

Welcome to The Manifestation Babe podcast. My name is Kathrin Zenkina, and I'm a manifestation expert, master mindset coach and multiple seven figure entrepreneur, I'm obsessed with helping you achieve everything that you once thought was impossible. If you're looking to massively uplevel your life, your finances, your relationships, your productivity and success, then you have come to the right place. My goal in this podcast is to help you see the infinite potential within yourself to be, do and have anything that your heart desires. Think of this podcast as your weekly dose of mindset development, to help you maximize who you are, and where you're going. Leave it to me to provide you with the tools, the resources, the strategies and teachings that you need to manifest a reality wilder than your wildest dreams. I know we're about to have so much fun together. So thank you so much for pushing play today, and now let's begin.

Hello, my beautiful souls, and welcome back to another episode of The Manifestation Babe podcast. I am coming to you finally after a whole week of being sick in bed, and it's so interesting because so many of my astrology friends have been talking about the shift into Pluto moving into Aquarius and what that means and how it's going to be so transformative, and the more we're talking about it, the more it's making sense, all of these transformations I feel like I went through in the last week. So I actually recorded this episode yesterday. Now time doesn't matter. Because first of all, by the time I upload this podcast, it's no longer going to be my usual new upload time, which is Mondays, and that's because I had no voice, I had no energy. I was literally stuck in bed all week. So I did my best to get it out as soon as possible. I yesterday sat and recorded this incredible episode, which is still going out. But I had to change the intro. So it is now the next day and massive blessing in disguise. First of all, because my voice is so much better. So if you're noticing like after I answer today's question, that my voice is different. That's why I'm pretty sure yesterday I sounded a little bit beat down, and today I just have all the energy in the world again. So thank God for that. But more importantly than that, the transformation that I went through in the last 24 hours was so reflective of my brand new program Sovereign Money, which is officially live this week that you can sign up for. It's the money manifestation program that I've been talking about and gearing up for all month long, and I just want to share, like what the transformation was, and why I changed the name of my program. So yesterday in the afternoon, after I was done with every single deliverable for my launch, which if you've ever launched a program, you know exactly what it's like, and if you have a team, where everyone is diligently checking the boxes and making sure that this is correct, and that's correct, and the copies here, and the graphics are there, and the colors are right, and the social content is ready to go. I received a phone call from my exec team, which is my husband, and our CEO, Londa. We're like the trio, a total family trio. We've been together since 2018. Now, and this is my executive team, and I trust them with all my heart and we have discussed through so many difficult business decisions over the years, and though this is like no big deal, really, when you look at it, it was a massive hurdle that I personally had to overcome. So basically, my team called me and said, Kathrin, we have a problem. But the team is ready to pivot. Like, we're ready to pivot, we're, and they're like, unfortunately, our legal team did not let us know until literally the 11th hour, that there is a trademark conflict in the name queen of money and blah, blah, blah, long story short, we just don't want to create an open up and invite in any sort of legal issues into this launch because that is not the frequency that we want to

launch our program, and so we have to change the name, and this is a name that came to me before my sabbatical. So if you've been with me for While now especially since before last summer, you know that I took four months off of my business as a way for me to reset and refresh and just celebrate that I have the ability to do so, celebrate the ability, the opportunity that I have generated enough money, and the kind of business, and setup things, and processes into place that allow me to take time off without it being a problem, and allow my team to continue to run the business. For me, it was a massive, big deal in my life, and it was really this, coming into a deeper level of understanding how money works and how it's not tied to effort. It's not tied to hard work, it's not tied to time, it literally has nothing to do with any of that, it's an absolute reflection of your frequency and vibration, and that's pretty much what I help my students with, is elevating the frequency and vibration and becoming an energetic match to the money that they desire, and it was in a meditation about a year ago now, maybe like eight or nine months where queen of money came to me, and it was all about just reclaiming that authority over your life or reclaiming the sovereignty that you have over your money story, and rewiring archaic money beliefs, and just expanding your capacity to receive and remember who the authority is, which authority, by the way means being the author of your own story, and it just had so much meaning to me, and as I went down this feminine journey, this feminine energy journey, in the last year that has absolutely transformed my relationship with my husband, I had no idea that I would transform my relationship with money as well, and it gave me a whole new understanding of how I see money through the feminine energy perspective. I've shared my downloads with that a little bit here and there in the podcast, but I just feel like it's a completely different perspective that I have that just allowed me to receive more than I've ever thought was possible in ways that I've never thought were possible, and so when my team was like, Kathrin, you have to change the name. It was not about the name. For me, it was about the frequency behind the name that I was so bummed about because Queen energy represented so much of what I'm teaching inside the money manifestation program, and so of course, I went into toddler mode, which means I was crying, kicking and screaming, you know, I told my team, I need a moment to process, like there's no way I'm making any decisions from this place of a fucking tantrum that is coming over me, and I cried, and I cried, and I cried, and my sweet husband actually contacted my coach Andrea Crowder, who I've been working with for the last 18 months, love her to death. She's been with me through so many different ups and downs in my journey in the last 18 months, I trust her with all my heart, and my husband has spoken to her and just kind of like told her about it, and like, Hey, Kathrin is about to go down an emotional roller coaster. Because I know this name means so much to her. She's been talking about it for the last year, blah, blah, blah, and we have to change it. There's a conflict in the trademark world. It's a typical, like business practice, it's nothing personal. It's just like, you know, sometimes this is what you go through in business, you have legal things that come up, it's really not as scary as you think it is, and I think that if you have a fear of that, then perhaps you might not be ready for entrepreneurship. It comes with the job description. Like literally it does, that attorneys get involved from time to time, and so Andrea texted me immediately, and we were going back and forth, and she was just coaching me through this, and I went on a roller coaster, and ultimately what happened is through the coaching, through the nervous system regulation, through the remembering of who the fuck I am, I came out on the other side with a better name, and the name of the program is now Sovereign Money, and it literally embodies the

same frequency as Queen of money, and I think it's so much sexier and I'm so much more excited by it, and I just feel 100 times more in alignment with it, and just so so excited to shout it from the rooftops, and that's where I was, you know, joking with my astrology friends of like Pluto transformation for the next 20 years. I feel like I just went through a transformation in a fricking 24 hours, like screw the next 20 years. It was just a remembering of my own sovereignty, and my students who have been with me for a while they know that when I create a new program, the universe puts me through it, and it's like this loving checkpoint that the universe sends me through. I don't like to use the word test. I know many manifestation teachers they call it like getting a test from the universe. I don't see the universe as an entity and energy that tests you. I feel like that doesn't come from a place of love. I think more so because I wouldn't go Oh, no, like, I don't think of my son as someone who I need to test. Right, it's more so someone that I need to empower into growing up and into learning lessons, and I like to look at it as check ins, the universe is checking in with me to see how bad I want it, how much I truly know what I'm teaching, and I feel like I got that lesson of reclaiming my own sovereignty, like Reclaiming my own sovereignty, neutralizing my own triggers, expanding my capacity to receive and to be creative, and to see the gift in this. Andrea was telling me the whole way through, she's like, there's a gift in this, I know this, there's a gift in this for you, and I feel like I got the biggest gift, and at first, I wasn't going to go into sharing the story because I felt like it was irrelevant, and then I realized it had everything to do with everything that I teach inside this program. So Sovereign Money is about reclaiming your birthright to Infinite Wealth. Sovereign Money is about rewiring archaic money, beliefs, it's about expanding your capacity to receive, it's about manifesting money on your command. It's about embodying Queen energy. It's about having freedom from external control, and understanding that your money reality has nothing to do with outside circumstances, and that you really do possess supreme divine power and authority over yourself. The problem is, is that you forgot and you lost your crown, and Sovereign Money is about putting that crown back on you, and understanding that you are so much more than you think you are, you just have to rise up to the occasion, and so if money hasn't been an enjoyable, pleasurable, easy experience for you in the past, and you've really taken on outside external stories of how money should play out in your lifetime, this is the place where you come to completely rewire and reclaim the authority that you have over your money story. So some of the topics that we'll cover inside of Sovereign Money is really embodying that Queen energy to effortlessly magnetize, to be a magnet to money and manifest money on your command. It's about getting money to respond to you and not the other way around. I feel like so many people give their power away to money when you hold the power the whole way through. We're going to neutralize, we're going to clear, rewire any triggers or limiting beliefs around money that's keeping you playing small financially, and how do you go through the roller coasters? How do you go through financial ups and downs to rewire your nervous system and create a reality where money becomes a consistent experience for you and experience that is very secure, like creating a very secure and supportive relationship with money is everything to do with Sovereign Money. I want to help you become a master receiver. If you're a breadwinner, like me, you know, especially female breadwinners, this program is about how to be in your feminine, how to be feminine AF and then how to be rich AF and still provided for because I very much feel provided for, I don't feel like everything is on my shoulders and has to come from me even though I'm the breadwinner of my own home. I really leaned into my feminine and allowed

my husband, my partner, the universe, God, angels to provide for me in every other way. They are the source. God is the source of my money. It's not me who's responsible for everything, and I'm telling you this is such a relaxation in my nervous system that's occurred ever since. We're going to be clearing guilt, shame and fear that's preventing you from receiving, keeping, circulating more money if you enjoy the episode around financial thermostat, like this is where we're raising your financial thermostat, more degrees than you ever thought was possible. This is where we're increasing your earning frequency and you're keeping, holding frequency so that you're not just having more money come and go but you're actually keeping more of it too. Obviously all about money manifestation, masculine, feminine energetics and how they play into money attraction, hacking the money game, using the spiritual laws of money manifestation and so much more. So I am so excited to introduce you to Sovereign Money. I feel like it is such an evolution of mine over the last few years. You know since creating Manifestation Babe Academy and noticing that my students were ready to dive deeper into the world of money manifestation and how money manifestation requires a deepening around the specifics of money because we have so much programming that says otherwise, and that really is so deeply rooted within us that sometimes it's hard for us to wrap our minds around money, and I feel like it just deserved a program on its own, it's kind of like going back into rich baby Academy and manifestationbabe Academy days, if you remember from, you know, before 2021 When I had those two programs, but Sovereign Money is so different from rich baby Academy, it's so much deeper, and just the understanding that I now have, being able to consistently generate multiple millions year after year after year and create generational wealth for my family, I just see it so differently. So I'm really excited about it. If you're ready to sign up for it, I hope to see you there, I'm really excited to see you there, there's going to be a one time inaugural launch special where I am pricing it at the lowest price it'll ever be. So the lowest investment of just 1555. I mean, like, it's, in my opinion, a no brainer, like if you just come in on the sales page and just see all the topics that we're going to cover, and it just, it's like an absolute no brainer. Actually it's funny, I'm creating this program, from my feminine energy, and so the program begins on February 5, but there is no end date yet decided upon. So this is kind of the exciting part of Sovereign Money where this program could be three months long, it could be six months long, it could be 12 months long. I'm not going to stop delivering until I feel like it's fully complete, and you have all of my money manifestation knowledge, like every little bit of money manifestation knowledge that I have, and not so much knowledge, right? Because knowledge is whatever everyone has knowledge, but it's wisdom that matters. It's embodied knowledge, and I have a ton of embodied knowledge. I've helped so many people rewire the way that they see money and the way that they experience money. So many clients, so many students, so I am just stoked about this. You can go to manifestationbabe.com/SM, I kept the link super easy and simple. Because I'm telling you, it wasn't until Friday night that I learned how to spell sovereign. Because I had to, it's in my program name and I typed it out so many times. But it's a tricky word. So I'm not gonna make you spell sovereign like Screw that. Okay, let me spell it for you, and you're just going to type in manifestationbabe.com/SM. So S for sovereign M for money, SM to get inside the program. Before we close on February 5, there is a an open cart bonus, which I'm so sorry, if this podcast came out after the open cart bonus. Hopefully you were able to take advantage of that. But there's also a pay in full bonus of this, really sexy crewneck that says money responds to me and I'm obsessed with it, and I can't wait to receive it myself, by creative designer and I just

designed it and so it hasn't come to my house yet. But I can't wait to wear it, which you can get just by paying in full. There's also eight payments of 222 option, as well as a buy now and pay later option, which is something new we've never offered before which you can check out and if you qualify, you can just get into the program and then pay for it later. Which is kind of cool, kind of like a manifestation on its own. So yeah, those are all the details that I wanted to share. Those are all the changes and shifts and my story of what I had to overcome and the roller coaster that I went on, and it was a wild journey, and I'm just so grateful to be on the other side with my gift, my gift being a new name that I think represents the program so much more. So without further ado, I'll see you inside of Sovereign Money. You can also find the link in the show notes, and then I am just going to start from the question. So let's roll the question and then we'll roll my answer that I actually recorded yesterday. All right. I'll talk to you guys soon. Enjoy the episode.

Speaker:

Hi, Kathrin, thank you for the opportunity to submit my question. I just want to ask when manifesting, do you use timelines? Is it important to use timelines and have them manifesting by a certain time? And as a specific manifestor, is this something I should be doing when I'm manifesting, having that timeline? I just wanted to know whether I should be putting some timelines on these or just letting them progress over months, weeks, months, two years. Thank you.

Kathrin:

Okay. timelines, timelines, timelines, do timelines matter in manifestation. So I want to share with you a client call that I had yesterday, of course, I'm not going to share who the client is, but just I have a client who has this goal of manifesting \$1.6 million in her business in 2024, and she was telling me how the other day she just felt this immense amount of pressure around needing to manifest \$1.6 million by the end of the year, and how she just didn't know how it was going to happen, and she asked me like, Kathrin, how do you wrap yourself? How do you wrap your mind around timelines? Like, how do you get yourself to really believe that you're able to manifest XYZ, whatever it is, in a certain timeframe, or even just a certain amount of money period? Like just in general, How do you get yourself to really believe that you're able to do it in a specific timeline, and what I told her, just blew her mind, and I'm hoping that this is something that's super helpful and useful for you, too. So as a general advice that I have, I advise my clients, my students, whoever is learning from me to play around with your manifestations, and by play around what I mean is manipulate them in such a way, where it makes you like, thinking about it makes you feel the most magnetic, and the most magnetic means that you are the least resistant to it, meaning that there's absolutely no trigger that comes up when you think about it, you feel absolutely like, you just believe that it's inevitable, and that it'll happen, and it's just a matter of things unfolding. So what I like to do is, and I teach this in my programs, which is called the ladder of believability, and at first, the way that I taught the ladder of believability had to do with manipulating numbers. So it's taking a timeline of like, a year, let's say, and it's like, How much money do you want to manifest in that year period? Or how much money do you

ultimately want to manifest? And then how can we manipulate the numbers in a way where the number feels the most believable to you, so that when you are thinking about that number, it's not that you're having this hard time wrapping your mind around it, it's that it is something that feels very believable to you, but also is stretching you at the same time, because it's still more money than you've ever had, and so you still don't know exactly how it's going to come through, and how by reaching the stepping stone number on the way to a bigger number helps you in the sense that it makes you a magnet immediately upon manifesting the first rung of the ladder. So let me just back up for a second. So let me just finish my thought in general, and then I'll go into specifics. So with the ladder of believability, and I don't have any notes in front of me today, I'm just staring out the window because I just couldn't be bothered with notes. So if I feel more all over the place in this episode than I normally do, it's because now you know why I have notes in front of me, it's because it keeps me on track. So the ladder of believability can be shifted with like a timeline, or a number. So I shared with my client, how I don't actually set strict timelines for myself, and that's because I don't like the pressure of timelines, you could be someone who likes the pressure of timelines, and for you, a timeline makes you magnetic because it gets you excited. It lights a fire under your butt. It gets you to be creative, it gets you to look for opportunities, it gets you to anticipate a specific date in the future where you already know your manifestations there. It's kind of like vacation anticipation that I've talked about in a previous episode, where when you know that you have a vacation planned, like let's say it's next week, next Friday, you have your flight booked, you have your vacation, your hotel, like everything is ready to go and how typically people when they get close to their vacation days, they're in a better mood. It's like nothing can go wrong. I'm going on vacation, I'm going to Bora Bora next week, or I'm going to the Caribbean or I'm going to Disneyland or whatever. It's like all of a sudden you have a pep in your step, you things that should be hard or challenging or would have pissed you off all of a sudden just roll off your back. Because you got a vacation, right? You have something to look forward to, and it's so exciting, and it's inevitable and you know, it's there, and it's so certain and it's so close, that you just vibrate a higher frequency in your life. You have this expectation of joy that you just approach everything in life as you anticipate that vacation. So if you're someone who timelines like, I'm going to manifest a million dollars by this time next year, if that's something that makes you tune into that energy, then that's going to make you the most magnetic. For me personally, that doesn't work. So even though I set goals, like, for example \$15 million in one year in business, even though yes, I set those goals, I have those intentions, I do put that out into the universe, energetically, how I play around with the energies is I tell myself that this is within the span of my lifetime. So I opened it up to the span of my lifetime. So I know at some point in the span of my lifetime, I will manifest \$15 million in one year. You know why? Because I know it's inevitable that at some point, I will make a billion dollars, okay, and because I know that's inevitable, meaning your desires are your destiny. So your desires that you have God implanted in your heart, because it was designed for you to manifest, you were literally born and put on this planet, and you signed certain sacred contracts with certain desires that you would have because this is the life that you were supposed to live, and the reason why you desire certain things is because you're literally supposed to manifest them. That's the agreement that you made with the universe, with God, source, your soul, that you would come into this lifetime, and you would manifest these things, you would manifest this experience, because this is the experience that you want to have, and so the reason why you

have desires is because it is your GPS system, your internal guidance system that is leading you down to fulfill on that contract, and the reason why you desire to have X amount of money, and this kind of partner, and this kind of family, and this kind of home, and this kind of job, and this kind of business, and this kind of way of serving people, and this passion for helping people in this way, and that way is because it is your destiny. Do you see what I'm saying? So within your lifetime is guaranteed. So knowing that truth, that spiritual truth that's been told to me a million times by my shaman, and through my personal spiritual exploration, I know that it's within my lifetime. So if it's within my lifetime to have x, y, z, then all of the stepping stones are also within my lifetime, and for me just that, gives me so much peace, and that makes me super magnetic. Because now I'm open, there's no resistance, there's no pressure, there's no stress, there's no tightness in my body, there's no tension, I am actually anticipating it, just like the vacation anticipation, but I don't have a specific date, because the specific date is what stressful to me, personally. So when you're open energetically, when you're open magnetically, you are a magnet, clearly to what you desire, and the thing that you're manifesting manifest so much easier and faster. So if you're someone who's more magnetic, with an open timeline go with that. If you're someone who's more magnetic with a close timeline, or a short timeline or a timeline of some sort, then you are meant to be someone who manifests in that way. So maybe, and I'm not 100% Certain because it's not like I'm a scientist and a researcher who has like these elaborate polls and studies that I do on my students. So I can't say that this is for sure. But I'm assuming from my knowledge of human design, and just hearing stories from my students, that specific manufacturers in Human Design need the timelines and nonspecific manufacturers do better with no timelines. Now, I've also heard some of my specific manifesters students telling me that they have opened timelines, and that actually helps them but they're able to nail more of the specificity of their desire. So no guarantees here, don't try to put yourself in the box, just literally tune in with how you feel, your feelings are communicating your frequency to you. So if you ever want to know what your frequency is, at any given time, just tune in with how you feel. Now going back to the ladder of believability. So knowing that within my lifetime, I'm going to manifest XYZ, I know that I'm going to reach all the stepping stones as well. So that's how I develop absolute faith in what I'm manifesting, and I do it from the zero pressure place that makes me the most magnetic. Now I told my client how to apply this if you want to have a timeline, but how to manipulate numbers like let's say money manifestation specifically. So with this client, I told her that on New Year's Eve between 2016 and 2017, I've had the exact same goal setting process that I developed on this New Year's Eve like the specific night is what developed my program that so many of you have taken called epically aligned and on that night I wanted to like, the year prior I made \$9,000 in my business as I made money through my job, my nine to five job, I don't remember how much it was, I want to say like 25k or something like that, and then I also had my beachbody business that I ended completed in 2016. Basically, it but there was still some money that I made through it. I don't remember exactly how much, let's just say like \$1,000 a month, right? So \$12,000, maybe, I don't know, I don't know for a fact, I just remember the specifics of my business, because that was the most important metric for me. But obviously, I mean, I made some money, and so looking at my goals for 2017, I knew that if I put a million dollars on my 2017 goals, that would bring pressure into my body, that would make me tense up that would contract me, that would make me spin in a downward spiral of, I don't know how I'm going to make this happen, right. I

have no idea how I'm going to make this happen. There is no way, I don't have any proof, and I would spend so much more of my time and energy, just getting sucked into the I don't know hows, rather than the inevitability, that it's a possibility of it happening. Okay. So what I did is I set like, imagine a ladder, right? You have these rungs of your ladder, and at the very top, I put a million dollars a year. So yeah, here we're trying to play with timelines. Here's where timelines kind of come in. It's like, Yeah, I'd have a desire to make a million dollars in a year. But there's no way in hell do I believe that that's possible right now, not that it's not possible, but it's just I don't believe it, and so I asked myself, What is a number that I can go after, that I can wrap my mind around, it's still a stretch for me, I've never made this amount of money. But it's not so far fetched that I go immediately into resistance and repulsion when it comes to thinking about this goal. So I chose \$100,000. So my goal for 2017 was actually \$100,000, and actually, that's a lie. It wasn't a million dollars, it was 500k. In a year, that I said, I think the next year is when I went after a million. So 500k Still was like way too crazy for me. So I chose 100k. So I chose a stepping stone, and I told my client that most people would look at that and be like, well, now you're sending the universe a message that all you want is 100k. Now I've told the universe that I want 500k. But for my personal self, I've wrapped my mind and belief system around 100k It's what made me the most magnetic, it's what made me feel the most open, and when you are the most open, when you are in a state of absolute receptivity, and you are the most magnetic, then the universe will deliver to you as much as it can, because your palms are open, there is no limit to how much you can receive, and as long as your palms are open energetically the unit, there's no limit to how much you can receive. So most people find themselves receiving so much more than their actual goal, because they didn't close their themselves off to more. So to share with you, you guys know this is like my Quantum Leap Year, right? 2017 was my Quantum Leap Year. So even though I set a goal of \$100,000 Why the fuck did I reach 600k? I ended the year with 600k. How is that a thing? How is that possible? Oh my god. It defies all of these like traditional, very rigid, masculine manifestation rules, right? Like, you gotta set a goal, and you got to set the timeline and blah, blah, blah, blah, blah. No, it's what makes you the most magnetic that matters, and so for me, wrapping my mind around \$100,000 kept my palms wide open, and because I kept my palms wide open, I received \$600,000, and that's 100,000. It's so hilarious, because it's \$100,000 more than my ultimate goal, and that year changed everything for me. So every year from that point, yes, I have this like ultimate intention of I want this much money in a year's period. But I work with what I can wrap my mind around. So even though my goal is \$15 million in a year, and I know that's inevitable within the span of my lifetime, secretly inside, I could be wrapping my mind around just \$8 million, and that's probably what I'm working with right now. Because I've made 7 million for three years in a row. It's been like a plateau kind of, and in order for me to bust through that plateau, maybe I'm just not understanding or not conceptualizing or not really getting energetically behind 10 plus million dollars years, which is why I haven't reached them, and so I asked myself Wow, what's going to keep my palms open \$8 million. Yeah, that's totally doable, like making an extra million dollars feels so fucking doable. But it's still a stretch, because I've never done it, it still feels like an exciting kind of opportunity or challenge for me. So it's the number that's going to keep my palms open. So, to wrap this whole episode, hopefully it wasn't too all over the place. Put to wrap the episode, with timelines with all the specifics and the rules and blah, blah, blah, like, just think about palms, just literally like it. The subconscious mind loves symbolism and metaphors. So if this is like a

symbol that works for you just like play with the energy of like, what is a number or timeline that gets your palms to open? Meaning that you don't even question the possibility of it, you don't go immediately into well, how is it going to happen? How is it going to happen? How's it gonna happen? Oh, my God, I don't know what I lalala Oh, no, I'm gonna have to work harder, I'm gonna have to wake up earlier, and bla bla bla bla bla, like, know, which, what is the number that's gonna get your mind to silence and your palms to open and just open your palms and just play around with it. I don't know. This, for whatever reason is what I see. This is what works for me, of course, your mind is going to come up with its own metaphor, visual, its own symbol, and so use what works for you. So hopefully this answered your question. Thank you so much for submitting it. I'm gonna post a link in the show notes for you to submit more questions. I get new ones every day, and it's so exciting to me and you guys just keep me flooded with content. So thank you, and with that being said, I will catch you in the next episode. Bye. Thank you so much for tuning into today's episode. If you absolutely loved what you heard today, be sure to share it with me by leaving a review on iTunes so that I can keep the good stuff coming your way. If you aren't already following me on social media. Come soak up extra inspiration on Instagram by following @manifestationbabe or visiting my website @manifestationbabe.com. I love and adore you so much and can't wait to connect with you in the next episode. In the meantime, go out there and manifest some magic.