

A WOMAN'S GUIDE TO OVERCOMING ADVERSITY
AND LIVING WITH CONFIDENCE



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SESSION FOUR

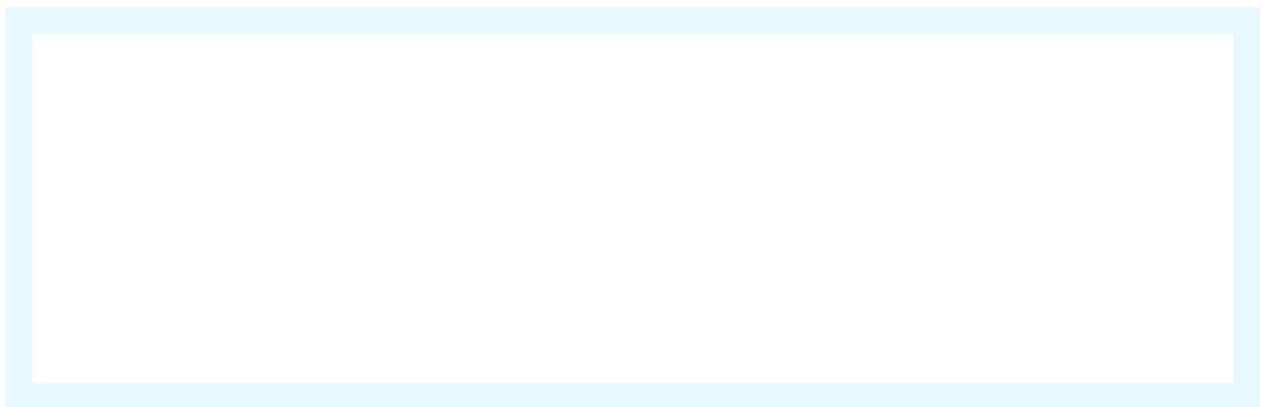
If you want to see the power of God in your life, if you want to see his promises fulfilled, if you want to access the unlimited, unseen resources of the Lord Most High, get on the other side of obedience, walk in your calling, and bask in his blessing—the most ultimate blessing being the presence of God with you wherever you go.

For believers, obedience isn't the end of our freedom; it's the beginning of our blessing.

- How have you viewed obedience in the past? Discuss or reflect on how you have seen obedience turn to blessing in your life.
- Review the story of the Israelites in Exodus. Imagine yourself in the story. How do you think you would have viewed their final path to the Promised Land? Would you have been keen to obey?

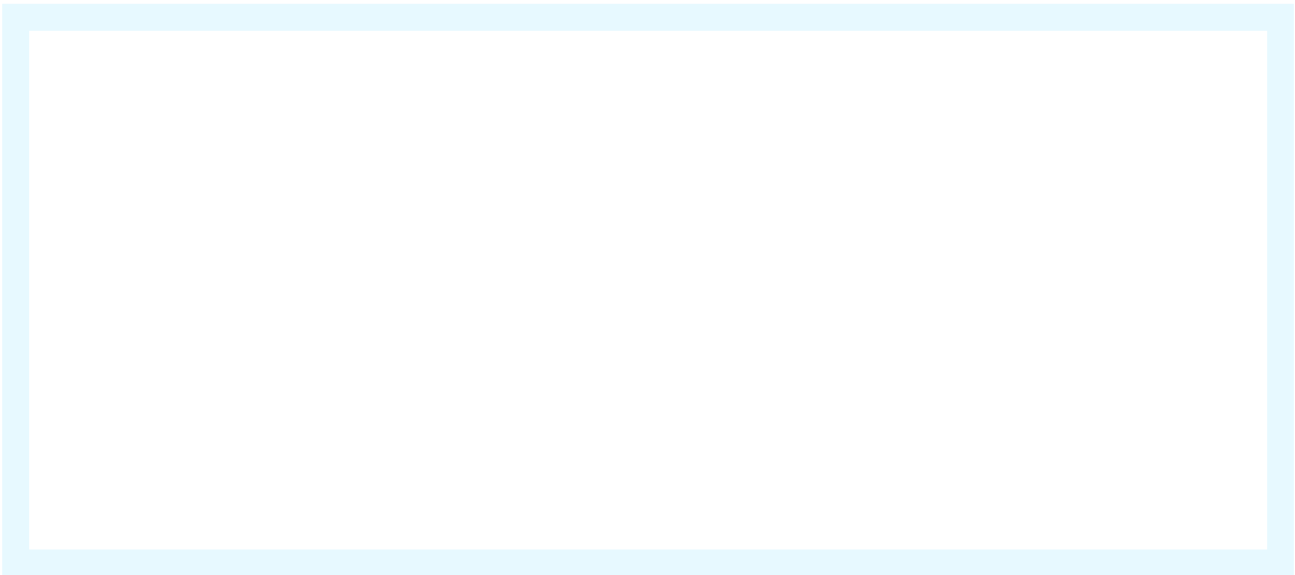
Disobedience clings to what feels safe and secure. Disobedience leads to death because it is a lie that says you know better than God.

- How have you seen disobedience lead to death in your life? In what ways have you believed the lie that you know better than God?

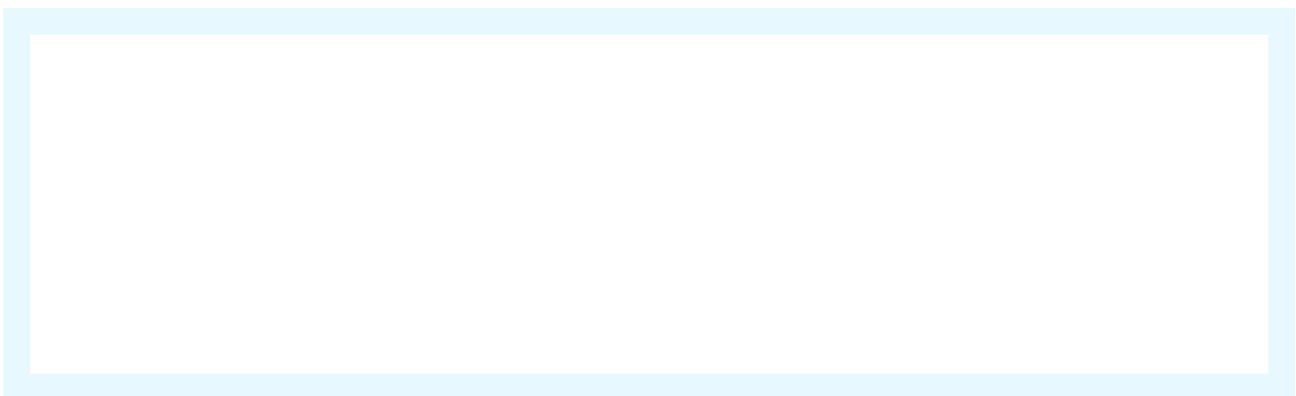


There are possibilities God invites us to, but because we don't seek him, ask him, and invite him into our daily lives, we miss out. We leave power, help, resources, and blessing on the table because we forget we can ask for them.

- Jesus said to the blind man, "What do you want me to do for you?" (Mark 10:51). Imagine him asking you, "What do you want?" How would you answer this question? Write your answer below or discuss with your group.

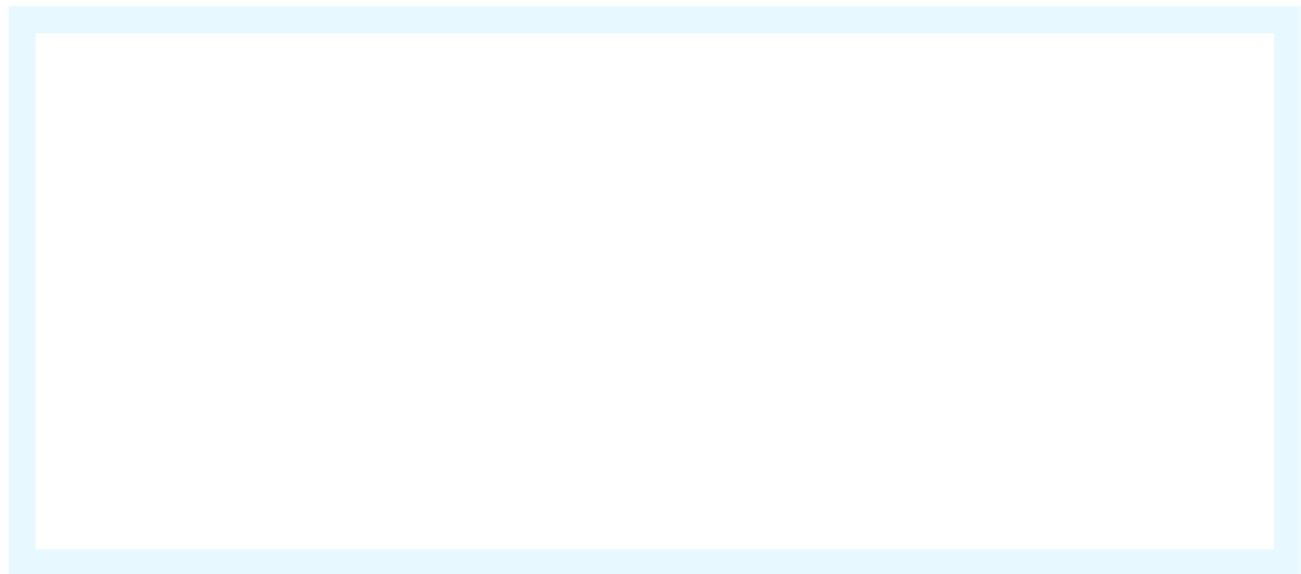


- Think about how you have tried to go it alone without prayer in the past. How have you seen the power of prayer shape your life?



Feeling the fear and doing it anyway is the difference between staying frozen in fear and living a life of meaning and purpose.

- How do you usually handle fear in your own life? Discuss or reflect on what it means to you to feel fear and do it anyway.
- How can you “fan into flame” the calling that God has given to you? List two practical ways below.



- Share or think about a time when you were frozen in fear. How did you get unstuck? What helped you to move forward towards your goal?

Reflection:

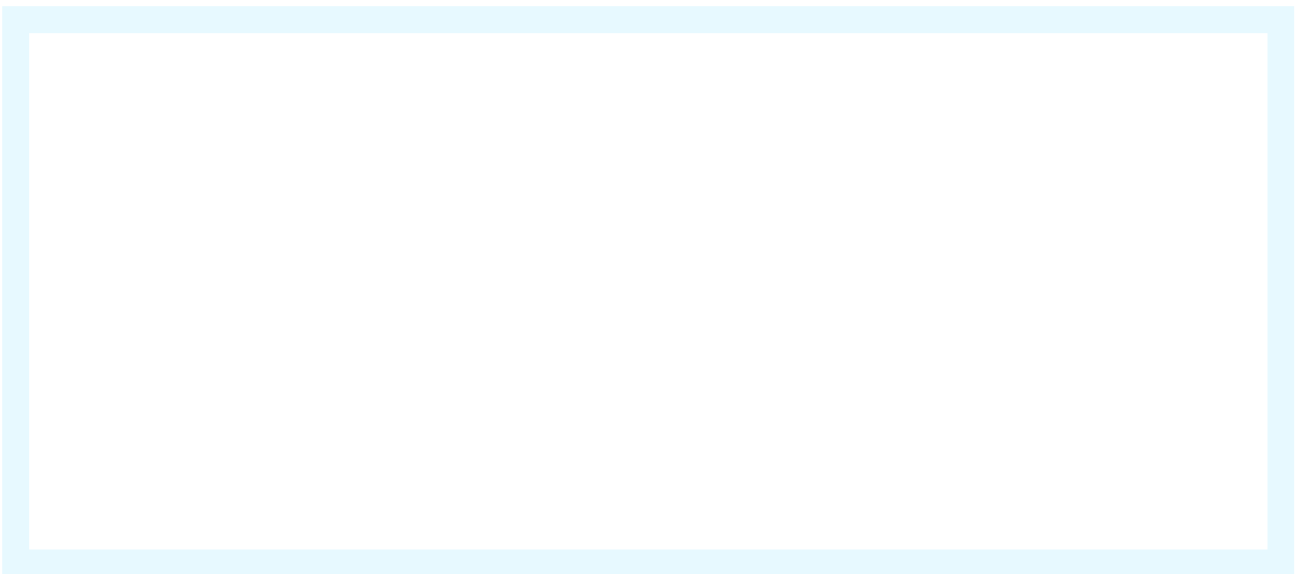
Disobedience often cloaks itself in a feeling of safety and security. How have you seen this in your own life? In what way are you currently clinging to your comfort zone even while feeling the tug that there is something more for you?

What might you need to let go of? We follow the expert, the genius, the maker of the earth, who loves us, is on our side, fights for us, and knows exactly what we should do to live in abundance. What would it look like for you to trust all God has for you as you move out of your comfort zone?

Action Steps:

James 4:2 says, “You do not have because you do not ask God.” Ask God for what you need. Ask in full faith that the God who loves you, who sent Jesus to redeem you, will give you what is best for you. No matter what you are going through right now, ask God for help, invite him in, and allow him to strengthen you.

Ask God, “What does obedience look like for me in this season?” Write down what you sense him saying. Read through what you wrote, and identify the next step you need to take to walk in obedience. Make sure this next step is actionable. For example, writing a book may be your goal, but finishing a first draft of your book proposal would be an actionable next step.



Develop a habit of seeking comfort from God amid your fear and uncomfortable circumstances. When you find yourself lacking peace or comfort, take that feeling to God in prayer.

Ask him for the strength and courage to do the next right thing.