

MY TOP 10
NEWBORN ESSENTIALS

THAT ARE WORTH THE INVESTMENT



THE ESSENTIALS

Welcoming a newborn into your life can be both exciting and overwhelming! To help you navigate this new journey, I've compiled a list of my top ten essentials that will make caring for your little one a bit easier and more enjoyable.

COMFY PAJAMAS

Comfy pajamas for new moms provide much-needed comfort and ease during those long days and nights of recovery. Soft, cozy pajamas make it easier to focus on bonding with your baby while adjusting to the demands of new motherhood.



LOUNGER

A lounger creates a cozy, secure space where you can lay baby down. We loved the Snuggle Me Organic! It mimics the feeling of being held, providing a soothing and safe environment with its soft, breathable materials. Plus it's machine washable!

WHITE NOISE MACHINE

A white noise machine is essential for creating a soothing atmosphere that helps babies drift off to sleep more easily. It's comforting - just the sounds your baby heard in the womb - while also masking disruptive household noises, providing a more peaceful environment for both the baby and parents.



KEEKAROO PEANUT CHANGER

This simple, no-fuss changing pad proved invaluable during messy diaper changes. Being able to wipe it clean each time without adding to the laundry was a huge relief on us tired parents!

THE ESSENTIALS CONTINUED

CARRIER

A baby carrier is crucial for keeping your baby close and content while freeing up your hands for other daily tasks. We loved the Ergobaby Omni 360 and still use it into toddlerhood!



STROLLER

A good stroller is a must for navigating daily life with a baby! The UPPAbaby Vista V2 is my personal favorite - it's smooth maneuverability, and ability to grow with your family makes it a reliable and long-lasting choice.

CAR SEAT

A car seat is essential for ensuring your baby's safety and comfort during car rides, providing crucial protection in case of an accident. The UPPAbaby Mesa is our favorite! It's easy installation and top safety ratings gave us comfort with every car ride. Plus it attached flawlessly to our UPPAbaby Stroller!



BABY MONITOR

A Wi-Fi-free baby monitor was so important to me for a worry-free, secure connection, so I can keep tabs on my little one without any tech hassles. The Infant Optics is my top choice—its reliable video quality and easy setup make it a comforting way to stay connected with your baby.

I also love the Itomoro Baby Car Monitor!

THE ESSENTIALS CONTINUED

NEWBORN SESSION

The first few days and weeks with a newborn are truly magical, and it was SO important to me to preserve these moments with our son! If you're considering a newborn session, I'd be excited to discuss it with you!



NEWBORN ALBUM

An heirloom album of your newborn portraits is essential for preserving and showcasing the precious moments of your baby's early days in a beautiful, timeless format. It offers a lasting way to revisit and share these memories with loved ones. This album becomes a cherished keepsake that captures the essence of this special time for years to come.

Whether you're eagerly anticipating the arrival of your little one or already navigating the early days of parenthood, I'm thrilled you've found your way here and can't wait to connect with you soon!

I hope this list proves helpful as you prepare—did I miss anything essential? What items are on your must-have list? Feel free to reach out and share your thoughts!