



**ANNUAL REPORT
OF
SAI AASHRAYA TRUST
FOR
FINANCIAL YEAR
2021-2022**

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Sai Aashraya



Sai Prasad Venkatachalam

Introductory Message by Founder

Sai Aashraya was born out of one heartfelt question that a little Syrian girl child asked one of us. “Are there children like us in India too? Do you also serve food to children like us in India?” That one question straight from the heart of that little Angel lit the spark of Love in our hearts and Sai Aashraya was born. Sai Aashraya's Vision is to bring Global Harmony and Universal Peace through Selfless Love expressing itself as Service to Humanity. This Love is available in abundance in all our hearts and the more we spread it, the more it replenishes to help us spread it further

Sai Aashraya's Mission of Love & Service is constituted by the following four Pillars: -

- **Food & Nutrition**
- **Medicare**
- **Educare**
- **Sociocare**

Through the various Seva initiatives taken up under these 4 pillars, we aim to achieve the following: -

- **समता - Equality**
- **समग्रता - Integrity**
- **समैक्यता - Unity**
- **सौभ्रातृत्व – Fraternity**

By achieving the above goals, we seek to achieve Global Harmony and Universal Peace which is our Vision. All of Sai Aashraya's Seva Projects take the Highest Quality Seva offerings to the doorstep of the people living in some of the most under-served, diverse and challenging locations. To Love All - Serve All is the Mission that Sai Aashraya is on.

Board of Trustees

Mrs V Jayanthi, Managing Trustee

Mr Sai Prasad Venkatachalam, Founder Trustee

Mrs Sarika M Dhareshwar, Co-Founder Trustee

Mrs R Sowmya, Trustee



The Year that it was – 2021-2022

We are thrilled to share with you our incredible journey and progress made by the Organization during the financial year.

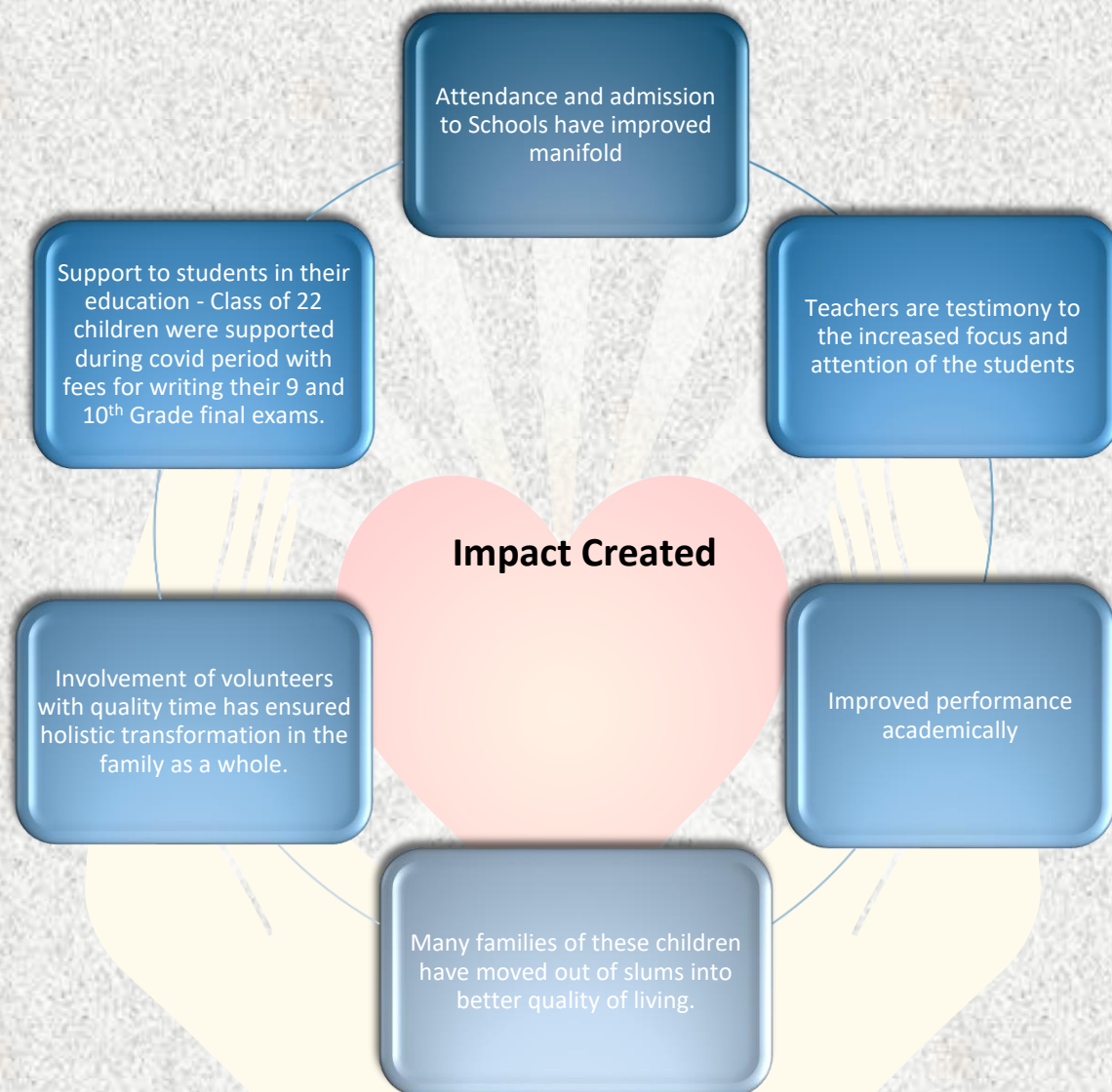
In the field of Food and Nutrition

Breakfast Seva:

Sai Aashraya saw the need to start this project seeing how many children went hungry to school every morning, feeling unwell, low on confidence and unable to focus in the classes in school. Sai Aashraya's Breakfast Seva ensures that school going children get a head start to the day with a healthy breakfast. This helps them become healthier and focus better in the classroom, and also in extracurricular activities. As of today, we get to serve about 800 Children from six schools every morning. The menu changes every day and we have a scheduled timetable that we follow. We have two items listed on each day that will be cooked on alternate weeks. Our Volunteers also spend quality time with the children and their parents to ensure that there is a Holistic Transformation.

LOCATION OF SERVICE ACTIVITIES:

- i. NSVK School - Old Airport Road
- ii. Kannada Primary School – Konena Agrahara
- iii. Govt Kannada Primary School - Nellorepuram
- iv. Govt Kannada Lower Primary School - Vimanapura
- v. Govt Telugu Higher Primary School - Nellorepuram
- vi. Govt Lower Tamil Primary School – Anandapuram
- vii. Govt Lower Primary School – Sudhama Nagar
- viii. Govt Higher Primary School – Annasandra Palya



24/7 Food Seva

The 24/7 Food Seva project was started seeing the need to reach out to people who were struggling to manage even one square meal a day. Living in tough conditions and low on self-confidence, they toiled away tirelessly in search of their next meal. Sai Aashraya identified those section of society who are in dire need and initiated food service during lunch and dinner. Sai Aashraya started food service by cooking from our homes, moved to a kitchen in a school, then rented a small kitchen, and today have rented out a much bigger kitchen that we have modified with State-of-the-Art equipments.

LOCATION OF SERVICE ACTIVITIES:

1. **Lunch Seva:**

- a. Underserved locations in and around Banaswadi,
- b. BBMP workers in 6 wards around Jeevan Bhima Nagar, Tippesandra
- c. Porters in Cantonment Railway station
- d. NSVK School in Old Airport Road.

2. **Dinner Seva:**

- a. Underserved locations in and around Banaswadi
- b. Porters in Cantonment Railway station

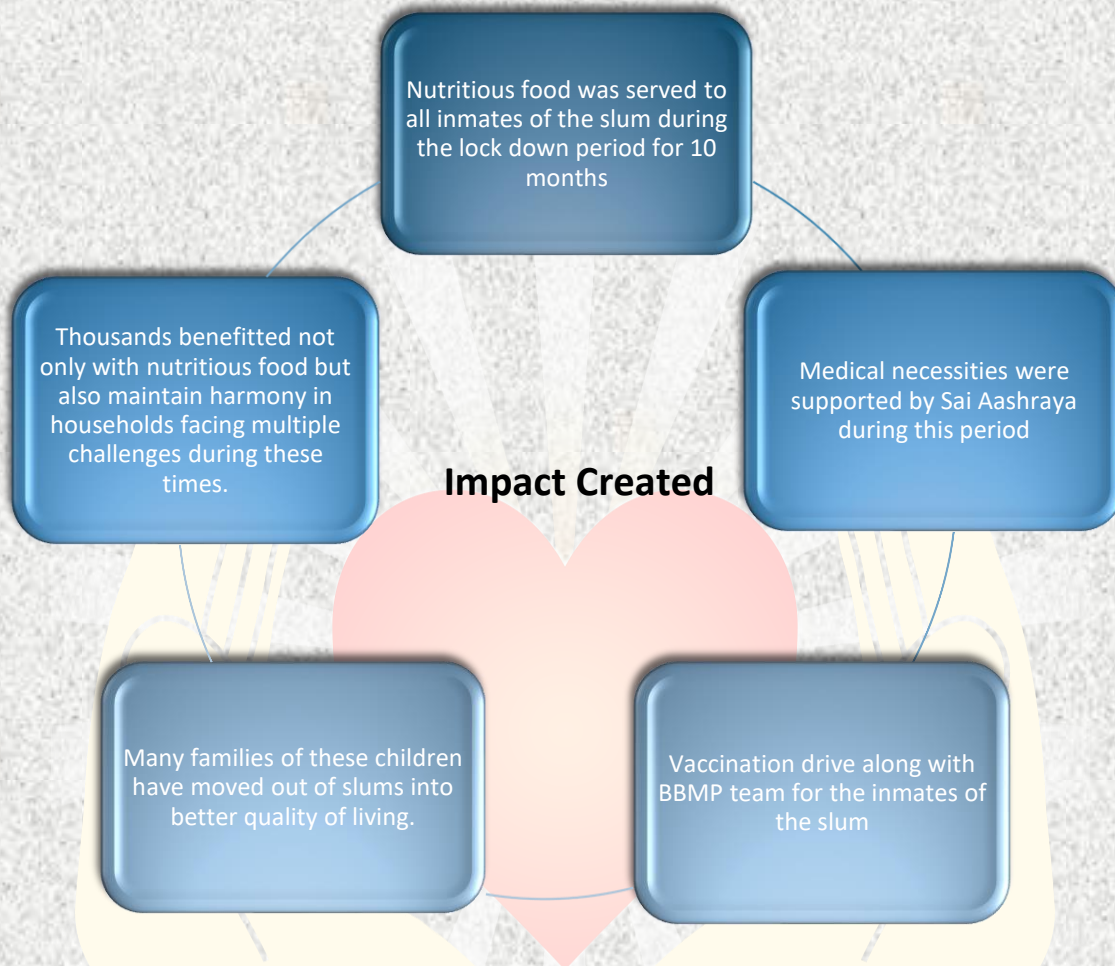
Operation Smiley:

The pandemic wreaked havoc in the lives of many people living in such areas. We saw an opportunity to carry out a special Seva which we named Operation Smiley. We worked in challenging circumstances to serve about 500 children with milk in the morning and around 3000 People a day with a healthy lunch every afternoon. Children were also given freshly made nutritious Protein mix which is a powder rich in protein (wheat, green gram, Ragi, Groundnut, Soyabean and til to mention a few) that can be dissolved in either hot milk or hot water and served specifically to children and pregnant ladies.

LOCATION OF SERVICE ACTIVITY:

Near Vagdevi School, Munnekolala

Sai Ashraya



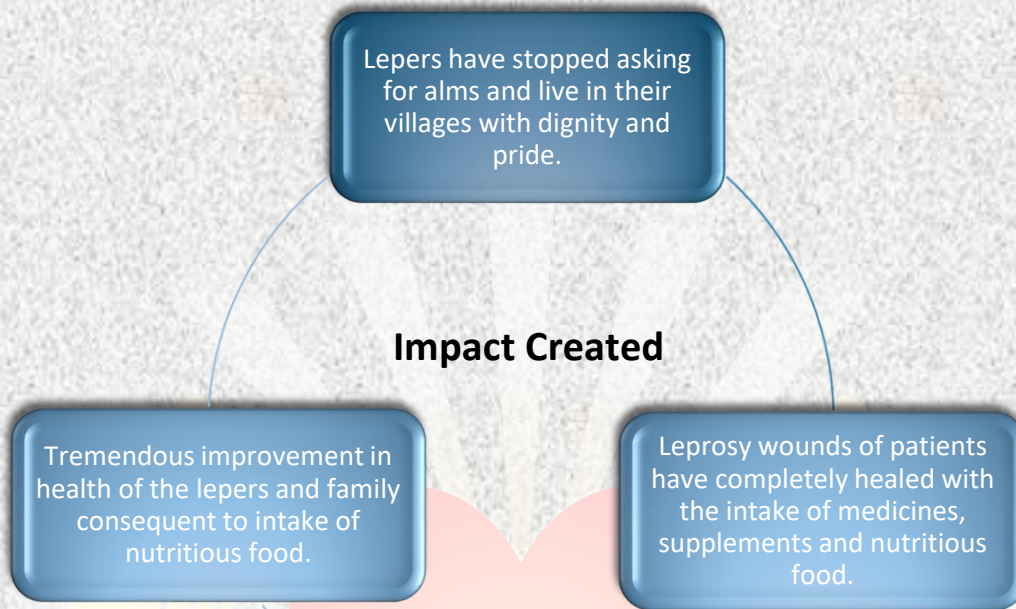
In the field of Medicare

Sai Aashraya Adarsh Gram Seva and Medicare seva

Team Sai Aashraya conducts its Super Speciality Medicare camp in Bharatiyar Nagar, Dharmapuri District on 3rd Sunday of every month to serve Lepers from 70 families and the inmates of nearby villages. Apart from the Medicare camps, the 70 families are provided with high quality groceries including 10 Kgs of rice and 1Kg of dal every month. Apart from this, seasonal fresh vegetables, Turmeric powder, Chana dal, oil etc are also provided every other month. Sai Aashraya has adopted this village and named it Sai Aashraya Adarsh Gram.

LOCATION OF SERVICE ACTIVITY:

Bharatiyar Nagar, Dharmapuri District.

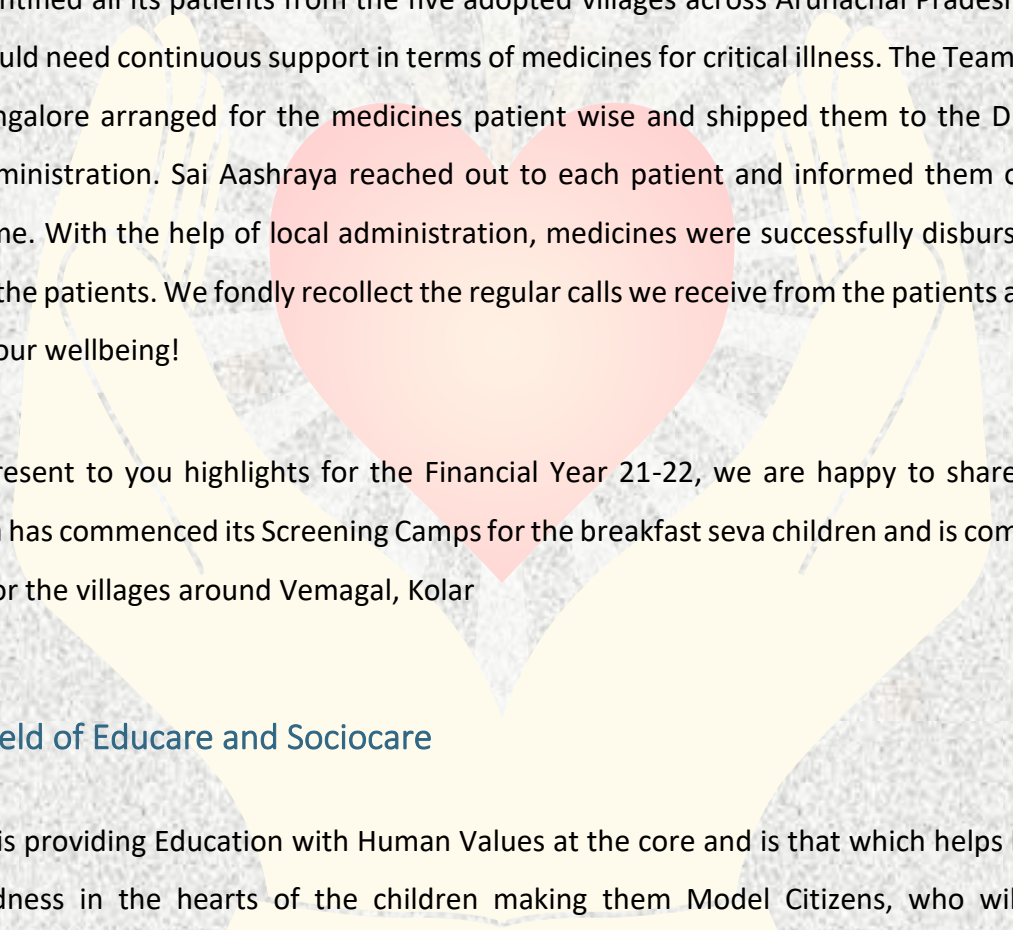


Vemagal Medicare camps

Sai Aashraya commenced its Medicare Camps for the Laborers at the construction site of Sai Aashraya Super Speciality Hospital. All the laborers and working staff in the site are screened thoroughly and provided necessary medication or further evaluation. Sai Aashraya provides medical services with its team of Super Speciality doctors with the necessary diagnostic equipment for performing various diagnostic tests (all blood tests) including detailed cardiac examination (Echo, ECG) and also provides the required medication.

Telemedicine and Medicines support during lockdown:

- a. **Telemedicine** – Though we were unable to continue the medicals camps owing to the Government guidelines, Team Sai Aashraya remained undeterred. We continued support our patients pan India via telemedicine. Patients were personally informed to reach out to us on our Toll-Free numbers and we provided medical support to them by consulting our team of Doctors. Sai Ashraya has served thousands of patients across the Country through Telemedicine.

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- b. **Continued issue of Medicines for patients across Karnataka** – Sai Aashraya continued to issue medicines for all critical patients from its centralized pharmacy. Select timings are informed for patients who would visit our pharmacy and collect medicines based on prescription.
- c. **Continued issue of Medicines for patients in Arunachal Pradesh** – Sai Aashraya identified all its patients from the five adopted villages across Arunachal Pradesh who would need continuous support in terms of medicines for critical illness. The Team from Bangalore arranged for the medicines patient wise and shipped them to the District Administration. Sai Aashraya reached out to each patient and informed them of the same. With the help of local administration, medicines were successfully disbursed to all the patients. We fondly recollect the regular calls we receive from the patients asking of our wellbeing!

As we present to you highlights for the Financial Year 21-22, we are happy to share that Sai Aashraya has commenced its Screening Camps for the breakfast seva children and is commencing shortly for the villages around Vemagal, Kolar

In the field of Educare and Sociocare

Educare is providing Education with Human Values at the core and is that which helps bring out the goodness in the hearts of the children making them Model Citizens, who will be the harbingers of Global Harmony and Universal Peace. Sai Aashraya has adopted 5 Schools under the Breakfast Seva Project and 1 School under the 24/7 Food Seva Project. In all the 6 Villages that have been adopted by Sai Aashraya, supporting the children through all the Educare initiatives is a very important facet of the Seva. The Message 'Education is for Life; Not for a mere living' is what guides us as we carry out Seva related to Educare. Our Volunteers spend time tutoring the children post school and regular motivational talks are also held for the children to get inspired. They are provided with all the School Supplies that they need.

The Sociocare Seva initiatives of Sai Aashraya focusses on creating happy homes wherever we go - From the homes of our Breakfast Seva children living in the most underserved locations where we carry out Seva, to the villages we adopt in the remotest parts of India. Once there is Harmony at home, the same spreads to the Society, the Nation and the World at large. Sai Aashraya's Sociocare initiatives are primarily centered around Gram Seva (Village Service) that focusses on Integrated Village Development that ensures the overall well-being of a village. As of April 2022, through this initiative, 'Sai Aashraya Village Integrated Programme (SAVIP)', we have adopted 6 remote villages. By intertwining Educare and Medicare we seek to create happy homes. Through creating awareness, is how we can ensure good health. Our Volunteers spend a lot of time with the people speaking about Health & Hygiene and that results in increased levels of awareness which leads to people being in good health.

Sai Aashraya Super Speciality Hospital

The Story of Sai Aashraya Super Speciality Hospital Sai Aashraya's Medicare Seva initiatives across India in very diverse and challenging locations and in the most under-served communities have enabled a great transformation in the lives of thousands of people. Through the Super Speciality Medicare camps being carried out across our Great Nation we have been able to touch the lives of over 70,000 patients as of June-2022. Even as the health and the overall well-being of the people living in these remote areas improved leaps and bounds, we always found it very challenging to get surgeries done for Children and Elders who needed them at the earliest. Our efforts to collaborate with multiple private healthcare institutions and charitable healthcare institutions didn't go as smoothly as we had expected. Even as we treated more and more patients we found the number of people needing invasive procedures only rising with time. Then came a point when we felt that we need our own Super Speciality Hospital, a Temple of Healing that can provide the most Loving and Holistic Medicare to all absolutely free of cost.

With our experience in the last five years, we saw that Cardiac care (Paediatric and Adult), and Obstetrics and Gynaecology (OB/GYN) were the main disciplines under which we had the most number of patients being treated by us. Congenital Heart Disease among children especially in the rural areas where we work, has been one of the main problems that we have been dealing with. Cardiac ailments among adults are also high in these remote areas. Many of them have even lost their lives due to lack of awareness and access to quality tertiary healthcare. Among the mothers whom we serve, there are many who always need Obstetrics procedures and often are forced to travel in bad health to far off places to get quality treatment. We have also been able to treat thousands of patients with other ailments by systematic Medical Management and consistent follow up.

Seeing this immense need we approached the Government of Karnataka for assistance in getting land to construct this Temple of Healing. After 2 years of persistent efforts, we were granted 5 acres of land in Vemagal, Kolar District, Karnataka, by the Karnataka Industrial Areas Development Board (KIADB). As of today, we have started construction of our own 220 Bed Super Speciality Hospital specialising in Paediatric and Adult Cardiac Care, and Mother & Child Care (OB/GYN). Sai Aashraya will also be adopting over 30 Villages around this Hospital. Throughout the construction phase and later as well, weekly Super Speciality Medicare Camps are set to be held in each village. The Breakfast Seva project will expand its wings to adopt more schools in these villages. A state of the art Central Kitchen will serve close to 10,000 people a day in areas around the Hospital. STEM training programs have been planned and will be provided to the youth residing in all the neighboring villages.

This is also a signature Sai Aashraya Seva Project, most Loving and Holistic in every sense

Sai Aashraya

SAI AASHRAYA SUPER SPECIALITY HOSPITAL, VEMAGAL, KOLAR DISTRICT



PROJECT HIGHLIGHTS

- Name of the Project – Sai Aashraya Super Speciality Hospital
- Nature of the Hospital – Super Speciality Tertiary care
- Specialities – Cardiac, Paediatric Cardiac, Obstetrics and Gyneacology
- Number of Beds – 220 beds
- Land Plot Size – 5 Acres
- Total Built up Area – 3,35,000 Sq Ft
- Area – Vemagal, Kolar District
- Connectivity: Located at Kolar-Chikballapur Main Road with the following connectivity



Malur Railway station – 29Kms



Kempagowda International Airport – 50Kms



Kolar Bus stand – 16Kms

Sai Aashraya

OBJECTIVES OF THE HOSPITAL

Temple of Healing with no Cash/billing Counter and no Donation counter

Super Speciality providing advanced Medical care with specific focus on Cardiac, Mother and Child Care

Advanced Technology with the best state of the art medical technologies adhering to International standards of service

Nursing College to provide free education and training for Nursing staff

Rehabilitation Centre that will house old aged people and terminally ill patients

Fully Furnished Accommodation for attendants of patients

24/7 State of the art Kitchen facility to provide healthy and hygienic cooked food to patients, attendants, staff and the visitors free of cost.

Generate Employment opportunities to the people of the nearby villages from the inception of the Hospital

Medical Education Centre to train and coach aspiring medical students from nearby villages and in and around Bangalore

Adoption of 36 villages around the Hospital site in Vemagal and provide Medicare, Sociocare and Educare to the inmates especially to the children, women and elders

KEY FEATURES OF THE HOSPITAL

220 Bed Hospital

7 Modular Operation theatres and 2 Minot Operation Theatres

All Major Radio Imaging Services – MRI, CT, Cath Lab, Mammogram, X Ray, Endoscopy, Ultrasound

Medical Research Centre to focus on preventive health care, a step above curative care

Medical Education Centre to provide ongoing training and coaching for Doctors, Nurses and aspiring medical students

CONSTRUCTION HIGHLIGHTS OF THE HOSPITAL

Net Zero Building

Environment friendly construction with zero discharge campus

Solar Power back up, Rain water harvesting, STP, ETP, Captive power, UPS

Thermal Storage System for back up to AC requirement of OTs, ICCU, NICU, Isolation, Step down CCU, CT, MRI, Cathlab, and Emergency area.

Twin-walled construction, insulated roof, double glazing windows to avoid heat ingress

Industrial RO Plant for entire campus

Solar water heaters for all accommodation areas

Our Pride as it stands today



Summary of Service Activities 21-22

Dharma -puri

Medical Camp & Gram Seva

- 12 Camps held during the year from April 2020 to March 2021 at Bharatiyar Nagar, Dharmapuri District
- Over 80 families affected by leprosy and villagers around the camp site are being treated

Kolar

Medical Camp

- Initiated Super Speciality Medicare camps for Labourers at Hospital Construction site
- Over 250 Labourers are being served with love and care in every camp

Tele medicine

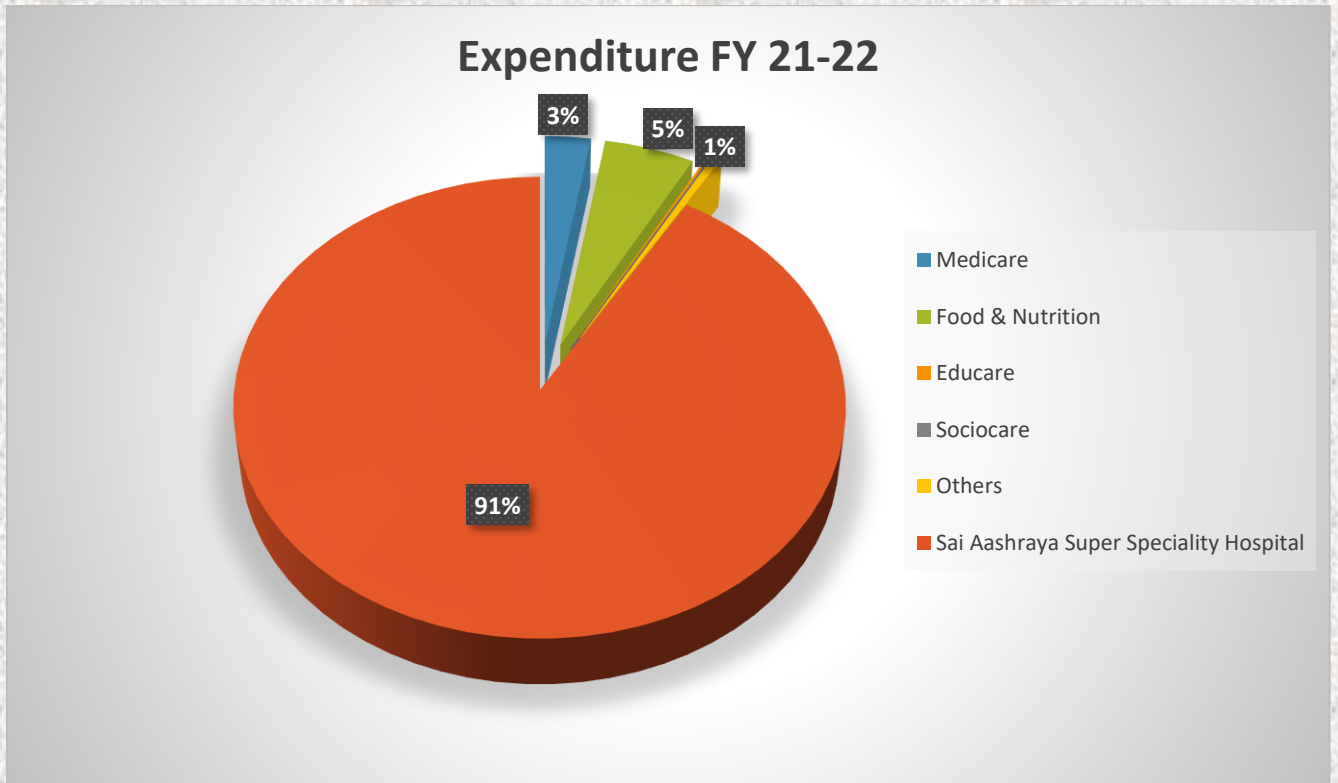
- Due to covid, the medical camps in Bangalore and Arunachal Pradesh were temporarily put on hold. However patients with hypertension, cardiac issues and diabetes have been provided with monthly medicines every month after consultation through telemedicine.
- Over 5000 patients have benefited from the above

24/7 Food Service

- 150 meals (lunch and dinner) served to porters and family from Bangalore Cantonment Railway Station
- 500 nutritious lunch served to Children served at schools (few schools have been closed due to covid) per day
- 600 meals served to BBMP front line workers per day
- 200 workers at the Construction site being serviced with Breakfast, Lunch and Dinner with Tea/Coffee thrice a day at site

Sai Ashraya

Income and Expenditure for the Year (Audited)



Compliances

Sai Aashraya's Books of Accounts are regularly audited by experienced Chartered Accountant Firm. The Organization has complied to all statutory compliances as required by the applicable laws of the Country.

	<u>Amt in Lakhs</u>
Total Income	1032.51
Expenditure	933.43
Medicare	24.6
Food & Nutrition	48.6
Educare	1.3
Sociocare	0.4
Sai Aashraya Super Speciality Hospital	853.7
Others	4.8

Sai Aashraya

Our Memories captured

Sai Aashraya Breakfast Seva



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Sai Aashraya



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24/7 Food Seva & Operation Smiley







Sai Aashraya Adarsh Gram Seva and Medicare seva

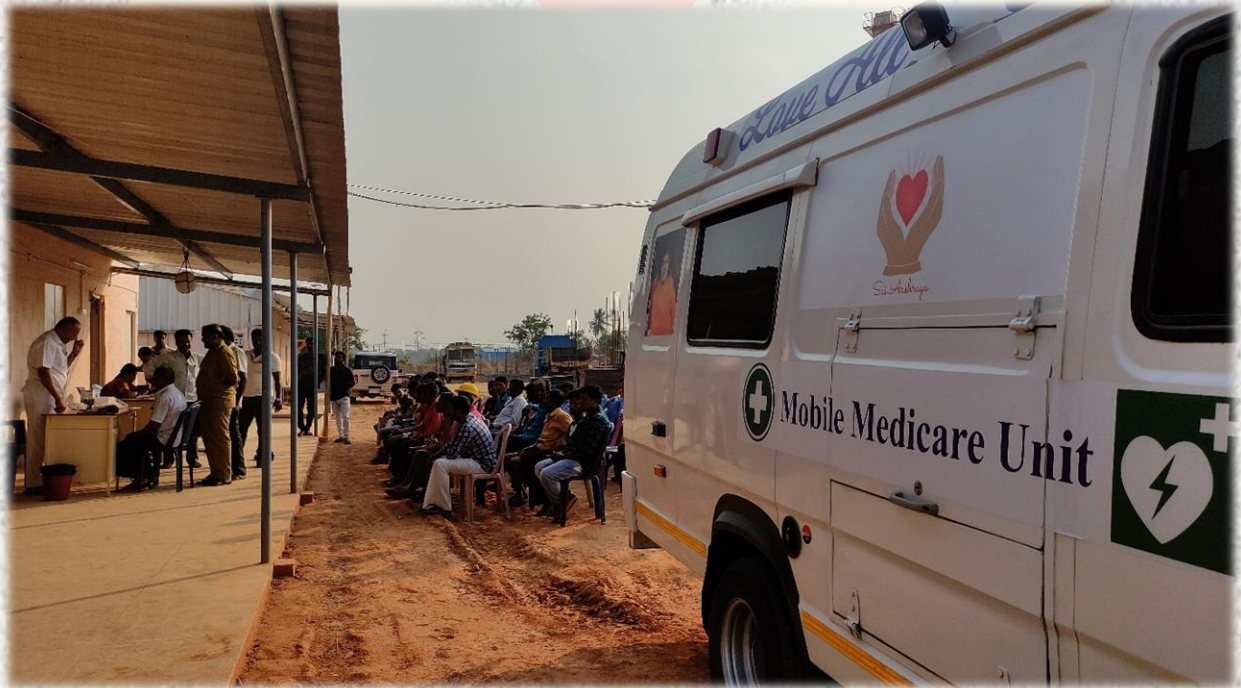


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Aravana

Vemagal Medicare camps



Sai Aashraya Super Speciality Hospital





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How to Reach out to us



Sai Aashraya
It's all about Love
Messengers of LOVE

Sai Aashraya
Newsletter
Hridaya
Spandanam



Our
YouTube
CHANNEL

Sai Aashraya
Official

Please stay tuned for periodic audio-visual updates from the ground...

<https://bit.ly/3ITcb1u>



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Sai Aashraya Trust is a non-profit organization Registered under Sec 12A and Sec 80G of the Income Tax Act

www.SaiAashraya.org

Love All. Serve All

Sai Aashraya - It's All About Love



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