

# August Birthdays

## BIRTHDAY TEA

**August 10 - Thursday**  
In Camelia with Magnolia  
at 1:45 pm  
With the Prickly Pair Band

Carol M.  
Anne S.  
Trudy B.  
Harriet A.  
Bing T.  
Michael (Joe) B.  
Josephine R.  
Grace E.  
David H.

August 5  
August 16  
August 20  
August 23  
August 23  
August 27  
August 28  
August 29  
August 31

## RESPECT

Find out what it means to us

*Remind yourself we always have  
a reason to be grateful & to offer  
someone else a smile!*



## CHRISTMAS IN JULY

Thanks New West **LIONS CLUB** for this donation and many years of blessing our residents. You are all much loved & appreciated ❤️❤️❤️



## New Westminster Lions Club



MD 19H 5

Celebrating 76 Years of Service!

June, 2023

**The letter presented to Buchanan  
from the Lions Club with a  
cheque for \$2371.49**

Buchanan Lodge  
409 Blair Avenue  
New Westminster BC V3L 4A4

Dear Friends,  
It is with heavy hearts we announce the New Westminster Lions Club will be ceasing operations as of June 30<sup>th</sup>, 2023.  
As we say goodbye to our community, it seems fitting that our final donation should be to our longest running project: Christmas at Buchanan Lodge.  
This, our first project began in 1946 and ran continuously until COVID19 arrived on the scene. One of our "Santas", Lion Barry Morrison will be proud to deliver this final donation.

We wish you much success in your future service to residents of New Westminster.

Sincerely,  
*Marion Quinlan*  
Marion Quinlan  
Secretary

## BUCHANAN LODGE



## Fun Facts about B.C.

- ◆ B.C. was the sixth province added to Canada, in 1871.
- ◆ B.C.'s motto is "Splendour without Diminishment."
- ◆ The provincial flower of B.C. is the Dogwood.
- ◆ There are only 30 countries larger than B.C. (and one state: Alaska).
- ◆ Mile 0 of the 7,699 km Trans Canada Hwy is in Victoria.
- ◆ Fairweather Mountain is the highest point in B.C. at 15,299 feet.
- ◆ Osoyoos is the warmest freshwater lake in Canada.
- ◆ Ogopogo has been a protected species since 1989.
- ◆ B.C. Place was the first covered stadium in Canada.
- ◆ The world's largest hockey stick resides in Duncan.
- ◆ Although the Canucks have come up short three times, two B.C. teams have won the coveted Stanley Cup - 1915 Vancouver Millionaires & 1925 Victoria Cougars.
- ◆ Vancouver is 2nd only to Los Angeles in TV production and 3rd in movie production.

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# Buchanan Buzz



NEWS FROM 409 BLAIR AVE.

AUGUST 2023

## Precious Memories



Lalit, our Burger Business Manager



Mila, champion Ball Tosser, 90+ category



Our international staff, proud to celebrate being Canadian



Chris, glad to be outdoors



Blake & Yolanda, looking cool by the coolers



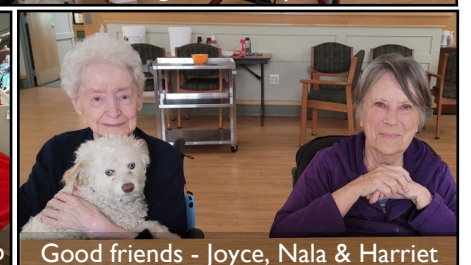
Eva, hula dancing on our trip to Hawaii



Staff at Appreciation BBQ



Jeanne's Canada too



Good friends - Joyce, Nala & Harriet



# Thought for August *Seize the day*

August 7th is BC Day and our home province is worth celebrating! While it is true that “there is no place like home” and everyone’s homeland has its own unique beauty, it’s near impossible to rival beautiful British Columbia, with its 27,000 kms of coastline and four season splendor.

I recently visited with a wonderful couple, Jack and Carol, who were my pastors when I was a teenager and personal mentors as an adult. Though they are Americans, they were returning to BC after being away for almost 50 years to check off the last box on their bucket list. When they lived here in the mid 1960s they had driven through our Rocky Mountains numerous times to visit churches or attend conferences. And despite Carol’s frequent requests to stop at Lake Louise, Jack always said, “we’ll have plenty of time to visit there later!” Well they never did, and Jack had finally brought Carol back to make good on his promise. They confided in me that it might have been better to enjoy that moment in their 20s instead of their late 70s but at least they were able to finally experience it.

Unfortunately, sometimes those moments are irretrievable! Opportunities come and go, some never to return. Jesus, in responding to excuses for not following Him, said this: “No procrastination. No backward looks. You can’t put God’s Kingdom off till tomorrow, Seize the day!” (Luke 9:62 MSG).

We don’t want to come to the end of our lives with regrets about lost opportunities. It could be something simple like breathing in the fragrance of a rose or witnessing the full spectrum of changing colours in a BC sunset. It could be something profound like showing someone you love them, or you forgive them, or that God loves and forgives them!

*Chaplain Rob*

We live in a beautiful part of the world and we serve a good God who created all that we see - let’s make the most of every moment.



*Beautiful British Columbia*

We live in a beautiful part of the world and we serve a good God who created all that we see - let’s make the most of every moment. Mother Teresa reminded us: “Yesterday is gone. Tomorrow has not yet come. We only have today. Let us begin!”



BUCHANAN BUZZ

## ARMCHAIR TRAVEL

with Chaplain Rob

### ITALY

Monday, August 14  
2 PM MPR  
All Houses Welcome!

JOIN US FOR  
*live music*

August 3<sup>rd</sup> Thursday 2 PM – Prickly Pair Band in MPR  
August 5<sup>th</sup> Saturday 1:45 PM – Dave in Camelia  
August 8<sup>th</sup> Tuesday 1:45 PM – Alastair in Camelia  
August 10<sup>th</sup> Thursday 1:45 PM – Prickly Pair in Camelia  
August 24<sup>th</sup> Thursday 1:45 PM – Alastair in Rose



## DOG SHOW

Thurs | Aug 31 | 2 pm | MPR  
For Magnolia & Camelia. Let the Recreation Team know if you have a well-behaved



**Saturday, Aug 12**  
from 1:30 pm  
in all 4 houses.

Have a sundae or a float compliments of our residents’ fundraising efforts!



## RESIDENT BBQs

11:30 AM

August 4 at Magnolia  
August 11 at Camelia  
August 18 at Rose  
August 25 at Willow

Hamburgers, chips,  
lemonade, ice cream bars



## On The Road Again!

BUS OUTINGS

August 16 - Rose - 1:30 pm  
August 22 - Magnolia - 1:45 pm  
August 29 - Magnolia - 1:30 pm  
**Walking Tour**



## GOLDEN OLDIES

Monday | Aug. 28 | 2 pm | MPR  
**Featuring Dean Martin**  
Singalong | Trivia | Prizes