

Our Services

holistic acupuncture

Blend of traditional acupuncture with ancient healing practices including reiki, energy healing, chakra balancing, aromatherapy, sound therapy and cupping.

- Initial Evaluation & Treatment (\$250)
- Follow-Up (\$185)
- VIP Package (\$1750 / 10)

bodywork & massage

- Ortho-Bionomy / Light-Touch Bodywork (\$150)
- Therapeutic Massage (\$185 / \$275)
- Deep Tissue Massage (\$185 / \$275)
- Reflexology & Meridian Balancing (\$150)
- Elevations - CBD Oil, Cupping & Aromatherapy (\$40)
- In-home / hotel : \$50 travel fee within 10 mi

breathwork

Breath Journey - 90 Minutes (\$300)

In-home Breath Journey - 90 Minutes (\$350)

Group Breath Journey (in-home / in-hotel)

- 1-4 People (\$250 pp)
- 5-10 People (\$225 pp)

injection therapy

- B12 immune & metabolism (\$35 / \$150 for 5)
- Glutathione anti-aging (\$55 / \$250 for 5)
- Lypotropic fat burning (\$45 / \$200 for 5)
- Traumeel pain & injury (\$45 / \$200 for 5)

cosmetic anti-aging acupuncture & facial rejuvenation

Treatment includes facial massage, facial gua sha & cupping (\$210 / \$1875 for 10)

Facial Microneedling (Collagen Induction Therapy) (\$310 / \$875 for 3)

reiki energy work

In-Person or Remote

60 Mins (\$175) / 90 Mins (\$225)

yoga

Vinyasa, Ashtanga or Yin

(60 minutes; in-home/ hotel only)

1- 4 people (\$200/pp), 5+ people

(\$175/pp)

holistic inner sanctuary journey

Personalized Whole Body Wellness Experience

please call for details

bioenergetics / nutrition

Initial Testing, Consult & Treatment Plan (\$225)

Follow-up (\$150 / \$475 for 3)

health & wellness coaching

Bundled with Bioenergetics Treatment (\$400)

A La Carte Coaching (\$600)