

# What to Expect: 1 on 1 Health Consulting

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Thank you for your interest in hiring Dr. Earley, DACM as your personal health consultant. Below is an outline of what to expect, as we work towards overcoming your health challenges and attaining your health goals.

## 01 Consultation

We'll start by making sure that we're a good fit. During the 15-minute call, you are welcome to ask questions about health consulting. Per our conversation, I will gauge whether the type of care I offer will support your health journey. Personal online health consulting rates start at \$1,495.

## 02 What's Included

The following is included in the \$1,495 fee for one-on-one health consulting:

- Comprehensive Blood Chemistry & Urinalysis Panel
- 60-minute Initial Visit, face-to-face zoom meeting, to review health history, current symptoms, and health goals
- 40-minute follow-up zoom meeting to review the results of the blood chemistry & urinalysis panel
- Two custom protocols based on your health needs/goals and lab results
- Direct email access for 12 weeks
- Discounted products & access to Phoenix Rising supplement stores/herbal pharmacy
- Option for further functional labs to be ordered, based on necessity
- Option to opt-in to health consulting at 3 month intervals (\$500/month)

## 03 Lab Work

All clients are required to complete foundational lab work - a customized, comprehensive blood chemistry & urinalysis panel - in order to gain a more complete picture of your current health. A thorough lab analysis and review of the lab results will be discussed during the follow-up zoom call.

Additional labs may be recommended; however, these are optional. The fees for additional lab work varies. [Review more functional labs via this link.](#)

## 04 Personalized Protocol

As a follow-up to your initial appointment and after reviewing all recommended labs, you will receive a custom protocol, personalized to your specific health needs. It will include a roadmap for our work together, target areas that need to be addressed, and recommendations for herbs & supplements, diet & lifestyle, and other - more specific functional labs - that may be beneficial to your healing.

## 05 Continued Care

After implementing the initial steps and working on your personalized protocol, you will have the option of continuing your care in 3 month intervals, in which we will meet one hour each month via zoom. After each follow-up visit, you will receive an updated modified protocol reflective of your ongoing health needs. You will continue to have access to the supplement stores at a discounted rate, and for questions that don't require a face-to-face meeting, you will have ongoing email access.



I look forward to meeting with you soon,

**Dr. Lori Earley, DACM**

*Lori J. Earley*

# FAQs

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## 01 Are your services or labs covered by insurance?

All health consulting services are cash pay, out of pocket. I do not provide diagnosis codes or treatment codes. I do not communicate with insurance companies in any manner. You may use Health Savings Accounts or any credit card for payments.

## 02 Can I order the labs you require through my MD, since insurance covers some blood work?

No, the comprehensive blood chemistry and urinalysis panel is customized for my clients, as it includes specialty markers that are typically not covered through insurance. As a result, doctors will not run the markers that I need in order to gain a thorough health assessment, and we are left with an incomplete picture of health.

Please note, I have worked with clients in the past who have ordered labs through their MD, using insurance, yet they have always been incomplete, and so the results glean little pertinent information and need to be rerun.

## 03 Are your services offered separately?

No, the option set forth in this guideline is the way to initiate your work with me as your personal health consultant; it is your responsibility to schedule follow up visits based on the recommendations set forth in your customized protocol.

## 04 What are the return visit fees?

There is an option to maintain ongoing consulting in three month intervals at \$1,500 (\$500/month rate). \*This rate is subject to change in the future. Once you become an established virtual client, you will receive a link to book your upcoming sessions.

## 05 How can I get started?

The first step is to book a 15 minute discovery call, so we can have an informal chat to determine whether we are a good fit for one another.