



# MINNESOTA FLYERS

GYMNASTICS AND FITNESS



JANUARY 2026  
NEWSLETTER

# HAPPY NEW YEAR!

## Calendar

January 2 10:00 am - Noon - Holiday Open Gym

January 5 Winter Rec Classes Resume

January 10 Crystal Classic Invitational  
Team Competition Optional Levels in Fargo

January 15 Gym Closed for Laker Gymnastics Home Meet at 6:00 pm\*

January 19 Martin Luther King, Jr. Day - Classes are in session

January 23-25 TNT Winter Challenge  
Team Competition Optional Levels in Fargo

February 12 Giving Hearts Day - see next page for more details



\*Classes affected by Laker Home Meet will be emailed with a make-up date.

Open Gym Saturdays  
10:00 am - Noon

## 2025 Year in Review



266 Classes  
1,032 Rec students  
80 Team gymnasts  
200 FlyTime athletes  
84 Birthday Parties  
21 Field Trips  
195 Fun Run participants  
9 Grants  
25 Ad Banners  
45 Level 3-9 State Qualifiers  
6 Level 7-9 Regional Qualifiers  
1 Level 9 Western Qualifier  
1 DLHS Laker Gymnastics State Championship  
1 Ground-breaking ceremony for the expansion!

Thank you for a great 2025-  
we look forward to an exciting 2026!



[www.mnflyersgym.org](http://www.mnflyersgym.org)

218-847-3637

## Staff Spotlight Amy



Amy is our front desk receptionist and ice pack distributor to the littles 😊

Amy loves to be outdoors on the lake in the summer. Sunrises and sunsets are her favorite! She also enjoys spending time at the ocean and beach. Her favorite movies are Pretty Woman, Girls Just Wanna Have Fun, and Top Gun.

As an OT, Amy has a lot of experience with kids and used her skills to create her favorite MFGF memory. She made a photo schedule for a young athlete to follow to help learn the class routine. The child came down from class full of smiles and said to her mom, "I'm a Junior Hot Shot!" It made Amy's night!

Thank you Amy for making all of our athletes feel comfortable and loved!



## Giving Hearts Day



Thursday, February 12th is Giving Hearts Day. Each year we raise money to support our special needs program, FlyTime. FlyTime is 100% funded by generous donors and grants. Our goal this year is to raise \$25,000!

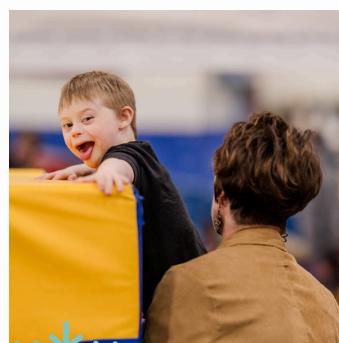


FlyTime hits a big milestone this year by celebrating 10 years! In this time, the program has grown from 1 school partnership in 2015 to 5 schools and 2 adult day programs in 2025!

You can make your online gift starting January 12th!

Visit [www.givingheartsday.org](http://www.givingheartsday.org) and search for Minnesota Flyers.

Gifts by check must be dated February 13, 2025 and written to MFGF.



# JANUARY BIRTHDAYS!



Join us in wishing Happy Birthday to these students and staff!

Ivan A	Tianna G	Reid P
Gavin B	Riley G	Hailey P
Ariette B	Florance G	Bronson P
Olivia B	Kevin H	Cade R
Naomi B	Delaney H	Zayden R.S.
Anayiah B	Lincoln J	Freddy S
Phoebe C	Jayceon J	Natalie S
Anne C	Liam K	Elijah S
Daniil C	Hadley K	Averlee S
Wrenley C	Farrah L	Quinn T
Jagger E	Josiah M	Cali V
Nathan E	Ashley M	Zoey W
Micah F	Karis M	Jessica W
Brynlee F	Blakely P	Leia Z
Conrad F	Otto P	

STAFF BIRTHDAYS: Megan

