WEEK 1 SPRING/SUMMER

## BUCHANAN LODGE MASTER MENU

WEEK 1 SPRING/SUMMER

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast	Apple Juice	Orange Juice	Cranberry Juice	Apple Juice	Orange Juice	Cranberry Juice	Apple Juice
	Stewed Prunes or	Stewed Prunes or	Stewed Prunes or	Stewed Prunes or	Stewed Prunes or	Stewed Prunes or	Stewed Prunes or
	Banana Half	Banana Half	Banana Half	Banana Half	Banana Half	Banana Half	Banana Half
	Hot Oatmeal	Hot Oatmeal	Hot Oatmeal	Hot Oatmeal	Hot Oatmeal	Hot Oatmeal	Hot Oatmeal
	Asstd. Cold Cereals	Asstd. Cold Cereals	Asstd. Cold Cereals	Asstd. Cold Cereals	Asstd. Cold Cereals	Asstd. Cold Cereals	Asstd. Cold Cereals
	Cheese Slice	Poached Eggs	Bacon	Scrambled Eggs	Boiled Eggs	Sausages	Scrambled Eggs
	Cinnamon Bun	Toast	Toast	Raisin Toast	Toast	Toast	Toast
	Jam & Peanut Butter	Jam & Peanut Butter	Jam & Peanut Butter	Jam & Peanut Butter	Jam & Peanut Butter	Jam & Peanut Butter	Jam & Peanut Butter
	Tea - Coffee - Milk	Tea - Coffee - Milk	Tea - Coffee - Milk	Tea - Coffee - Milk	Tea - Coffee - Milk	Tea - Coffee - Milk	Tea - Coffee - Milk
10AM	Assorted Beverages						
Lunch	Apple Juice	Orange Juice	Cranberry Juice	Apple Juice	Orange Juice	Cranberry Juice	Apple Juice
	Baked Ham with Fruit Sauce	Meatloaf	Lemon Parmesan Chicken	Sweet and Sour Pork	BBQ-style Swiss Steak	Baked Salmon Lemon Dill Sauce	Roast Turkey with Creamed Gravy
	Scalloped Potatoes	Mashed Potato	Parslied Potatoes	Jasmine Rice	Mashed Yams	Potato Casserole	Whipped Potatoes Dinner roll
	Whole Green Beans	Brussels Sprouts	Zucchini Spears	Prince Edward Island Mix	Waxed Beans	Fresh Carrots	Spinach
	Apricots	Fruit Medley	Diced Pears	Mandarin Oranges	Butterscotch Pudding	Fruit Cocktail	Fresh Strawberries & Real Whipped Cream
2:00 PM	Assorted Beverages, Bake goods & Fresh Fruits						
Dinner	Vegetable Barley	Chicken with Rice Soup	Potato Chowder	Summer Minestrone	Tomato & Rice	Cream Of Mushroom	French Onion Soup
	Soda Crackers	Soda Crackers	Soda Crackers	Soda Crackers Salad Plate:	Soda Crackers	Soda Crackers	Soda Crackers
	Chicken Pot Pie	Salad Plate: Crab Salad, Asparagus & Lemon Dressing Dinner Roll	Quiche Lorraine	Devilled Eggs Cheddar Cheese Slice  1/2 Slice Multi-grain bread	Sandwiches: Tuna Salad Herb Cream Cheese	Chicken Burger with Havarti Cheese Slice, Lettuce Leaf and Honey Mustard Sauce	Chinese-style Noodles
	Tossed Salad with Italian Dressing	Jellied Fruit	Spinach and Strawberry Salad with Balsalmic Dressing	Dilled Potato Salad	Pickled Beets	Onion Rings	Beef & Long Green Beans/bell peppers
	Cherry Pie	Mango Ice Cream	Rice Pudding	Lemon Loaf	Apple Bread Pudding & Vanilla Sauce	Black Forest Cake	Vanilla Ice Cream
HS	Assorted Beverages, Bake goods & Fresh Fruits						

Breakfast: 250mL of milk and 125mL of juice are offered daily

Lunch/ Supper: 125mL of milk and 125mL of water are offered daily.

Assorted Beverage is available upon request (125mL Juices/Milk) at PM & HS

Assorted Sandwich is also available upon request at HS

Menu subject to change without notice