Thermography Welcome Letter – Vermont Location 41 IDX Drive Suite #235 (Cedarwood Natural Health) Talbots Building S. Burlington, VT 05403

Welcome to the Gratitude For Wellness family! Thank you so much for choosing us for your thermography!

- Please read this letter in its entirety at least 48 hours prior to your scan.
- Please print off and fill out the intake forms that correspond to the imaging you are having and bring them with you to your appointment.
- You can find the intake forms at gratitudeforwellness.com

Special note: Please do not wear any highly scented products (cologne, perfume, body & hair products etc.). Many of us have sensitivities to strong scents and we work hard to keep our treatment center and rooms chemical-free. Thank you!

For your thermographer to get a proper scan:

- No smoking or drinking alcohol 2 hours prior
- No caffeine 2 hours prior
- No deodorant, make-up or any skin products the day of your appointment
- No strenuous exercise 3 hours prior
- No hot or cold shower 2 hours prior
- No massage, acupuncture, chiropractic, or PT the day of your appointment (only after!)
- No active sunburn
- No sun bathing or being out in direct sun 2 hours prior
- No tanning bed 48 hours prior

If you are currently pregnant or breast feeding, we cannot do breast imaging. You must wait 3 months after breast feeding has ended.

Please:

• Leave jewelry at home

- Have your paperwork filled out prior to your appointment
- Hair must be completely up and off neck and face area
- Arrive 10 minutes prior to your appointment

Thermography Payment & Prices:

We accept cash, check or credit card. If paying by check, please make it out to GFW.

Cancellation Policy: We need a 48-hour notice of cancellation – anything less will be charged \$100.

Please call or text us for any cancellations at 518.572.4037.

Breast: \$175

Three Month Follow-up Breast: \$90

Women's Health: \$275

Full Body: \$375

Region of Interest: \$175

Immune Health Check: \$175

To learn more about our services, listen to podcasts, or watch education videos please visit our website at <u>www.gratitudeforwellness.com</u>.