WEEK 5 SPRING/SUMMER

BUCHANAN LODGE MASTER MENU

WEEK 5 SPRING/SUMMER

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast	Orange Juice	Cranberry Juice	Apple Juice	Orange Juice	Cranberry Juice	Apple Juice	Orange Juice
	Stewed Prunes or	Stewed Prunes or	Stewed Prunes or	Stewed Prunes or	Stewed Prunes or	Stewed Prunes or	Stewed Prunes or
	Banana Half	Banana Half	Banana Half	Banana Half	Banana Half	Banana Half	Banana Half
	Hot Oatmeal	Hot Oatmeal	Hot Oatmeal	Hot Oatmeal	Hot Oatmeal	Hot Oatmeal	Hot Oatmeal
	Asstd. Cold Cereals	Asstd. Cold Cereals	Asstd. Cold Cereals	Asstd. Cold Cereals	Asstd. Cold Cereals	Asstd. Cold Cereals	Asstd. Cold Cereals
	Cheese Slice	Bacon	Poached Eggs	Scrambled Eggs	Sausages	Peanut Butter	Poached Eggs
	Graham Coffee Cake	Raisin Toast	Toast	Toast	Toast	Toast / Pancakes	Cranberry Muffins
	Jam & Peanut Butter	Jam & Peanut Butter	Jam & Peanut Butter	Jam & Peanut Butter	Jam & Peanut Butter	Jam / Syrup	Jam & Peanut Butter
	Tea - Coffee - Milk	Tea - Coffee - Milk	Tea - Coffee - Milk	Tea - Coffee - Milk	Tea - Coffee - Milk	Tea a- Coffee - Milk	Tea - Coffee - Milk
10AM				Assorted Beverages			
Lunch	Orange Juice	Cranberry Juice	Apple Juice	Orange Juice	Cranberry Juice	Apple Juice	Orange Juice
	Roast Beef with Gravy	Chicken Coq Au Vin	Pork with Mushroom Sauce	Beef Stew Yorkshire Pudding	Potato-crusted Cod	Tangy Chicken	Veal Scallopini
	Mashed Potatoes	Whipped Potatoes	Egg Noodles	Mashed Potatoes	O'Brien Potatoes	Mashed Potatoes	Mashed Potatoes
	Cauliflower	Prince Edward Mix	Stir Fry veggies	Broccoli	Diced Beets	Green Beans	Peas and pearl onions
	Mandarin Oranges	Diced Peaches	Jellied Strawberry Cream	Grape Dessert	Lemon Meringue Pie	Banana Loaf	Jellied Lemonade Dessert
2:00 PM	Assorted Beverages, Bake goods & Fresh Fruits						
Dinner	Bean and Bacon	Cream of Cauliflower	Beef Noodle	Corn Chowder	Cream of Broccoli	Chicken Vegetable	Mulligatawny
	Soda Crackers	Soda Crackers	Soda Crackers	Soda Crackers	Soda Crackers	Soda Crackers	Soda Crackers
	Sandwich: Smoked Turkey	Ham and Cheese Casserole Multigrain Bread	Salmon Burgers with Leaf Lettuce Tartar Sauce Potato Pancakes	Chicken Fingers Honey Mustard Sauce Dinner Roll	Sandwich: Shaved Roast Beef	BBQ Pork Ribs ½ Slice Whole Wheat Bread	Sandwich: Curried Chicken Salad on Multi-Grain Bread Pickles
	Potato Salad	Julienne Carrots	Coleslaw	Greek Salad	Carrot Raisin Salad	Diced Squash	Caesar Salad
	Raspberry Cheesecake Ice Cream	Sticky Toffee Pudding	Fruit Yogurt	Pineapple Tidbits	Fruit Cocktail	Peach Crisp	Warm Tapioca Pudding
HS	Assorted Beverages, Bake goods & Fresh Fruits						

Breakfast: 250mL of milk and 125mL of juice are offered daily

Lunch/ Supper: 125mL of milk and 125mL of water are offered daily.

Assorted Beverage is available upon request (125mL Juices/Milk) at PM & HS

Assorted Sandwich is also available upon request at HS

Menu subject to change without notice