# **Psychic Reading Worksheet**

## STUDENT NOTES

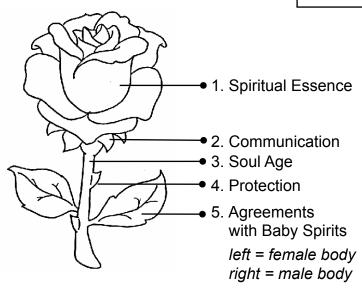
## **Reading Prayer**

As we read, we recognize the unique spirit that is within each of us; becoming more aware of our own spiritual nature and increasing the communication with the God of our own heart. May it be with the blessings of the Supreme Being that whatever happens during this reading, may it benefit each of us in our spiritual growth, understanding, amusement and abundance. Amen.

## **Rose Reading**

#### **Interpreting Colors:**

- 1. What object/thing does that color remind you of?
- 2. Plug the noun into the reading statement.
- 3. Be like a poet and elaborate on the metaphor.



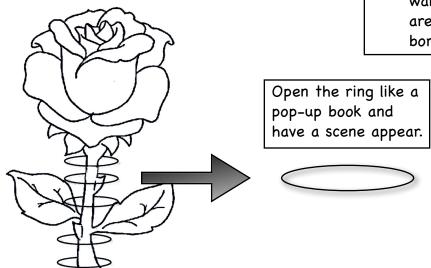
#### Soul Age:

- Young Explorers
- Medium Activists
- Old Understanding

#### Rose Reading Statements:

- \*\* Add 'right now' or 'in present time' to the beginning of each statement. \*\*
- 1. You are a soul who is like a \_\_\_\_\_.
- 2. The way you communicate is \_\_\_\_\_.
- 3. You are an (young, medium, or old) soul. Explain what that means...
- 4. You are protecting your \_\_\_\_\_. (choose a body part or a chakra)
- 5. You have \_\_\_ spirit(s) who want(s) to be born into a female body and \_\_\_ spirit(s) who want(s) to be born into a male body that are interested in being born or has been born as your child.

#### **Past Lives**



#### Past Life Reading Steps:

- 1. Describe the scene.
- 2. Who was the readee?
- 3. Tell the story of the readee's lifetime.
- 4. What was the theme or life lesson?
- 5. How can the readee apply that information to this lifetime?

### Aura Reading -- Layers of the Aura

1st - **Survival**: Basic needs for health and safety;

diet, hydration, exercise, rest

2nd - **Emotion**: What your body is feeling or sensing

3rd - Physical Power: How you accomplish physical

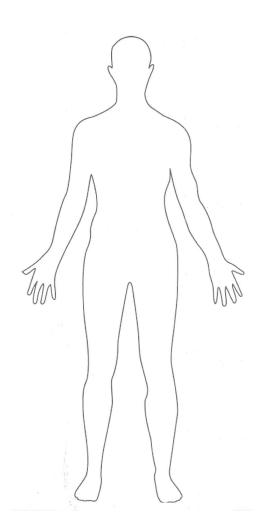
tasks; energy expenditure

4th - **Affinity**: How you see yourself; self image 5th - **Communication**: Verbal and non-verbal

expression

6th - Clairvoyance: How you see the world around you

7th - **Presentation**: How you want other's to see you



The 1st layer is closest to the skin and the 7th layer is the outermost layer.

The aura layers are created by the spin of the corresponding chakra. The chakra definitions are the same as the aura layers – except the 7th chakra (your spiritual knowingness).

Aura 1	Layer	Statements:
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\*\* Add 'right now' or 'in present time' to the beginning of each statement. \*\*

1. The way you care for your body is like a \_\_\_\_\_.

2. Emotionally you are like a \_\_\_\_\_.

3. The way you accomplish things physically is like a \_\_\_\_\_

4. You see yourself like a \_\_\_\_\_.

5. The way you express yourself is like a \_\_\_\_\_.

6. You see the world like a \_\_\_\_\_.

7. You want other's to see you like a \_\_\_\_\_.