February Birthdays

Eva F. Feb. I Luen C. Feb. 4 Louise L. Feb. 5 Audrey P. Feb. 6 Feb. 8 Irene R. Feb. 12 Eiko H. Rosemary H. Feb. 25

Family Rooms in Willow

The Family room on Willow Creek Side B (far end of the house) is available to Willow Families to make use of on a first come first serve basis. There is no need to reserve this room. The doors to this room are not locked.

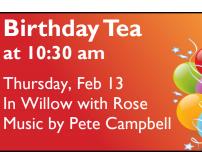


No matter how busy you are or how many tasks you are managing at once, maintain a calm spirit and relaxed demeanor!





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Family Rooms in Camelia

The Family room on Camelia Park Side B (far end of the house), which had been closed due to the scabies outbreak, is now cleaned and ready to be used. Camelia Families can make use of this room on a first come first serve basis. There is no need to reserve this room. Please ask a care staff or nurse to unlock the door to this room when needed.

February

by Jane Goodwin Austin I thought the world was cold in death; The flowers, the birds, all life was gone, For January's bitter breath Had slain the bloom and hushed the song.

And still the earth is cold and white. And mead and forest yet are bare; But there's a something in the light That says the germ of life is there.

Deep down within the frozen brook I hear a murmur, faint and sweet, And lo! the ice breaks as I look, And living waters touch my feet.

Within the forest's leafless shade I hear a spring-bird's hopeful lay: O life to frozen death betrayed Thy death shall end in life today.

And in my still heart's frozen cell The pulses struggle to be free; While sweet the bird sings, who can tell But life may bloom again for thee!

BUCHANAN LODGE









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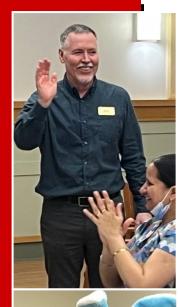
Thought for **February**

As February is the month of love we want to express ours to Buchanan's Support Services Manager, Joe Roche. Joe led us with love for almost 3 decades and has earned his retirement



and our heartfelt love and appreciation in return!

In our leadership meetings we often talk about leading with love. The most important quality to measure in hiring staff and appointing leadership is how much they care, about their work and the people they serve. Joe was the epitome of a servant leader, just like Jesus described:



"Jesus called them together and said, "You know that the rulers in this world lord it over their people, and officials flaunt their authority over those under them. But among you it will be different. Whoever wants to be a leader among you must be your servant, and whoever wants to be first among you must become your slave. For even the Son of Man came not to be served but to serve others and to give his life as a ransom for many." (Matthew 20:25-28)

Some try to command respect by leading from the top down; loe earned our respect and love by leading from the bottom up. No job was beneath him. He came to work with his sleeves rolled up, a smile on his face, and a word of encouragement for anyone in need. Every problem could be solved through a positive attitude, a little ingenuity, and a lot of hard work. All of that effort is worth it if you love the people you work with and the residents we serve. Joe always looked for meaning and fulfilment in his work and let us know in his farewell parties how much he will miss that and us.

In the same way we embraced loe, let's welcome Soraya Da-Rocha-Britto as our new Manager of Support Services. She will need our patience, help, and unwavering support as she steps into this busy and multifaceted role. Welcome Soraya!

In this month dedicated to love, let us all lead with love - for each other and especially for our residents 🥊

~ Chaplain Rob ~







SUPERBOWL SUNDAY, Feb 9

The Rematch: Chiefs & Eagles On FOX TV - 3:30 pm (PT) Kick Off All House TVS should be tuned in! Half-time show features Kendrick Lamar.







Monday, Feb. 17



BUCHANAN BUZZ

February 7 Friday, 10:00 am with Alastair February 15 Saturday, 1:30 pm with Dave February 20 Thursday, 1:30 pm with Dave February 26 Wednesday, 1:30 pm with Alastair



Fish and Chips Lunches

February 12 Wednesday, 12 pm in Rose & Willow February 27 Thursday, 12 pm in Magnolia & Camelia

If you would like to join your family member for this lunch, please email BuchananLodge.Recreation@salvationarmy.ca I day prior to the day you will be joining in. The approximate cost per resident or guest will be \$12.