## **PRE-WORKSHEET**

## INTRODUCTION: START WITH THE END IN MIND

Worksheet 1		Checklist
Your three preferred charities are:  1  2		<ul> <li>□ Brainstorm and research three local charities that accept donated items</li> <li>□ Identify your personal style by taking</li> </ul>
3		the Simply Spaced Style Quiz (www. simplyspaced.com/stylequiz)
What is your personal style?    Minimalist   Scandinavian   Bohemian   Industrial   Zen	☐ Rustic ☐ Retro ☐ Hollywood Glam ☐ Southwestern ☐ Coastal	<ul> <li>□ Create a Pinterest board to collect images of spaces, clothing, and designs that you love</li> <li>□ Bonus: Check out the Simply Spaced Pinterest for inspiration</li> <li>□ Bonus: Create a board for each</li> </ul>
<ul><li>☐ Mid-Century Modern</li><li>☐ Modern</li><li>☐ Contemporary</li></ul>	□ Eclectic □ Other	room that you want to get organized (follow the chapters in this book or create your own)  ☐ Identify your Clutter Capacity for each member of your house by taking
What is your clutter capacity?  ☐ Gold ☐ Silver ☐ Bronze		the quiz on page 18.  Grab a notebook. You'll want to capture all your inspired ideas in one
How do you feel about the current state of your home?		dedicated place.
What area of your home is causing you the most stress right now?		
How do you want your home to look, sound, smell, and feel?		
What would you do if you coul mental clutter?	d unburden yourself from physical and	