



How to Prepare for Your Newborn Session

Plan for wake windows

Feed baby within 30 minutes of our start time

Have a pacifier and sound machine readily available

Clear any clutter and cords in nursery and master bedroom

Open all blinds in those same rooms

Parents and siblings wear light, neutral clothing.

Multiple breaks for feeding and comforting baby are normal and expected, so please don't worry as the session unfolds.

I can't wait to meet you and your new baby!