

## BRINGING BABY HOME

LIVNG in LOVE

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"HOME IS WHERE LOVE
BEGINS, AND BRINGING YOUR
BABY HOME IS THE START
OF AN INCREDIBLE JOURNEY
FILLED WITH BOUNDLESS
LOVE. LET US HELP YOU
CREATE A HAVEN OF
COMFORT AND WARMTH
AS YOU EMBARK ON THIS
NEW CHAPTER

As a mom, I know how important it is to create a comfortable and welcoming environment when bringing your baby home for the first time. A clean house, fresh bedding, and all the comforts possible can make a huge difference in helping both baby and mom feel at ease during this special transition.

That's why I'm thrilled to announce our partnership with the talented Tammy Whelen of Its Baby Time Doula services! Together, we're working on creating the most beautiful custom packages to help moms, dads and their little ones feel truly cherished during this precious time.

All our packages will start as a base package, but here's the exciting part: we're also offering a registration-type service! This means that your loved ones, co-workers, and friends can add on to make these packages truly amazing. From personalized newborn care to creating a soothing and calming atmosphere at home, we're dedicated to making this milestone moment as special as possible for new parents and their babies.

Living in love events is built on the foundation of motherhood, and I believe there's nothing better I can offer than the comforts and experiences from my own journey.

"Bringing your baby home is a momentous occasion, and we're here to ensure it's an experience filled with love, comfort, and cherished memories. With our custom packages and the support of Its Baby Time Doula services, we're committed to making this journey truly extraordinary. Let's celebrate the magic of motherhood together, and create a beautiful beginning for your precious little one.



**PRICE:** \$500

2-Hour, 2-Person Clean: A thorough cleaning of the home by a professional cleaning team to create a clean and welcoming environment for the new

family.

Welcome Home Charcuterie Board: A delicious and beautifully arranged charcuterie board filled with an assortment of cheeses, cured meats, fruits, nuts, and more, for the parents to enjoy as a post-baby snack.

Bedding Change and Post-Baby Rest Setup: Fresh bedding for the parents' bedroom, including changing and making the bed, creating a cozy and comfortable space for mom and baby to rest after the arrival of the new addition.

Postpartum Care Basket: A thoughtful care basket filled with essentials for postpartum recovery, including items such as soothing herbal teas, nursing pads, perineal spray, and other postpartum care products.

Snacks and Drinks: A selection of wholesome snacks and refreshing drinks to keep the new parents nourished and hydrated during those early days at home with the baby.

Note: Price may vary depending on location, specific services included, and other factors. Please contact us for a detailed quote tailored to your needs.

We hope this base package provides a comforting and convenient experience for the new parents as they bring their baby home for the first time. Additional add-on services and customization options can be discussed to create a truly personalized and memorable experience. Let us help make this special moment even more special for the growing family!

## ADD-ONS

ENHANCE THE BASE PACKAGE AND PROVIDE ADDITIONAL COMFORT AND SUPPORT FOR NEW PARENTS:



Continued House Cleans: Additional cleaning services to help maintain a clean and tidy home during the postpartum period, allowing parents to focus on bonding with their new baby.

\$60/hour - 2 person clean

Pampering Basket for Mom: A thoughtful basket filled with self-care items such as bath salts, soothing lotions, cozy socks, and other pampering treats to help mom indulge in some healing self-love and relaxation. \$100 - \$200, depending on the contents and customization.

Doula Services: Professional doula services to provide emotional, physical, and informational support during pregnancy, childbirth, and the postpartum period, helping new parents feel more confident and supported throughout their journey. \$600-\$1000 for a comprehensive doula package, including prenatal, childbirth, and postpartum support (price may vary depending on the specific services and duration).

Postpartum Care: Extended postpartum care services, including assistance with breastfeeding, newborn care, emotional support, and practical help with household tasks, to ease the transition into parenthood and promote a healthy recovery for mom. \$25-50 per hour for postpartum care services (price may vary depending on the duration and level of support required).

Body Ready Method, Tammy understands deeply how to support the pregnant body to find resilience, strength, and mobility. She is equipped to help you prepare for a more functional pregnancy and a more efficient birthing process. She is an expert in pelvic mechanics and understands what to do during every stage of the birthing process to encourage progress and optimize balanced space in the pelvis and surrounding soft tissues. \$100-\$150 for a private session.

Private Prenatal Classes: Customized private prenatal classes covering various topics such as childbirth education, breastfeeding, newborn care, and postpartum wellness, tailored to the specific needs and preferences of the expectant parents. \$200

Personalized Gifts like Diaper Cakes: Customized gifts such as diaper cakes, baby blankets, onesies, or other personalized items to add a thoughtful touch and make the new parents feel extra special. Price varies.

Note: Prices for add-ons may vary depending on the specific services and products included. Please contact us for detailed pricing and customization options based on your preferences and needs.

We're committed to providing comprehensive comfort and support for new parents during this precious time. Let us create a truly personalized experience that meets your unique needs and helps make your journey into parenthood as smooth and enjoyable as possible.



