolia with Dave

Resident Council MEETING

Resident Council Meeting
Tuesday, Jan. 7 @ 2:30pm Willow
Special guest Mia (our Dietitian)



Special Lunches (TBD)

12 pm Jan 15 Rose & Willow MPR
12 pm Jan 22 Mag. & Cam. MPR
If you would like to join your loved one for lunch, please email Trish (Recreation Coordinator) 2 days prior at: patricia.foley@salvationarmy.ca



Magnolia staff made their house & themselves look festive



We are welcoming 2025

Thursday & Friday, Jan. 2 & 3
2 pm in the MPR
Sparkling Toasts, Trivia, Treats and special music
Jan 2 - **Magnolia & Camelia**
music by Alastair
Jan 3 - **Rose & Willow**
music by Dave and Tom



Willow inspired us all to deck the halls this Christmas



Camelia repped the Christmas Spirit - triumph over adversity