



MN FLYERS
GYMNASTICS AND FITNESS

JULY 2025

NEWSLETTER

CALENDAR

June 30 - July 4 No Recreational Classes
July 4 GYM CLOSED - No Open Gym
July 20 1:00 pm - Northwest Water Carnival Parade
Cheer on the team gymnasts riding the float!

FRIDAYS

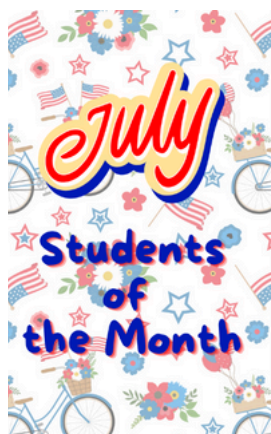
July 11, 18 & 25
10am - Noon Open Gym!
12:30 & 2:30 Birthday Parties



Let's add to the summer fun!

When you travel, take a handstand picture and tag us on social media @mnflyersgym and tell us where you are! We'll reshare for our

#mfgfhandstandsummer



Brixlynn
Hot Shots



Addison
Beginner 1



Brooks
Mini Ninja



Kaine
Master Ninja



Anja
Competitive Team

STAFF SPOTLIGHT



ELSA

Elsa is our summer intern through the PaY program. Her project is to build up our social media platforms, as you may have noticed recently! You can also find her in the gym coaching from time to time!

She enjoys being outside when she's not at work. Her favorite part of MN Flyers is the positive environment!

Construction on our expansion is now underway!
Please use caution in the parking lot. Follow our social media pages for updates!

DL-Online Best of the Lakes 2025!



Best Kids Birthday Party Venue

Vote June 28 – July 19 at www.dl-online.com



SAVE THE DATE!
3RD ANNUAL
MN FLYERS FUN RUN
JUNE 6, 2026

Congratulations to our top fundraisers!

Thank you to all who participated, donated, and sponsored our second annual MN Flyers Fun Run! It was a fun and color-filled morning! Together, we raised nearly \$10,000 for an in-ground trampoline for the new gym!

