



Hello

I'm Jamie

the
Sleeved™
Dietitian



+89,400
Total followers

+66,000
Instagram
Followers

+23,400
Tik Tok
Followers

+100,000
Monthly
Impressions

+2,000
Likes average

+75,000
Weekly
Reach

98%
Women



Jamie Specializes In:

- **Bariatric surgery advocacy**
- **Nutrition for weight loss**
- **Providing weight loss surgery lifestyle tips and tricks**



**I can't wait to
hear from you!**

@thesleeveddietitian

support@thesleeveddietitian.com

The T.R.I.B.E. Membership

About Jamie

Jamie is a registered dietitian, virtual nutrition coach, and influencer who has a significant presence in the bariatric community. Jamie is the owner of The Sleeved Dietitian, a brand that bridges the gap between bariatric professionals and patients. Jamie helps bariatric patients take the guidelines given to them by their surgeons and implement them in a sustainable way for long term results.



Brand Collaborations & Opportunities

As both a Registered Dietitian and a weight loss surgery patient herself, Jamie is a well known and respected influencer and advocate for the bariatric community.

- Reels & Tik Tok Videos
- Podcast & Media Interviews
- Product reviews
- Social Media Content
- Public Speaking & Guest Appearances

The T.R.I.B.E

Click the link above to learn more!

Jamie is the Creator and Found of the T.R.I.B.E. Membership Program. The T.R.I.B.E. is a virtual community that brings womxn on their bariatric journeys together where they can find support and reliable, evidence based, guidance. The T.R.I.B.E. has supported +1000 womxn with an average retention rate of +8 months, which is nearly 3x greater than the average membership retention rate.

THE REAL INSIGHTS OF BARIATRIC EATING
T·R·I·B·E™



Services & Branded Content

STATIC POST **\$2,250**

Static post/carousel on Instagram feed with caption.

INSTAGRAM STORY & PRODUCT REVIEW **\$1,500**

Instagram story promoting product or service. Available for 24 hours.

INSTAGRAM STORY ADD ON

+ \$1,200

Additional \$800 to save IG story to highlight reel. Available for minimum 90 days.

REEL/ TIK TOK **\$2,750**

Reel/Tik Tok video (posted to both feeds) with caption

SPEAKING ENGAGEMENTS

If you would like Jamie to speak at your event please inquire below.

CUSTOM PACKAGES & BUNDLES UPON REQUEST

*** Additional fees apply for paid usage and rights*

✉ support@thesleeveddietitian.com