



MINNESOTAFLYERS

GYMNASTICS AND FITNESS



JANUARY 2026 NEWSLETTER

HAPPY NEW YEAR!

Calendar

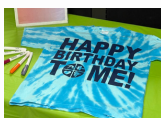
January 2	10:00 am - Noon - Holiday Open Gym
January 5	Winter Rec Classes Resume
January 10	Crystal Classic Invitational Team Competition Optional Levels in Fargo
January 15	Gym Closed for Laker Gymnastics Home Meet at 6:00 pm*
January 19	Martin Luther King, Jr. Day - Classes are in session
January 23-25	TNT Winter Challenge Team Competition Optional Levels in Fargo
February 12	Giving Hearts Day - see next page for more details

*Classes affected by Laker Home Meet will be emailed with a make-up date.

Open Gym Saturdays
10:00 am - Noon



2025 Year in Review



266 Classes
1,032 Rec students
80 Team gymnasts
200 FlyTime athletes
84 Birthday Parties
21 Field Trips
195 Fun Run participants
9 Grants
25 Ad Banners
45 Level 3-9 State Qualifiers
6 Level 7-9 Regional Qualifiers
1 Level 9 Western Qualifier
1 DLHS Laker Gymnastics State Championship
1 Ground-breaking ceremony for the expansion!

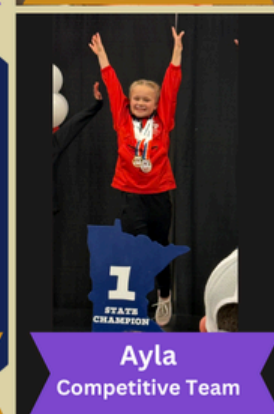
Thank you for a great 2025 -
we look forward to an exciting 2026!

www.mnflyersgym.org

218-847-3637



Staff Spotlight Amy



Amy is our front desk receptionist and ice pack distributor to the littles 😊

Amy loves to be outdoors on the lake in the summer. Sunrises and sunsets are her favorite! She also enjoys spending time at the ocean and beach. Her favorite movies are Pretty Woman, Girls Just Wanna Have Fun, and Top Gun.

As an OT, Amy has a lot of experience with kids and used her skills to create her favorite MFGF memory. She made a photo schedule for a young athlete to follow to help learn the class routine. The child came down from class full of smiles and said to her mom, "I'm a Junior Hot Shot!" It made Amy's night!

Thank you Amy for making all of our athletes feel comfortable and loved!



Giving Hearts Day

Thursday, February 12th is Giving Hearts Day. Each year we raise money to support our special needs program, FlyTime. FlyTime is 100% funded by generous donors and grants. Our goal this year is to raise \$25,000!



FlyTime hits a big milestone this year by celebrating 10 years! In this time, the program has grown from 1 school partnership in 2015 to 5 schools and 2 adult day programs in 2025!

You can make your online gift starting January 12th!

Visit www.givingheartsday.org and search for **Minnesota Flyers**.

Gifts by check must be dated February 13, 2025 and written to MFGF.



JANUARY BIRTHDAYS!



Join us in wishing Happy Birthday to these students and staff!

Ivan A

Gavin B

Ariette B

Olivia B

Naomi B

Anayah B

Phoebe C

Anne C

Daniil C

Wrenley C

Jagger E

Nathan E

Micah F

Brynlee F

Conrad F

Tianna G

Riley G

Florance G

Kevin H

Delaney H

Lincoln J

Jayceon J

Liam K

Hadley K

Farrah L

Josiah M

Ashley M

Karis M

Blakely P

Otto P

Reid P

Hailey P

Bronson P

Cade R

Zayden R.S.

Freddy S

Natalie S

Elijah S

Averlee S

Quinn T

Cali V

Zoey W

Jessica W

Leia Z

STAFF BIRTHDAYS: Megan

