

STARLING

BRIDAL COLLECTIVE

Wedding Prep

BRIDAL BEAUTY TREATMENTS

These are some of our favorite treatments to help you prepare for your wedding. While none of these are mandatory, feel free to select the ones that you find most beneficial!

TIMELINE



MICRONEEDLING | CHEMICAL PEELS
HYDRAFACIAL | DERMAPLANING

12 MONTHS **BOTOX | FILLERS | BROW SHAPING**

If you're looking in to starting botox and/or fillers, now's the time! You will also want to start working with a brow artist to get your brow shape on point for wedding day.

Depending on your skin's needs, results can take several months to start showing. Talk to an esthetician or dermatologist (we have amazing referrals!) to determine the best gameplan for your skin.



9 MONTHS



SPRAY TAN 2 MONTHS

Don't wait until last minute to start testing out spray tans. We recommend scheduling this to align with your makeup preview appointment. Need a referral? Let us know!



6 MONTHS **HAIRCUT | HIGHLIGHTS**

Start working on getting your hair to the correct color and length. Take into consideration the bridal hairstyle you might want.



1 MONTH **TEETH WHITENING**

Don't forget about those pearly whites! Whether you're using whitening strips or a professional, starting about 1 month out is the sweet spot. (avoid using strips the morning of the wedding)

HAIRCUT | HIGHLIGHTS | SCALP TREATMENT 7-10 DAYS

Use the notes from your preview appointment to let your hairstylist know what's needed to enhance your bridal hairstyle. Face framing pieces and dimensional highlights are the most common requests. Another beauty treatment we love is a Japanese Head Spa! Check out SCaIR in Maryland.



48-72 HOURS **WAXING | SPRAY TAN | MANICURE**

It's the final stretch! At this point, do not try any new beauty treatments. Use the last 2-3 days before the wedding to clean up those brows, get the spray tan you fell in love with, and spoil yourself with a mani/pedi.

HYDRATE | HYDRATE | HYDRATE

*We do not recommend lash extensions or a lash lift. For best results, let us build a custom lash for you using falsies. A lash lift can create issues with how the false lashes sit.

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Questions? Let us know!
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