

CHARLES CLARK



BOOK CLUB RESOURCE

Rise & Thive, Tribe!

Whether you are meeting with friends or simply reflecting on what you learned, I am thrilled that you have taken **steps to take your life to the next level**. At the conclusion of each chapter, I asked you to “Run the Play.” The questions below will help you go deeper, ask yourself those tough questions, and begin your journey toward becoming an “I” in Team Player and **achieving your goals**.

I invite you to explore your approach, mindset, and process that has brought you this far and then go further to pull back the covers to reveal how you can use this information to become the best version of yourself and achieve all you dream and desire.

1. Think about the success you have achieved so far. Are you satisfied with the results?
2. Describe an area in your life where you can implement the “I” in Team plays. Personal? Business?
3. Are you an “I” in Team Player or a Spectator?
4. Now that you understand the author’s definition of leadership and success, what do these terms mean to you?
5. How do you think your mindset has impacted your life and desired outcomes?
6. How can you automate processes to improve your chances of success?
7. Do you procrastinate? Are there particular areas where procrastination is most detrimental and why?
8. How do you encourage others around you to work in their strengths?
9. Being an “I” in Team player is about being self-aware. Do you have the emotional intelligence to recognize your skills or lack thereof and make the necessary changes to create a winning team?
10. Think about something you quit or a dream you gave up on. Why? What could you have done differently? Did you neglect to take ownership?

11. Describe “the gap” between where you are today and where you envision success. What has been holding you back from achieving your goals?
12. What tools (as recommended by the author) will you implement to bridge the gap to achieve your goals moving forward?

Are you coachable? Are you willing to invest in yourself by seeking the support and guidance of a coach to help you achieve your goals? If the answer is no, what do you plan to do differently then?
13. Thinking about the author's suggestions, identify several areas where you can follow through to ensure you can live your dream life. Where have you given up or accepted defeat instead of pushing through?
14. How do you feel after running the plays? Do you feel refreshed? Ready to tackle the world? Do you need more guidance and support? Are you hungry to achieve your goals and dreams?
15. How do you plan to run the plays to become the “I” in Team Player you were meant to be?
16. If you could take away one key point or mantra from the book, what would it be?
17. Did anything in the book specifically speak to you? Is there any part of the author's story that you can relate to?

CHAMPIONS AREN'T MADE ON GAME DAY