

Our Manifesto

IN OUR HEARTS:

We believe we're uniquely created to receive and be love. The most important person to reach is ourselves, and health starts with tending the garden of our own heart and life.

We believe that small choices made over time have a big impact. We prioritize presence over perfection. Asking for help is wisdom – not weakness and understand that the greatest transformations in our life come from a power greater than ourselves.

We believe that comparison is the thief of joy. We have agency to live outside the status quo and are not defined by our circumstances.

We believe that the most beautiful creation comes out of rest. Life is a journey of becoming not arriving, and God's love is always on the other side of more.

We believe laughter is good medicine for the soul. We know there's power in holding space for the tender moments and that there is always hope on the other side of our pain.

IN OUR HOMES:

We believe that nourishing family is of utmost importance. Investing in our children is one of the most important things we do.

We believe in creating a legacy for our kids and grandkids. Cherishing the slow and mundane moments of each day, knowing the choices we make today directly impacts generations to come.

We believe in the power of prayer and the unexpected. Miracles await those that believe and receive them.

We believe home is sacred. It deserves our time, attention, and love.

IN OUR COMMUNITY:

We believe life is meant to be lived in community. We flourish when we journey together.

We believe everyone is significant and has a seat at the table. It's okay to come just as you are. There's power in a diversity of voices, and at the end of the day our deepest longings are more similar than different.

We believe that supporting mothers is one the healthiest things we can do for our society. All mothers display a balance of grit and beauty, and there's beauty to be found in everyone's story.

THE

Nourished Motherhood

COLLECTIVE