

FERTILITY COUNSELING CE SERIES

Laura Covington, PhD, LICSW & Kristy Koser, PhD, LPCC

The ins-and-outs of donor recipient consultations

Fertility counseling has become a fast-growing field and has proven to be crucial as family building options continue to advance, which includes the use of donor conception. Couples and individuals are asked to make decisions quickly, sometimes with little support and are often encouraged to attend a donor recipient consultation. In these cases, a trained mental health professional with knowledge of the psychological impact of infertility becomes key in helping couples and individuals slow down, while understanding these decisions are robust and complicated. In this introductory workshop you can begin to understand a couple or individual's experience of donor conception and how to best support them in their family building during a donor recipient consultation.

March 6 will cover donor recipient consultations for de-identified donors

Learning objectives:

1. Identify the psychological impact of infertility or the fertility journey on individuals and couples heading into donor conception
2. Assess the ethical challenges occurring when counseling clients using donor conception
3. Explain a framework for understanding key components to helping intended parents select gamete donors
4. Create a set of tools to help fertility counselors understand the purpose of donor recipient consultations and effectively use the group consultation session
5. Apply the understanding crucial long-range implications for families created through donor conception

Cost: \$200 including CEs

Date/time: March 6, 9-12 EST via Zoom

Each workshop will offer 3 hours of continuing education

(please see below for further information regarding CE hours)

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Details that apply to all workshops

CE information:

Kristy Koser, PhD is a clinician at Aporia Counseling and Psychotherapy, PLLC. Aporia Counseling & Psychotherapy, PLLC is approved by the **American Psychological Association** to sponsor continuing education for psychologists. Aporia Counseling & Psychotherapy, PLLC maintains responsibility for this program and its content.

Aporia Counseling & Psychotherapy, PLLC has been approved by the **National Board of Certified Counselors (NBCC)** as an Approved Continuing Education Provider, ACEP No. 6985. Programs that do not qualify for NBCC credit are clearly identified. Aporia Counseling & Psychotherapy, PLLC is solely responsible for all aspects of the programs.



Cancellation policy:

Participants will be granted a full refund if registration is canceled at least 7 days in advance of the meeting; after this time, your registration fee may be only partially refunded. If the program is canceled by the instructors for any reason, a full refund will be granted. No commercial support has been or will be provided to CE instructors.

Registration information: To register for any of these workshops, please visit <https://forms.gle/kiaSSu2q9hNBzDwR6>

After registration you will receive a Zoom link and any additional information one week before your scheduled workshop.

Additional questions: contact us at fertilitycounselingcourse@gmail.com

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Presenter Information



Kristy Koser, PhD, LPCC is in private practice in Ohio, Pennsylvania and Virginia and is an author, speaker, and educator on the topic of reproductive mental health. She has been invited to speak, collaborate and contribute to the growing field of reproductive psychology many times over the last decade. Dr. Koser has written extensively in peer reviewed journal articles and other outlets about infertility and the impact on the couple relationship. She has created several self-help courses for fertility patients and along with her colleagues created a successful educational course with PESI that is available to professionals world-wide. In addition, Dr. Koser has contributed countless blog posts, guest lectures, and more recently several book chapters in foundational fertility counseling texts. She is a member of ASRM and her speciality areas include the working with couples during and after fertility treatment and the transition to parenthood.



Laura Covington, PhD, MSW, owns the private practice, The Center for Reproductive Mental Health, in the Washington, DC metro area. Dr. Covington's written several publications, include topics related to trauma and the impact related to reproduction, being a pregnant practitioner, known donation, and postpartum care after infertility. She has also been invited to speak and provided education and training around assisted reproductive technology (ART) care and third-party reproduction, including through American Society for Reproductive Medicine (ASRM) and an educational course with PESI which is available worldwide. Her special interest include providing counseling to individuals, couples and groups around reproductive health issues, including primary ovarian insufficiency (POI), and reproductive traumas, with a focus on the military and combat-related injuries that impair fertility. Dr. Covington provides counseling for the use of donor conception and/or gestational carriers and the transition to pregnancy and parenting after fertility challenges. She also volunteers on Support Group Oversight Committee with RESOLVE and is a member of the ASRM Mental Health Professional Group and ESHRE.